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Altered Amyloid Protein Processing in Platelets of Patients With Alzheimer Disease

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The mean ratio of the 120- to 130-kd APP isoform to the 110kd APP isoform in the patients with AD was significantly lower than that of the control subjects (5.98 vs 7.64; P=.03 [method 1] and 5.98 vs 7.92; P=.01 [method 2]) after adjusting for age and the increased incidence of $ApoE_4$ in patients with AD. The lower APP ratios were also associated with increased age and with the presence of an $ApoE_4$ allele

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Autoradiograph of 120- to 130-kd amyloid precursor protein (APP) and 110-kd APP from 3 patients with Alzheimer disease (AD) and from 3 control subjects (C), numbered as in Table 1 and visualized with enhanced chemiluminescence (method 1) after binding m22C11 antibody. Whereas a trend of reduced APP isoform density ratios is seen in these 3 patients with AD, quantitations of data from multiple fractionations were necessary to establish AD-related reduced APP ratios.

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	Ratio	o of 120- to 13	D-kd APP I	o 110-kd APP	
	Pati	ents With AD	Con	trol Subjects	
Method†	No.	Mean±SE	No.	Mean±SE	P‡
		All AD v	s All Contro	ol	
1	15	5.61±0.41§	19	7.72±0.57§	.005
2	15	5.70±0.38§	18	8.01±0.55§	.002
	A	I With ApoE4 v	s All With	out ApoE4	
1	21	6.24±0.55§	13	7.67±0.53§	-09
2	20	6.43±0.55§	13	7.78±0.48§	.1
	AD	With ApoE4 v	s Control V	Vith ApoE4	
1	12	5.57±0.51	9	7.14±1.04	2
2	12	5 68+0 48	8	7 54+1 10	16

*APP indicates amyloid precursor protein; AD, Alzheimer disease; and ApoE4, apolipoprotein E4.

†See Table 1 for explanation of methods.

‡By the Student t test.

§These comparisons are not adjusted for the difference in incidence of the ApoE4 allele in the patients with AD and control subjects or for the incidence of AD in the patients with the ApoE4 allele and those without the ApoE4 allele.

Arch Neurol. 1997;54(2):139-144

PLATELET APP ISOFORM RATIOS CORRELATE WITH DECLINING COGNITION IN AD

F. Baskin, PhD, R. N. Rosenberg, MD, L. Iyer, PhD, L. Hynan, PhD and C. M. Cullum, PhD

BACKGROUND: Platelets and neurons both contain large quantities of two carboxyl-truncated 120 to 130 and 110 kDa Alzheimer amyloid precursor proteins (APPs). Platelets taken from patients with AD have been reported to contain a reduced ratio of these APPs.

OBJECTIVE: To further study the AD specificity of reduced platelet APP ratios and to determine whether, after 3 years, cognitive losses in AD are accompanied by similarly reduced platelet APP ratios. METHODS: To test the AD specificity of reduced platelet APP ratios, we quantitated these APPs in eight patients with PD and six patients with hemorrhagic stroke (HS). To determine whether further cognitive losses correlate with platelet APP ratio reductions in patients with AD, the authors re-examined platelet APPs and Mini-Mental State Examination (MMSE) scores of 10 patients with AD and 11 controls, who were tested 3 years ago. APP ratios were determined by the average of six assays using Western blotting with m22C11 monoclonal antibody, enhanced chemoluminescence, and digital scanning of autoradiographs. RESULTS: APP ratios were normal in the patients with PD and HS, further supporting the AD specificity of this assay. After 3 years, the MMSE scores and APP ratios of our control subjects changed by <4%. However, the average MMSE scores of our patients with AD declined from 16.4 to 8.3, and their average 120 to 130/110 kDa APP ratios declined from 5.8 to 3.6. The difference between AD and control APP ratios, with no overlap, is significant and the correlation between the 3-year decline in AD MMSE scores and reduced APP ratios (*r* = 0.69) was significant.

CONCLUSIONS: Although the number of subjects analyzed was limited, reduced platelet APP ratios appear to be a specific biological marker of AD and a biological index of the severity of cognitive loss in AD. **Key words:** Mini-Mental State Examination—Alzheimer amyloid precursor protein—Platelets.

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Group	n	MMSE ± SE	p Value	$R \pm SE$	p Value
AD-1999	10	8.30 ± 2.13		3.57 ± 0.47	
AD-1996	10	16.40 ± 1.56	0.001 ^c	5.83 ± 0.51	<0.001 ^e
Control–1999	11	28.91 ± 0.25	<0.001 ^a	8.31 ± 0.27	<0.001 ^b
Control–1996	11	29.64 ± 0.20	0.012 ^d	8.09 ± 0.61	0.573 ^f
PD	8	29.50 ± 0.26	<0.001 ^a	9.28 ± 0.85	<0.001 ^b

^a ANOVA F(3/31) = 71.92, p < 0.001. p Values are for multiple comparison (Tamhane) tests with the mean AD-1999 MMSE score.

^b ANOVA F(3/31) = 50.03, p < 0.001. p Values are for multiple comparison (Bonferroni) tests with the mean AD-1999 platelet APP ratio.

^c Paired samples *t*-test, t = 4.93 for AD–1999 versus AD–1996.

^d Paired samples *t*-test, *t* = 3.07 for Control–1999 versus Control–1996.

^e Paired samples *t*-test, t = 6.98 for AD–1999 versus AD–1996.

^f Paired samples *t*-test, t = -0.58 for Control-1999 versus Control-1996.

ANOVA = analysis of variance.

Neurology 2000;54:1907-1909

PLATELET APP ISOFORM RATIOS CORRELATE WITH DECLINING COGNITION IN AD *F. Baskin, et al.*



Proportional losses in platelet Alzheimer amyloid precursor protein (APP) ratios and Mini-Mental State Examination (MMSE) scores between 1996 and 1999 for 10 AD patients

Neurology 2000;54:1907-1909

Correlation Of Statin-increased Platelet APP Ratios And Reduced Blood Lipids In AD Patients

F. Baskin, PhD, R. N. Rosenberg, MD, X. Fang, MD, L. S. Hynan, PhD, C. B. Moore, MA, M. Weiner, MD and G. L. Vega, PhD

Platelets, like neurons, contain 120- to 130- and 110-kd amyloid precursor proteins (APPs). Their ratio is reduced in AD, further reductions correlating with reduced Mini-Mental Status Examination scores [r(11) = 0.69, p < 0.05]. As statins alter APP processing, platelet APPs were analyzed in patients with AD given anticholesterol drugs for 6 weeks. APP ratios increased [t(37) = -3.888, p = 0.0004], proportionally with reduced cholesterol [r(36) = -0.45, p = 0.005]. Longer trials may reveal slowed cognitive loss, validating this index.

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Correlation Of Statin-increased Platelet APP Ratios and Reduced Blood Lipids In AD Patients *F. Baskin, et al.*

Comparison of mean platelet amyloid precursor protein ratio changes (delta-R) after 6 weeks and total cholesterol reductions ± SE in lovastatin -, pravastatin -, simvastatin -, and niacin-treated patient groups

Drug		Drop in to (m	Drop in total cholesterol <u>(mg/dL)</u>		<u>APP ratio</u>	Correlation* between mg drop in total cholesterol and <u>change in APP ratio</u>		
	n	Mean	SD	Mean	SD	R	p Value	
Lovastatin	9	35.1	19.6	-0.11	0.33			
Niacin	10	28.8	31.3	-0.12	0.35			
Pravastatin	9	36.7	13.0	-0.31	0.35			
Simvastatin	10	58.6	15.9	-0.33	0.35			
Overall	38	40.00	23.56	-0.22	0.35	-0.45	0.005	

*Pearson product moment correlation coefficient APP = amyloid precursor protein

Correlation Of Statin-increased Platelet APP Ratios and Reduced Blood Lipids In AD Patients F. Baskin, et al.



Increases in AD platelet amyloid precursor protein (APP) ratios are proportional to statin-reduced blood lipid levels. Proportional increases in platelet APP ratios (Y-axis) and decreases in blood cholesterol levels (X-axis) for 38 patients with probable AD after 6 weeks of taking a cholesterol-reducing agent.

PLATELET AMYLOID PRECURSOR PROTEIN PROCESSING: A BIO-MARKER FOR ALZHEIMER'S DISEASE

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The amyloid precursor protein (APP) in brain is processed either by an amyloidogenic pathway by β -secretase and γ -secretase to yield A β (β -amyloid 4 kDa) peptide or by α secretase within the β -amyloid domain to yield non-amyloidogenic products. We have studied blood platelet levels of a 22-kDa fragment containing the A β (β -amyloid 4 kDa) peptide, β -secretase (BACE1), α -secretase (ADAM10), and APP isoform ratios of the 120-130 kDa to 110 kDa peptides from 31 Alzheimer's disease (AD) patients and 10 age-matched healthy control subjects. We found increased levels of $A\beta_4$, increased activation of β -secretase (BACE₁), decreased activation of α -secretase (ADAM₁₀) and decreased APP ratios in AD patients compared to normal control subjects. These observations indicate that the blood platelet APP is processed by the same amyloidogenic and non-amyloidogenic pathways as utilized in brain and that APP processing in AD patients is altered compared to control subjects and may be a useful bio-marker for the diagnosis of AD, the progression of disease and for monitoring drug responses in clinical trials.

Keywords: Alzheimer's disease, Platelets, β -Amyloid, β -Secretase, α -Secretase, APP



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A) Positive control samples and platelet lysates detected with pAb βamyloid. (B) Positive control samples and platelet lysates detected with pAb BACE1. (C) Positive control samples and platelet lysates detected with pAb ADAM10. (D) Positive control samples and platelet lysates detected with mAb m22c11.

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Kruskal-Wallis test and Dunn multiple comparisons post hoc test

Ratios	<u>Controls</u>			AD-Mild			<u>AD-severe</u>			<u>Kruskal-Wallis</u> <u>test</u>
	Ν	Median	IQ range	Ν	Median	IQ range	Ν	Media n	IQ range	<i>p</i> -value
β-AmyA4/actin	10	0.97	0.32	13	2.18	1.13	10	2.23	1.7	0.0023**
β-Secretase (37 kDa)/(57 kDa)	10	1.95	5.67	18	0.46	0.18	13	0.46	0.76	0.0005*
α-Secretase/actin	10	1.34	0.35	18	0.53	0.41	13	0.30	0.41	0.0014*
APP ratio	10	7.32	2.25	18	6.28	0.73	13	5.66	0.94	0.0003*

*Dunn multiple comparisons post hoc test: *Control>AD-m, p<0.05; Control>AD-s, p<0.05. **Control<AD-m, p<0.05; Control<AD-s, p<0.05.*

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(A) β -Amyloid 4 kDa containing fragment 22 kDa/ β -actin in control, AD-m and AD-s groups. (B) β -Secretase (37 kDa)/(57 kDa) by groups. Two points in control group (20.12, 26.69) and one point in AD-m (8.15) are not shown in this chart.

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(C) α -Secretase (60 kDa)/ β -actin for control, AD-m and AD-s groups. (D) APP ratio of (120–130 kDa) in control, AD-m, and AD-s groups.

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(A) β -Amyloid 4 kDa containing fragment 22 kDa with β -actin in Western blot. (B) β -Secretase (BACE1) 37 kDa (lower band), 57 kDa (upper band), with β -actin in Western blot. (C) Western blot of α secretase (ADAM10) 60 kDa with β actin in control, AD-m and AD-s groups. (D) Western blot of APP isoforms in control, AD-m and AD-s groups.

Conclusions

- 1. Increased β-secretase and decreased α-secretase activities in AD platelets compared to normal control subjects.
- 2. Increased levels of Aβ are produced by platelets from AD patients compared to normal control subjects.
- 3. APP isoform ratios decreased in AD patients compared to normal control subjects.
- Amyloidogenic pathway activation in AD patients is shown: increased β and decreased α-secretase activities in AD platelets compared to normal control subjects.
- 5. AD platelets may serve as a bio-marker to measure the biological progression of disease and to evaluate drug effects in clinical trials.