# Session for Clinicians: Supplemental Neurological Exam, bvFTD and PPA diagnoses



# Motoric Syndromes not explicitly characterized in UDS

Each of these share a common pathology with FTLD and may exhibit by-FTD or PPA syndrome:

- Amyotrophic Lateral Sclerosis
- Progressive Supranuclear Palsy
- Corticobasal Syndrome



#### **Supplementary Neurologic Examination**

	SECT	TION A				
Motor	A1.	Does the subject have limb or torso fasciculations consistent with a diagnosis of spinal muscular atrophy (SMA) or amyotrophic lateral sclerosis (ALS)*?	□0	□1 □2	Пз	
neuron disease	A2.	Does the subject have limb weakness and/or hyperreflexia consistent with a diagnosis of primary lateral sclerosis (PLS) or ALS*?	□0	1 2	Пз	
	АЗ.	Does the subject have bulbar weakness and/or fasciculations consistent with a diagnosis of ALS*?	□0		Пз	
Eye mvmt Disorder	A4.	Does the subject have eye movement abnormalities consistent with a diagnosis of progressive supranuclear palsy (PSP)*?	□0		З	
	A5.	Does the subject have dystonia or rigidity consistent with a diagnosis of corticobasal degeneration (CBD)*?	□0	□1 □2	Пз	
Cortico-	A6.	Is there ideomotor apraxia* consistent with a diagnosis of CBD?	0	□1 □2	□3	□8
basal	A7.	Is the alien limb phenomenon* present consistent with a diagnosis of CBD?	0	□ <sub>1</sub> □ <sub>2</sub>		□8
syndrome	A8.	Is there myoclonus*consistent with a diagnosis of CBD?	0	1 2	3	
	A9.	Is there a cortical sensory deficit consistent with a diagnosis of CBD?	o	1 2	3	□8

## Neurological Exam findings suggestive of ALS

A1.	Does the subject have limb or torso fasciculations consistent with a diagnosis of spinal muscular atrophy (SMA) or amyotrophic lateral sclerosis (ALS)?
A2.	Does the subject have limb weakness and/or hyperreflexia consistent with a diagnosis of primary lateral sclerosis (PLS) or ALS?
АЗ.	Does the subject have bulbar weakness and/or fasciculations consistent with a diagnosis of ALS?



## Neurological Exam findings suggestive of ALS

#### A. The diagnosis of ALS requires the PRESENCE of:

- Evidence of lower motor neuron (LMN) degeneration by clinical, electrophysiological or neuropathologic examination;
- A2. Evidence of upper motor neuron (UMN) degeneration by clinical examination; and

A3. Progressive spread of symptoms or signs within a region or to other regions, as determined by history or examination, together with B1. and B2. in next column.



#### **Exclusions for diagnosis of ALS**

- B. The diagnosis of ALS requires the ABSENCE of:
- B1. Electrophysiological or pathological evidence of other disease processes that might explain the signs of LMN and/or UMN degeneration; and
- B2. Neuroimaging evidence of other disease processes that might explain the observed clinical and electrophysiological signs.

Although not part of the FTLD module, these exclusions are assumed if you report a diagnosis of ALS



# Neurological Exam findings suggestive of Progressive Supranuclear Palsy

A4. Does the subject have eye movement abnormalities consistent with a diagnosis of progressive supranuclear palsy (PSP)?

NINDS-SPSP criteria:
A gradually progressive disorder with age of onset >40

Possible	Either vertical supranuclear palsy or both slowing of vertical saccades and postural instability with falls < 1 yr disease onset.
Probable	Vertical supranuclear palsy and prominent postural instability with falls within first year of disease onset. <sup>a</sup>

Neurology 47:1, 1996

A5.	Does the subject have dystonia or rigidity consistent with a diagnosis of corticobasal degeneration (CBD)*?
A6.	Is there ideomotor apraxia* consistent with a diagnosis of CBD?
A7.	Is the alien limb phenomenon* present consistent with a diagnosis of CBD?
A8.	Is there myoclonus*consistent with a diagnosis of CBD?
A9.	Is there a cortical sensory deficit consistent with a diagnosis of CBD?

Lang et al. <sup>2</sup>	Rigidity plus one cortical sign (apraxia, cortical sensory loss, or alien limb)
	Or
	Asymmetric rigidity, dystonia and focal reflex myoclonus.
Kumar et al. <sup>3</sup>	Chronic progressive course; asymmetric onset; presence of: "higher" cortical dysfunction (apraxia, cortical sensory loss, or alien limb);  And  Movement disorders — akinetic rigid syndrome-
	Movement disorders — akinetic rigid syndrome-

myoclonus.

levodopa resistant, and limb dystonia and reflex; focal

#### **Dystonia and Rigidity**

- Focal in limb
- Present at rest at onset
- •Patients with CBS have asymmetric limb dystonia with arm frequently affected. Dystonia in the head, neck, trunk or lower extremities are less common. The dystonia is often associated with rigidity, and the other signs such as apraxia. The dystonic posture often involves the hand and forearm, with adduction of the shoulder, flexion of the fingers at the metacarpophalangeal joints and extension at the distal interphalangeal joints. Contractures are sometime present.
- Rigidity is increased to with passive range of motion



#### **Cortical Sensory deficit**

- •Impairments in the detection of complex sensory stimuli in absence of elementary sensory deficits
- Typically tested with
  - Identification of coins placed between thumb and fingers
  - Graphesthesia



#### **Ideomotor Apraxia**

- The inability to translate an idea into a skilled motor act
- Requires intact auditory comprehension and elementary motor functions (eg proximal/distal arm strength)
- •Examples (transitive): show me how you would use a comb/toothbrush/hammer/screwdriver
- •Examples (intransitive): wave goodbye, hitchhike
- •In CBS, motor apraxia may also be present: difficulties with alternating motion of hand, fingers, foot

#### **Alien Limb Phenomenon**

- Involuntary spontaneous movements of arm or leg which move to adopt odd postures beyond control of patient (Fahn)
- Typically only unilateral
- •Patients describe their affected limb as "alien," or "uncontrollable," or "having a mind of its own."
- •Usually a transitional phenomenon that gives way to more prominent rigidity or dystonia.

#### **Myoclonus**

- A sudden abrupt twitching of muscles or parts of muscles in a random manner
- Usually begins distally
- Often spontaneous, but sometimes precipitated by touch or action



### **Supplementary Neurologic Examination: Generalizable Gait Assessment**

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B1.	Severity	□ o	Normal
		$\Box$ 1	Slight alteration in speed or fluidity of gait
		□ 2	Walks with difficulty but requires no assistance
		□ 3	Severe disturbance
		4	Cannot walk at all
		□8	Untestable (specify reason):
B2.	Туре	По	Normal
			Hemiparetic (spastic)
		□ 2	Foot drop gait (lower motor neuron)
		□ 3	Ataxic gait
		4	Parkinsonian gait
		□ 5	Apractic gait ("magnetic gait")
		□ 6	Antalgic gait
		□ 7	Other gait disorder not listed above (specify):
		□8	Untestable (specify reason):



**Behavior variant** Frontotemporal **Dementia** Diagnostic Criteria

#### **Neary Criteria for "FTD" 1998**

These criteria replaced "Lund-Manchester criteria of 1994, which were first formal FTD criteria

#### I. Core diagnostic features

- A. Insidious onset and gradual progression
- B. Early decline in social interpersonal conduct
- C. Early impairment in regulation of personal conduct
- D. Early emotional blunting
- E. Early loss of insight



#### **Neary Criteria 1998**

#### II. Supportive diagnostic features

- A. Behavioral disorder
  - 1. Decline in personal hygiene and grooming
  - 2. Mental rigidity and inflexibility
  - 3. Distractibility and impersistence
  - 4. Hyperorality and dietary changes
  - 5. Perseverative and stereotyped behavior
  - 6. Utilization behavior
- B. Speech and language
- C. Physical signs
  - 1. Primitive reflexes
  - 2. Incontinence

- 3. Akinesia, rigidity, and tremor
- 4. Low and labile blood pressure



## Diagnostic criteria for bvFTD: International Consensus Criteria

- 1. Shows progressive deterioration of behavior or cognition by observation and history
- 2. Possible bvFTD: 3 of the following must be present
  - A. Early behavioral **disinhibition**
  - B. Early **apathy** or inertia
  - C. Early loss of sympathy or empathy
  - D. Early perseverative, stereotyped or compulsive/ ritualistic behaviors
  - E. Hyperorality and dietary changes
  - F. Executive/generative deficits on neuropsychological testing
- 3. Probable bvFTD: meets possible bvFTD criteria and
  - A. Exhibits significant functional decline
  - B. Exhibits imaging changes in frontal or anterior temporal lobes



#### **bvFTD Gateway Question**

Gateway Question for behavior variant Frontotemporal Dementia (bvFTD)				
14. Does patient have acquired, clinically important alterations in behavior, personality, or comportment consistent with bvFTD of a neurodegenerative type?	<ul><li>□ 0 No. Skip to Q23</li><li>□ 1 Yes. Proceed to Q15</li><li>□ 9 Not evaluated. Skip to Q23.</li></ul>			

bvFTD Gateway Question: Q14 asks the clinician whether there are prominent changes in behavior, personality or comportant that would justify a more detailed description of those abnormalities that is obtained with questions Q15 to Q20. Q14 does not constitute a diagnosis but is only a means for determining whether the clinician completes the detailed assessment of behaviors or skips it.

#### **Bv-FTD Diagnostic Features**

Cha	Characterizing symptoms of bvFTD					
	the following symptoms/behaviors been prominent, persistent, and ent in (approximately) the past three years?	Absent	Questionably present	Definitely present	Not evaluated	
15.	Disinhibition Socially inappropriate behavior; loss of manners or decorum; impulsive, rash, or careless actions	□0		<u>2</u>	<b>□</b> 9	
16.	Apathy or inertia  Loss of interest, drive, and motivation; decreased initiation of behavior	o		<b>□</b> 2	□9	
17.	Loss of sympathy/empathy Diminished response to other people's needs or feelings; diminished social interest, interrelatedness, or personal warmth	0		_2	9	
18.	Ritualistic / compulsive behavior Simple repetitive movements or complex compulsive or ritualistic behaviors	□o		<b>□</b> 2	□9	
19.	Hyperorality and appetite changes  Altered food preferences, binge eating, increased consumption of alcohol or cigarettes, oral exploration or consumption of inedible objects	□0		<u>2</u>	<u></u> 9	
20.	Changes on neuropsychological testing consistent with bvFTD (refer to neuropsychological evaluation and neuropsychologist's impression)	□o	1	2	9	



#### **Disinhibition**

- Socially inappropriate behavior
  - Inappropriate touching or other physical contact with strangers; loss of modesty
- Loss of manners or decorum
  - Inappropriate laughter for context; crude, hurtful, caustic remarks; lack of etiquette
- Impulsive, rash or careless actions
  - Reckless driving, gambling, shop-lifting; indiscriminate sharing of personal info



#### Disinhibition: specific examples

- Excessive spending
- Excessive familiarity with strangers (talking and touching)
- Loss of modesty with dress and personal functions
- Inappropriate comments about strangers' or family members' body habitus or dress
- Roaming behavior: wandering in a pseudogoal directed manner



#### **Apathy**

- Apathy
  - Loss of motivation, drive and interest in daily life. prominent passivity; ceasing to engage in prior pastimes or necessary activities, eg bathing, changing clothes overlaps with disinhibition
- Inertia
  - Decreased initiation of behavior (Abulia)



#### Loss of sympathy / Loss of empathy

- Diminished response to other people's needs and feelings
  - For example, indifference to emotional or physical limitations of others
- Diminished social interest, interrelatedness or personal warmth
  - Related to apathy, but a general decline in interpersonal warmth, fewer social contacts, more emotional detachment; may abruptly leave family gatherings

#### Ritualistic/compulsive behaviors

- Simple repetitive movements
- Complex, compulsive or ritualistic behaviors
  - Counting and cleaning rituals, collecting, hoarding
- Stereotypy of speech
  - Words, phrases, stories that are constantly repeated
  - Humming, echolalia, palilalia



#### **Hyperorality & Appetite changes**

- Altered food preferences
  - Change in food habits, eg only hamburgers
- Binge eating, increased consumption of alcohol or cigarettes
- Bulemia
- Oral exploration or consumption of inedible object
  - Usually a late phenomenon



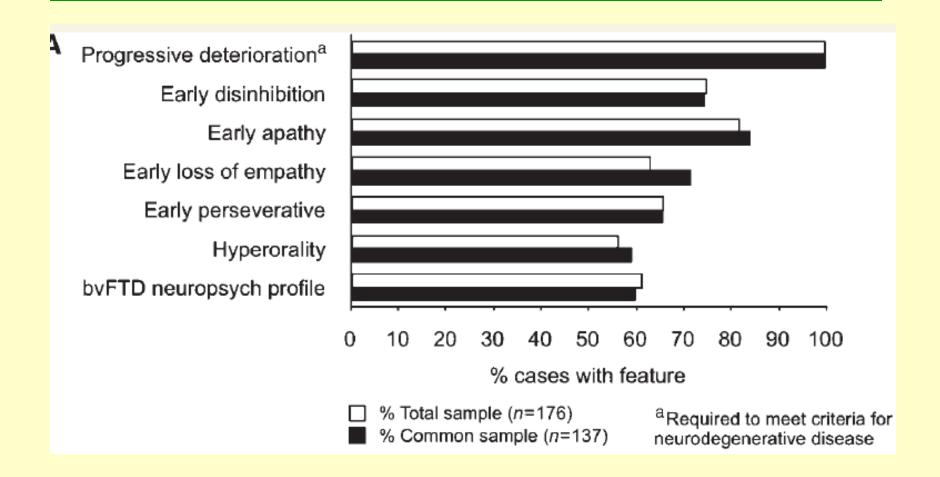
# Neuropsychological changes consistent with bvFTD

#### All of these must be present.

- Deficits in executive tasks
- Relative sparing of episodic memory
  - But impaired learning and memory is relatively common in bvFTD
- Relative sparing of visuospatial skills

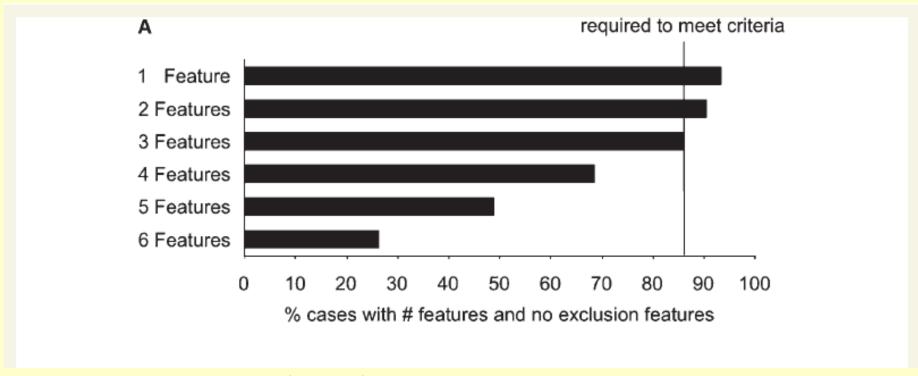


#### Sensitivity of FTDC for FTLD pathology





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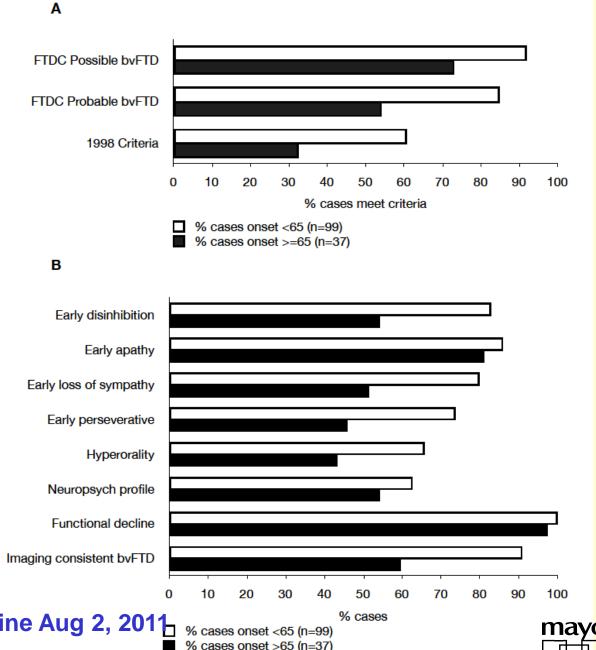


Requirement for 3 features achieved 90% sensitivity

N=137 cases



#### **Sensitivity** of bvFTD criteria by age



Rascovsky et al Brain on line Aug 2, 2011

% cases onset >65 (n=37)



#### **Diagnosis of bvFTD**

<b>21. Impaired Daily Functioning?</b> Are these alterations in behavior, personality, or		□ 1	□ 2	□ 9
comportment the principal cause of impaired daily living activities?				

- 22. Does the subject meet the criteria for clinical probable\* or possible\*\* bvFTD syndrome?
- \*PROBABLE: Meets three of the above criteria and has impaired daily functioning and has imaging consistent with bvFTD.
- \*\*POSSIBLE: Meets three of the above criteria but is not functionally impaired or does not having imaging consistent with bvFTD
- NOTE: The diagnostic criteria in this module do not match the criteria in UDS V2.0 (Form D1). While Version 2.0 of the UDS is still in use, keep the two sets of diagnostic criteria separate.

- □ 0 NO: Meets <3 of the features described in Questions 14–19: does not meetcriteria for bvFTD; or an exclusionary feature is present.
- □ 1 Probable bvFTD
- □ 2 Meets criteria for possible bvFTD and has impaired daily functioning but without evidence of diagnostic imaging.
- ☐ 3 Meets criteria for possible bvFTD (with or without evidence of diagnostic imaging), but daily functioning is not significantly impaired.

## Diagnostic criteria for bvFTD: International Consensus Criteria

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  - E. Hyperorality and dietary changes
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- 3. Probable bvFTD: meets possible bvFTD criteria and
  - A. Exhibits significant functional decline
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#### **History of PPA**

- First modern description by Mesulam in 1982
- "Semantic Dementia" first described by Warrington in 1975 and elaborated upon by Snowdon (1989) and Hodges (1992)
- "Progressive nonfluent aphasia" described by Grossman (1996)
- Diagnostic criteria 1998 recognized fluent and nonfluent type
- Logopenic type described by Gorno-Tempini 2004

#### **PPA: Gateway Question**

Gateway Question for Primary Progressive Aphasia (PPA)				
<ul> <li>1. Does the patient have an acquired and progressive difficulty with language* consistent with PPA of a neurodegenerative type?</li> <li>* Difficulty with language = Other than simple dysarthria, are there difficulties with retrieving, using, repeating, sequencing or understanding words?</li> </ul>	<ul> <li>□ 0 NO. Skip to Q14</li> <li>□ 1 Yes. Proceed to Q2</li> <li>□ 9 Not evaluated. Skip to Q14</li> </ul>			

**Root diagnosis of PPA**: Q12 is the one that records the root diagnosis of PPA. It is based on the 3 features described in Mesulam 2003. By convention, an initial diagnosis of PPA - one made at the first contact for the current neurological disease – should only be made if it is the dominant or first diagnosis.



#### PPA: Specific Items 1 of 2

Characterizing Speech and Language symptoms / Assigning PPA Subtype					
Are these features present on the <b>current</b> examination? Note: many of these items are also evaluated in the neuropsychological assessment. The responses recorded here should represent the <b>consensus</b> of the clinical and neuropsychological evaluation.	Absent	Questionably Present	Definitely Present	Not evaluated	
2. Poor object naming (Core diagnostic feature of Semantic variant; abnormal in all variants)	□ 0	□ 1	□ 2	□ 9	
3. Impoverished word selection / retrieval in spontaneous speech or writing (Core diagnostic feature of Logopenic variant; abnormal in all variants)	□ 0	□ 1	□ 2	□ 9	
<b>4. Impaired word comprehension</b> (Core diagnostic feature of Semantic variant; absent in other variants)	□ 0	□ 1	□ 2	□ 9	
<b>5. Poor object / person knowledge</b> (Secondary diagnostic feature of Semantic variant; absent in other variants)	□ 0	□ 1	□ 2	□ 9	
6. Grammatical simplification or grammatical errors in speech or writing (Core diagnostic feature of Nonfluent/ Agrammatic variant; absent in other variants)	□ 0	□ 1	□ 2	□ 9	
7. Effortful, halting speech (Core diagnostic feature of Nonfluent/ Agrammatic variant)	□ 0	□ 1	□ 2	□ 9	

#### PPA: Specific Items 2 of 2

Characterizing Speech and Language symptoms / Assigning PPA Subtype					
Are these features present on the <b>current</b> examination? Note: many of these items are also evaluated in the neuropsychological assessment. The responses recorded here should represent the <b>consensus</b> of the clinical and neuropsychological evaluation.	Absent	Questionably Present	Definitely Present	Not evaluated	
8. Circumlocutory, empty speech (Secondary diagnostic feature of Logopenic variant; also present in Semantic variant)	□ 0	□ 1	□ 2	□ 9	
9. Speech sound / word errors (paraphasias) Secondary diagnostic feature of Logopenic variant; abnormal in Nonfluent/ Agrammatic variant)	□ 0	□ 1	□ 2	□ 9	
10. Impaired speech repetition (Inability to repeat verbatim sentence-length material) (Core diagnostic feature of Logopenic variant; present in non/fluent/Agrammatic type; absent in Semantic variant)	□ 0	□ 1	□ 2	□ 9	
11. Surface Dyslexia and Dysgraphia – difficulties with reading and spelling orthographically irregular words (Secondary feature of Semantic variant)	□ 0	□ 1	□ 2	9	

#### **PPA summary questions**

#### 12. ROOT DIAGNOSIS OF PPA 0 NO skip to 1 **YES**: Does the patient have an acquired and Q14 proceed to progressive difficulty with language Q13 consistent with PPA of a neurodegenerative type AND is the language disorder the most prominent deficit at symptom onset and for the initial (1-2 years) of the disorder? 13. Consensus diagnosis of dominant □ 1 PPA, semantic variant **PPA** subtype based on clinician and (semPPA) neuropsychologist: □ 2 PPA, nonfluent/agrammatic NOTE: The diagnostic criteria in this module do variant (nf/gPPA) not match the criteria in UDS V2.0 (Form ☐ 3 PPA Logopenic variant D1). While Version 2.0 of the UDS is still in ☐ 4 PPA not otherwise specified use, keep the two sets of diagnostic criteria separate.

#### Age Distribution in FTLD Multicenter study

