

# Common Genetic Variation Underlying Alzheimer's Disease and Related MRI and Cognitive Endophenotypes

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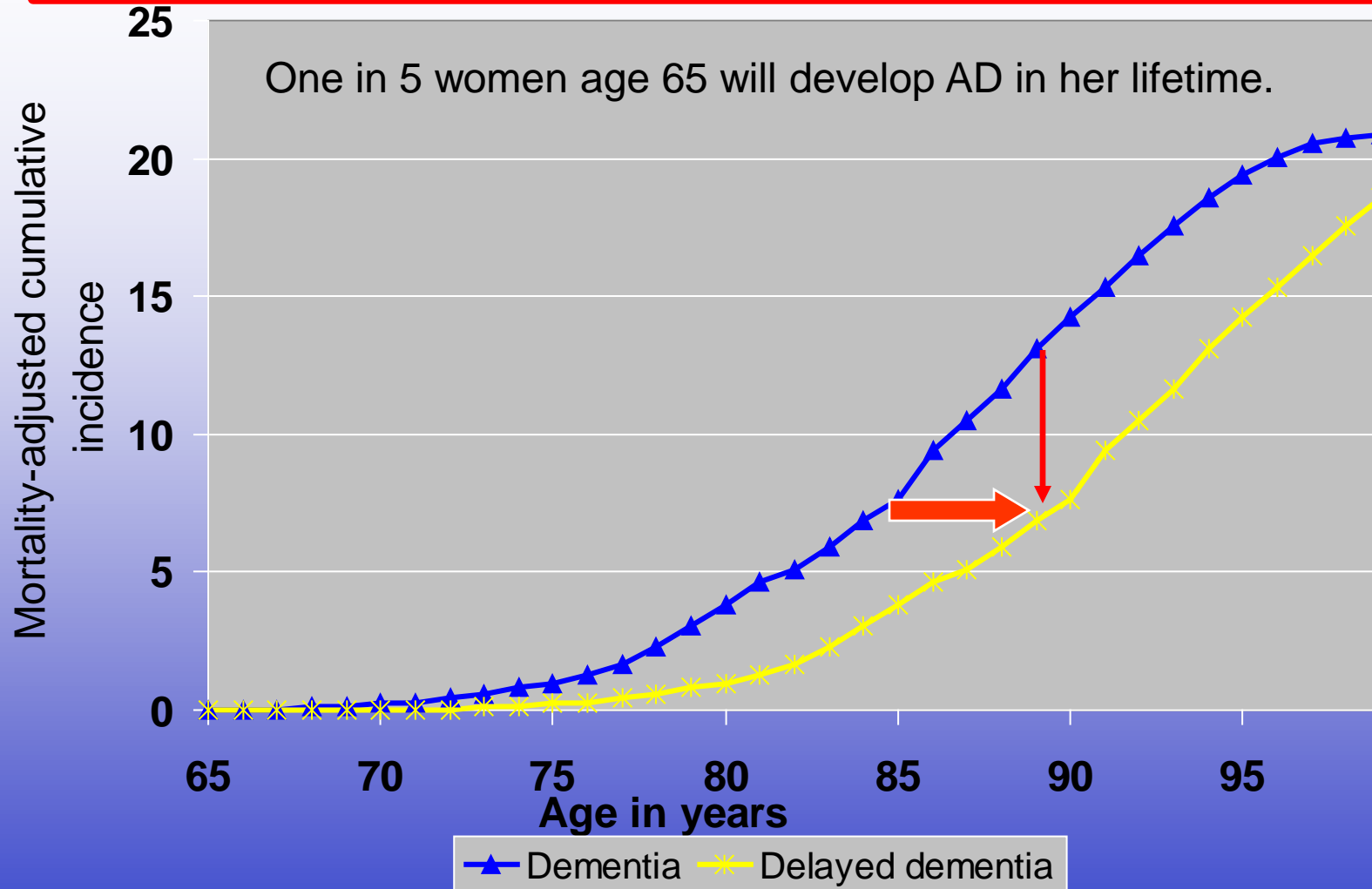
A faint, light blue outline map of the United States is visible in the background, showing the states and the Gulf of Mexico.

published by the Alzheimer's Association.

# **2008 Alzheimer's Disease Facts and Figures**

**10 million U.S. baby boomers  
will develop Alzheimer's disease**

# Lifetime Risk of Alzheimer's Disease: Women - 65 yrs



# Genetics of AD

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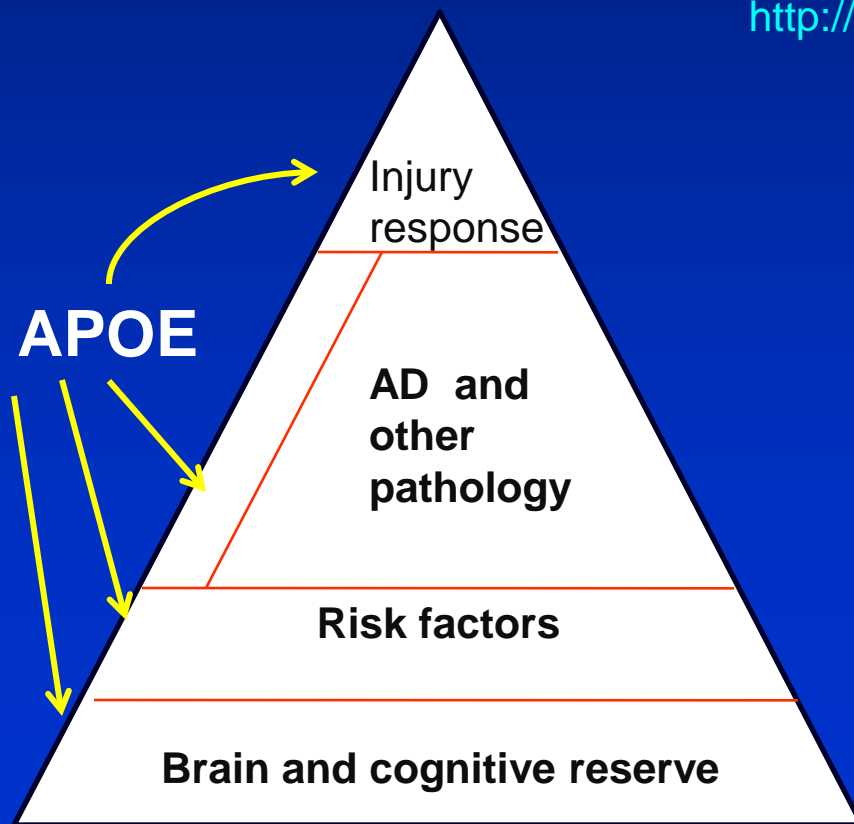
- AD is heritable
- Identifying genes helps uncover biology
- Agnostic approaches vs. Candidate Genes
- Endophenotypes: Opportunities and Pitfalls

*APP*  
*PSEN1*  
*PSEN2*  
*APOE*

# Candidate Gene Approach

- **Con:** Limited by our current understanding of biology
- **Pro:** Fewer comparisons, greater power

<http://www.alzforum.org/res/com/gen/alzgene/default.asp>



## Candidate gene pathways

??

Amyloid synthesis and removal, metalloproteins  
tau phosphorylation, vacuolar sorting proteins

glucose and insulin metabolism, adipokines  
nitrous oxide synthesis, oxidative stress,  
inflammation and lipid pathways

renin-angiotensin, thrombosis and hemostasis  
endothelial function

**Neurotrophic factors**

CSSCD Cleveland  
Family  
Study



CARE

CARE: The NHLBI's Candidate Gene Association Resource

[http://www.broad.mit.edu/gen\\_analysis/care/index.php/Main\\_Page](http://www.broad.mit.edu/gen_analysis/care/index.php/Main_Page)

# CARe Genotyping Plan

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## Phase II (Illumina iSelect---IBC Chip)

--~49,000 SNPs covering ~2100 candidate genes  
typed on ~50,000 persons from all CARe Cohorts

# Human genetic variation and its contribution to complex traits

*Kelly A. Frazer, Sarah S. Murray, Nicholas J. Schork and Eric J. Topol*

*Nature Reviews Genetics, April 2009; 241-249.*

Single nucleotide variant

```
ATTGGCCTTAACCCCGATTATCAGGAT
ATTGGCCTTAACCTCCGATTATCAGGAT
```

Copy number variant

```
ATTGGCCTTAGGCCTTAACCCCGATTATCAGGAT
ATTGGCCTTA-----ACCTCCGATTATCAGGAT
```

3 billion base pairs; 3 million SNPs

Arrays genotype 300,000 to 1 M

We can impute 80-90% of SNPs since we know linkage disequilibrium patterns

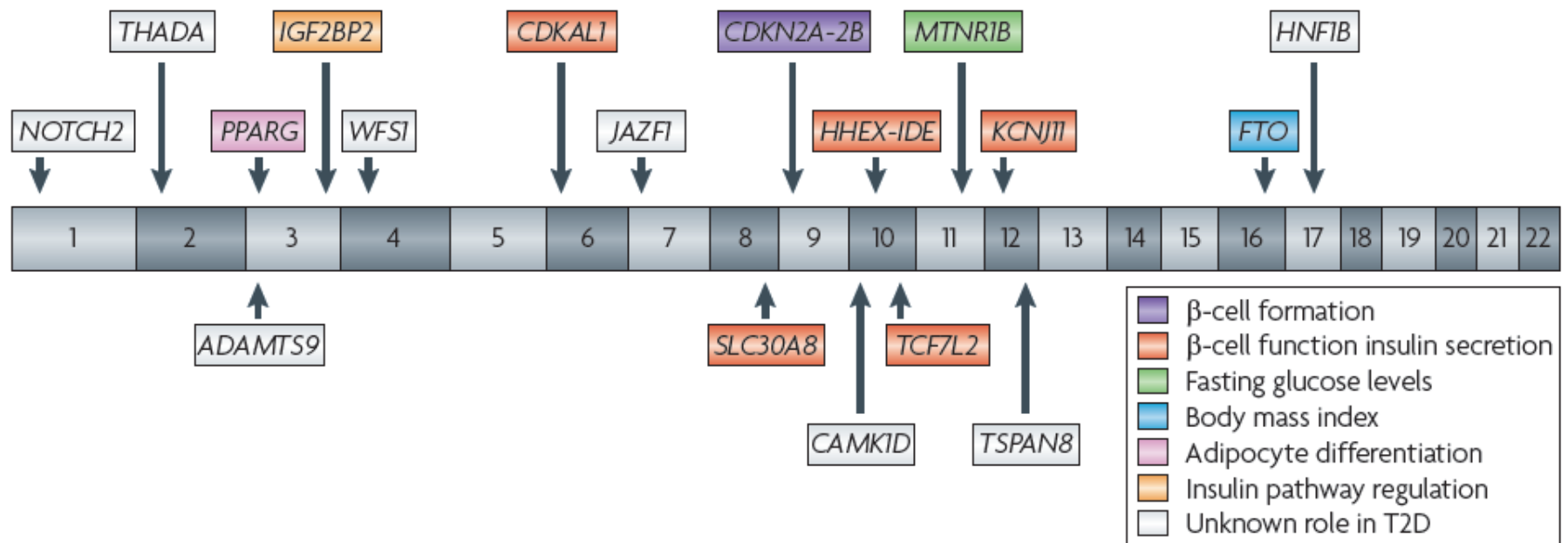


Figure 2 | **Insights into the genetic basis of type 2 diabetes (T2D).** Genome-wide association (GWA) studies have identified 18 genomic intervals that confer increased risk to T2D in Caucasians<sup>58,59,72–75,123–127</sup>. Four of these contain previously known candidate genes, based on the involvement of rare mutations in monogenic forms of diabetes. However, the remaining 14 intervals contain genes that were previously unsuspected in playing a part in the genetic

# Genetics of AD

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- AD is heritable
- Identifying genes helps uncover biology
- Agnostic approaches vs. Candidate Genes
- Endophenotypes: Opportunities and Pitfalls

# What is an Endophenotype?

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- Endophenotypes (or intermediate phenotypes) are **heritable traits** that reflect the actions of genes predisposing an individual to a disorder
- Predict risk of incident disease
- Manifest years before clinical & pathological diagnostic criteria are met

# Problems

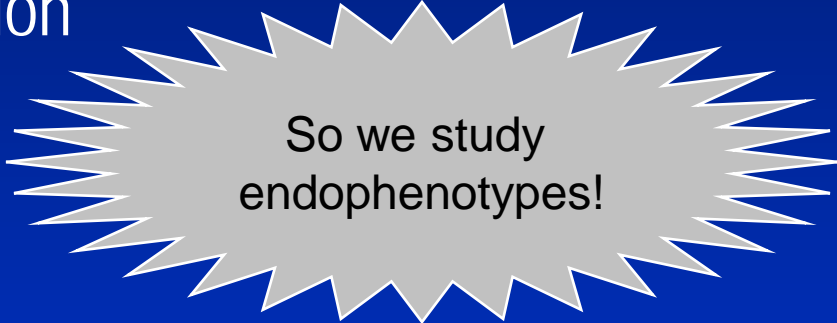
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- Genetic heterogeneity
- Overwhelming effect of APOE  $\epsilon$ 4 locus but parental AD impacts cognition in APOE  $\epsilon$ 4 +ve offspring
- Gene-gene and gene-environment interactions
- Late onset of clinical disease
  - competing risk of mortality
- Selection and survival biases


# Solutions

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- Genetic heterogeneity
  - Careful phenotypic definition
- Gene-APOE  $\epsilon 4$  interactions
  - Stratified analyses
- Competing risk of mortality
- Gene-environment interactions and selection/survival biases
  - Cohort studies of incident disease in a  
morbidity environment
- Collaborative efforts to increase numbers



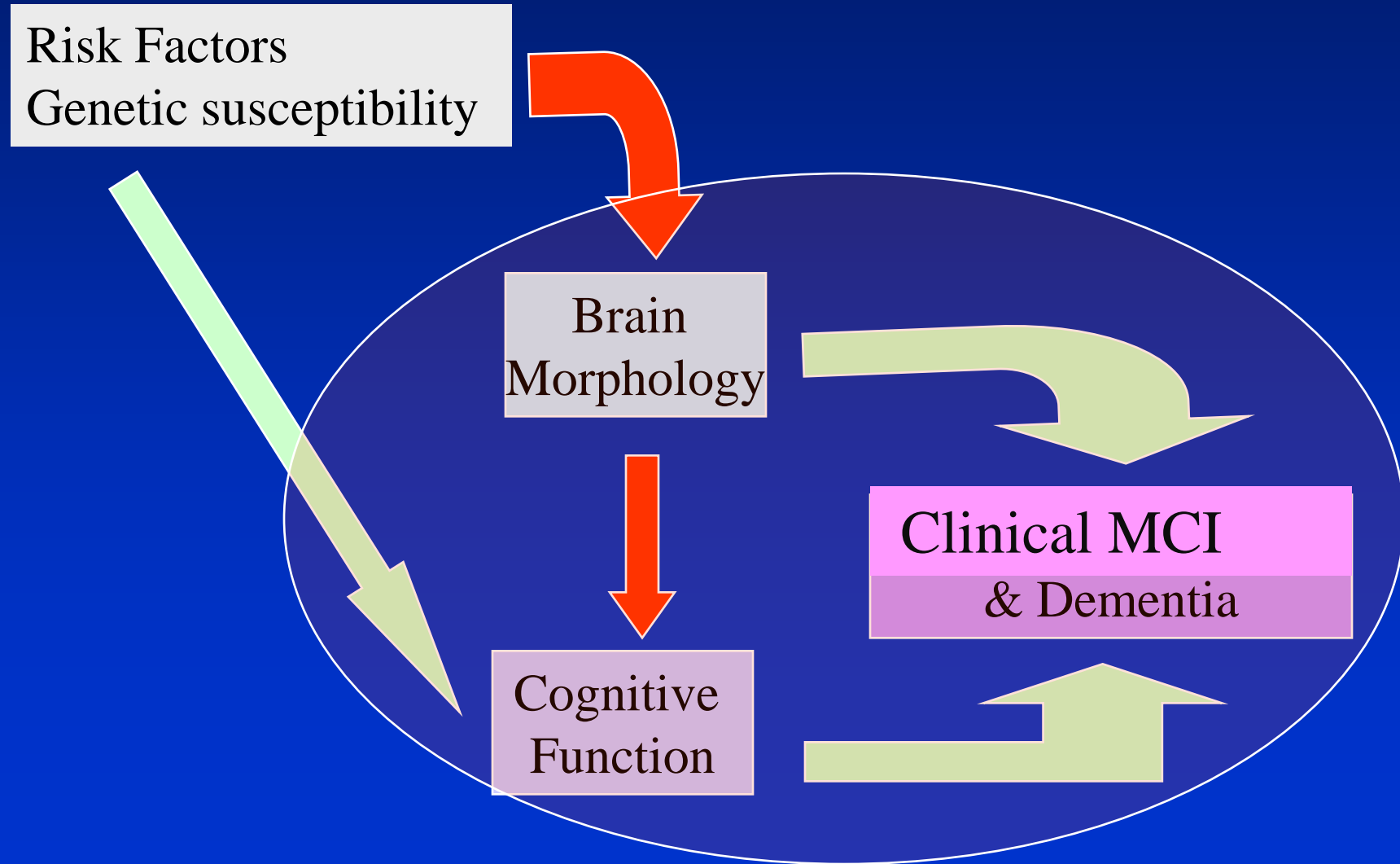
So we study  
endophenotypes!



In community-based cohorts

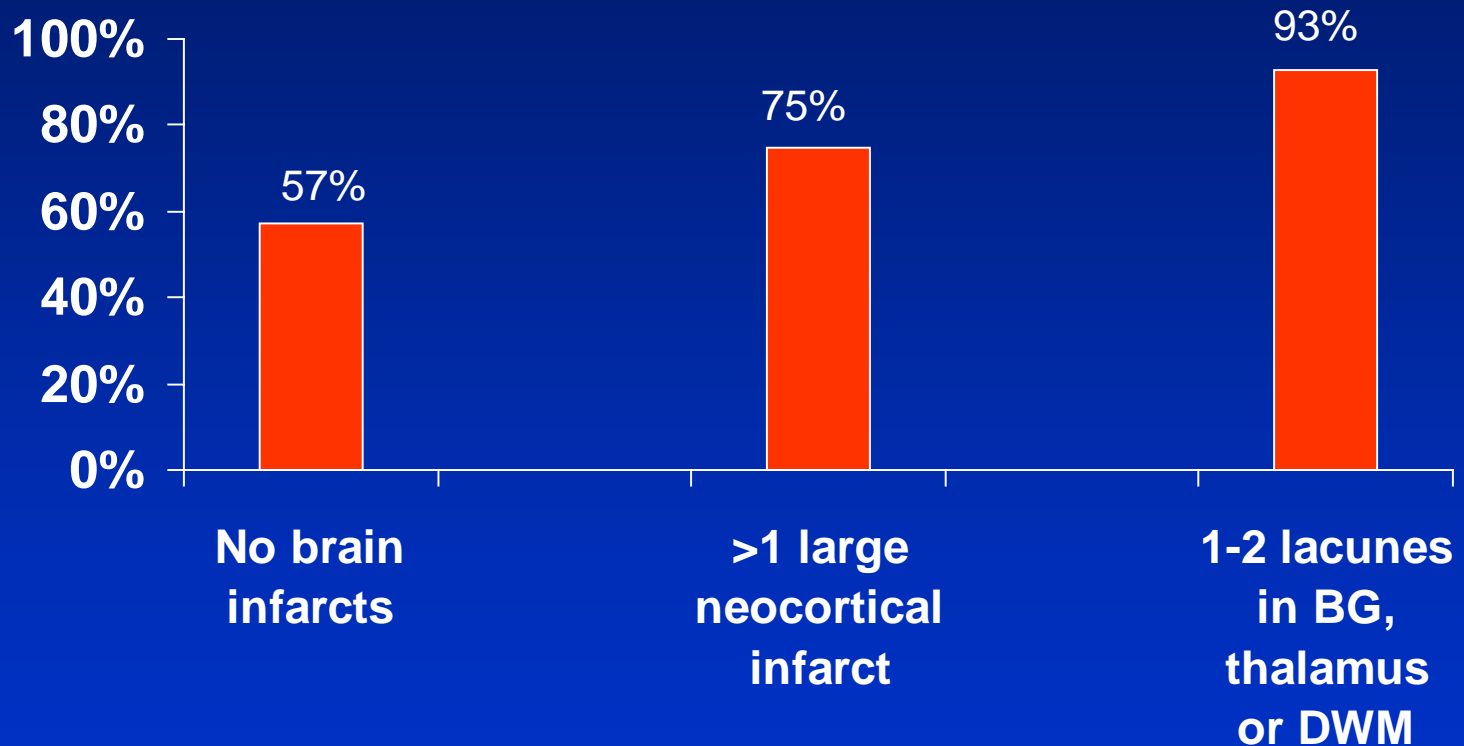
# Conceptual Model for Pathways from Genes to Dementia

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# Neuropathological AD: Prevalence of Clinical Dementia

*Snowdon DA et al., JAMA 1997;277:813-7*



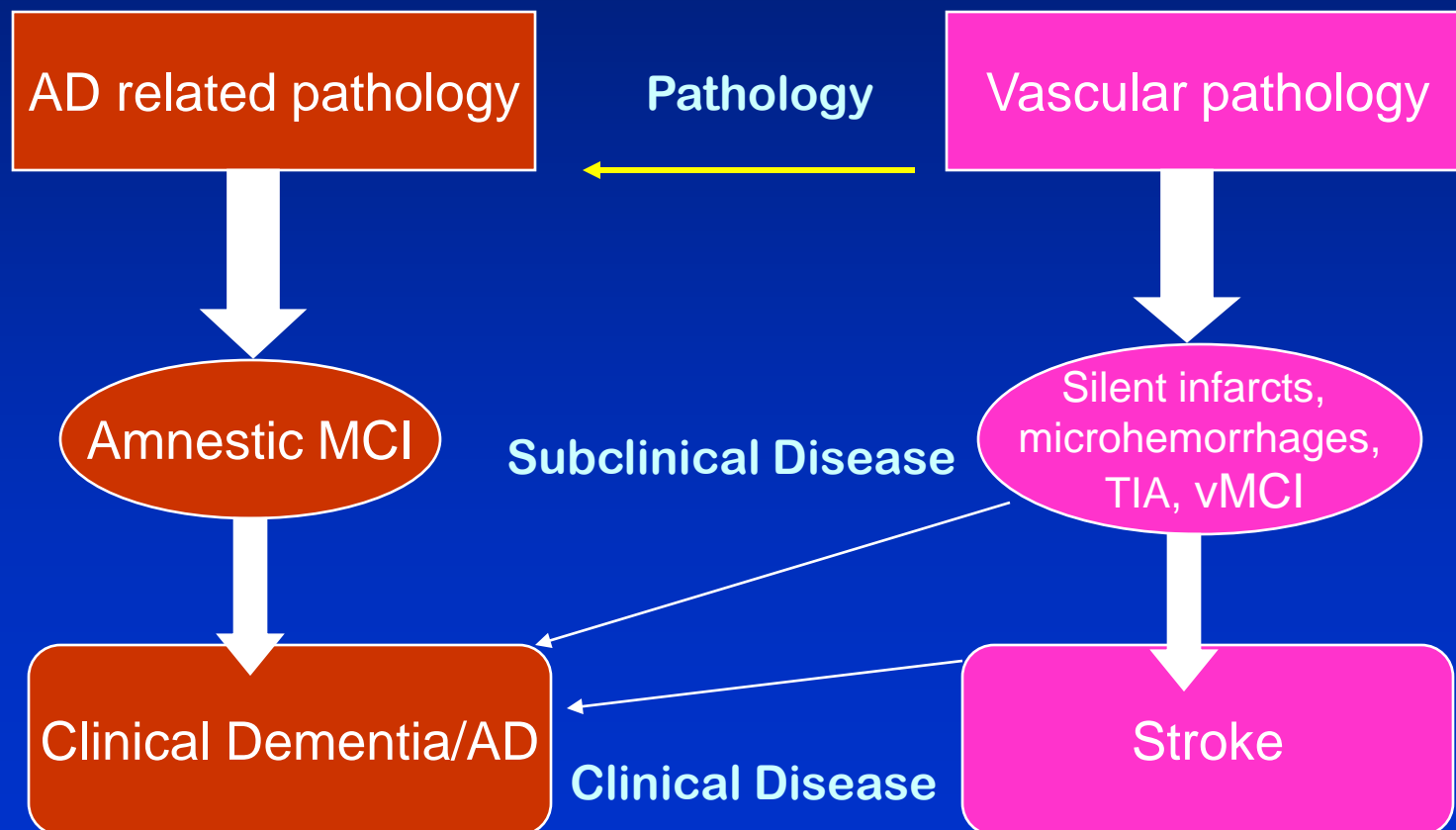
Adjusted OR  
for clinical  
dementia

1

6.7

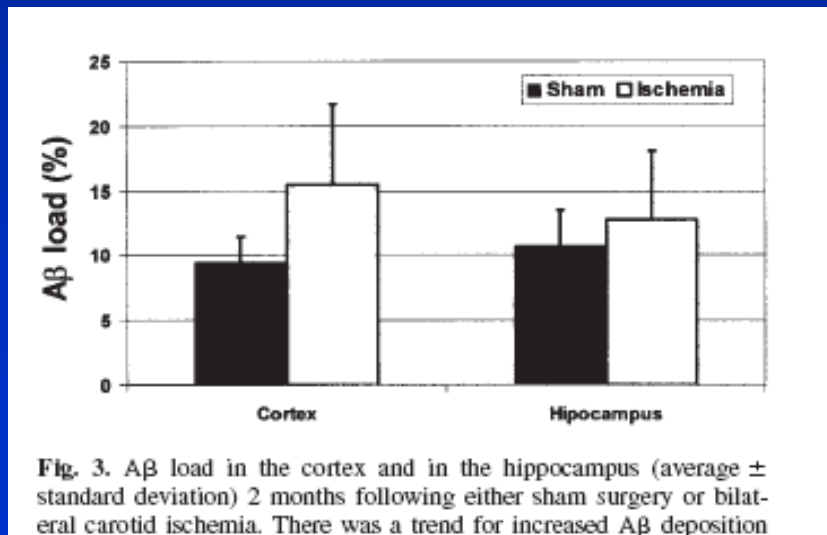
20.7

# Multiple Axes of Brain Aging Interact



# Vascular disease may accelerate the pathological processes in AD

- Ischemia induces PS1 and increases APP expression in mouse models of AD



*Sadowski et al., Neurochem Res*  
2004;29:1257-66

# AD Endophenotypes

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- Two types:
  - Risk Marker (whether & when clinical AD develops)
  - Disease Severity Marker
- Quantitative or Qualitative traits
- With moderate to high heritability
- Reflect pathology

# Risk Marker (True) Endophenotypes

- Cognitive Measures
- Volumetric MRI measures
- PET measures of amyloid burden, regional flow
- Functional MRI
- CSF biomarkers
- Circulating and cell expression markers

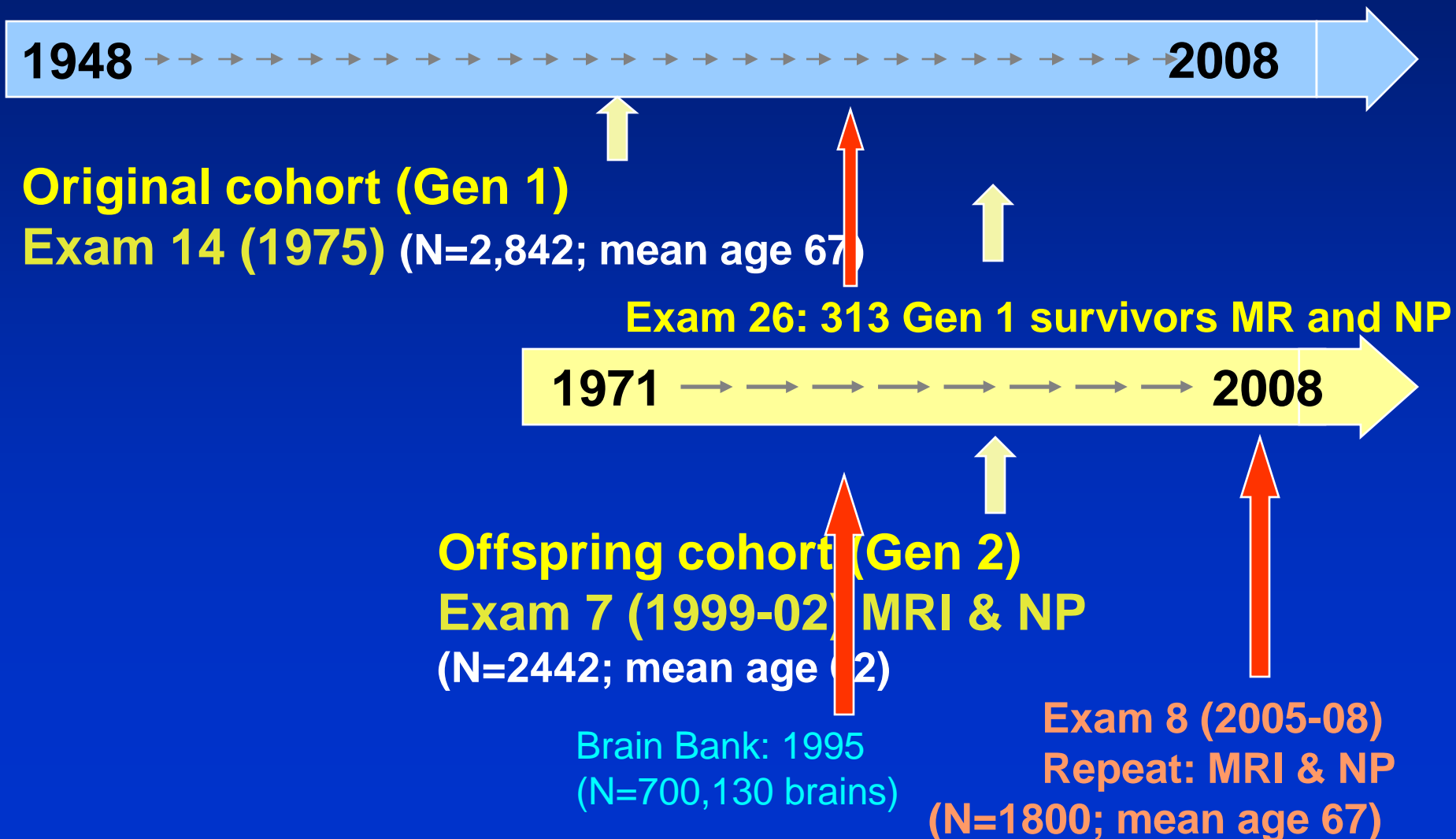
# Quantitative Traits as Disease Severity Markers

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- Cognitive Performance
  - Neurological Exam Findings
  - MRI measures
  - Pathological Scores
  - Treatment Response
- 
- Disease only sample is adequate
- 
- Pharmacogenomics: Personalized Prevention & Therapy

# Framingham Heart Study

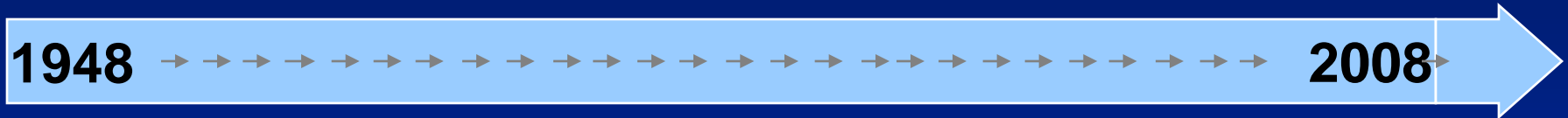
Stroke, Dementia and MRI/NP Studies



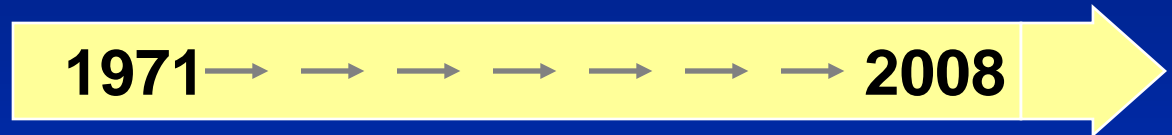
# Framingham Heart Study

Longitudinal Community-Based Family Study

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**Gen 1 Original cohort**



**Gen 2 Offspring cohort**

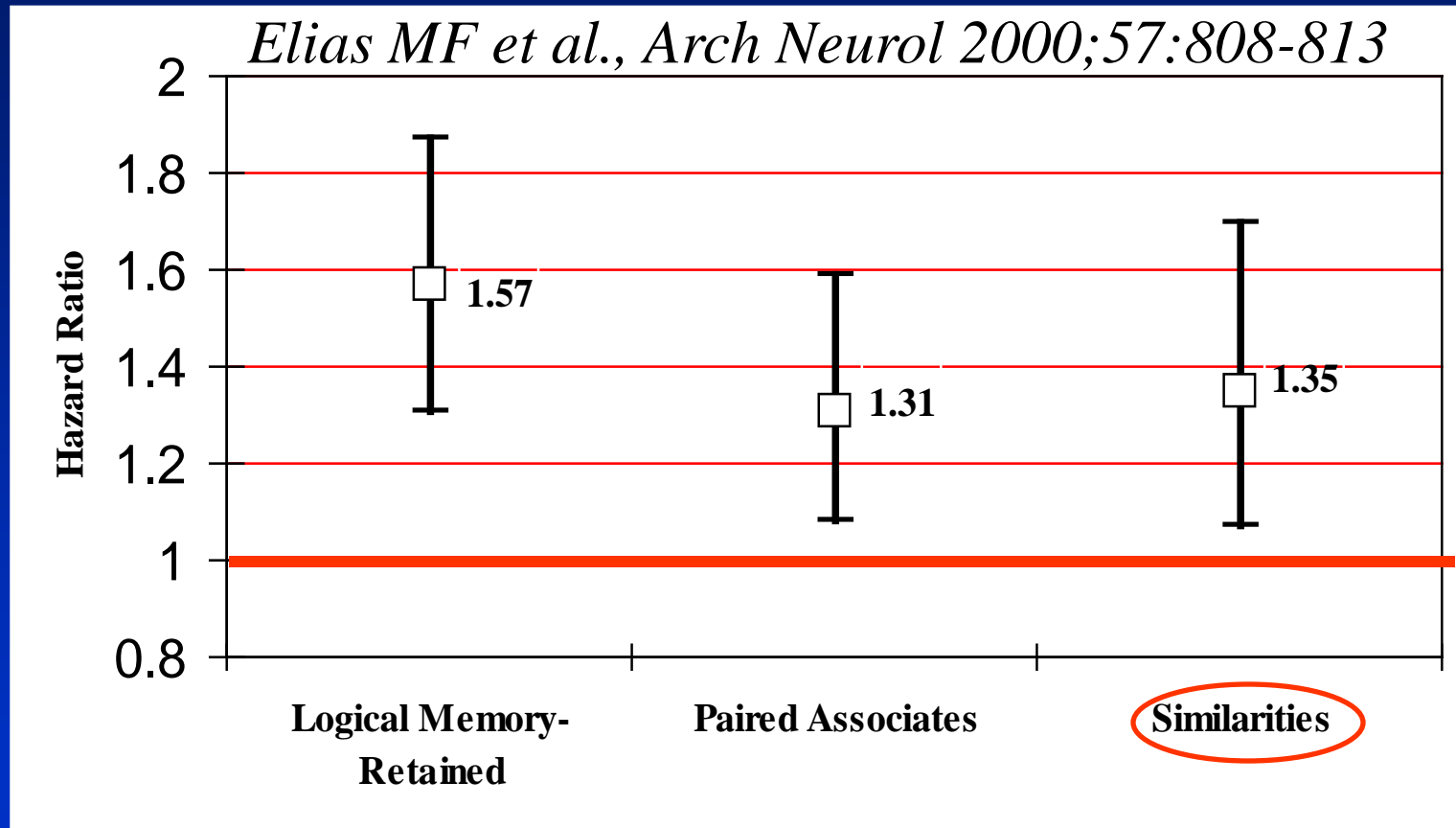


**Gen 3 cohort**

Exam 2 (2009-11) MRI  
NP & Biomarkers

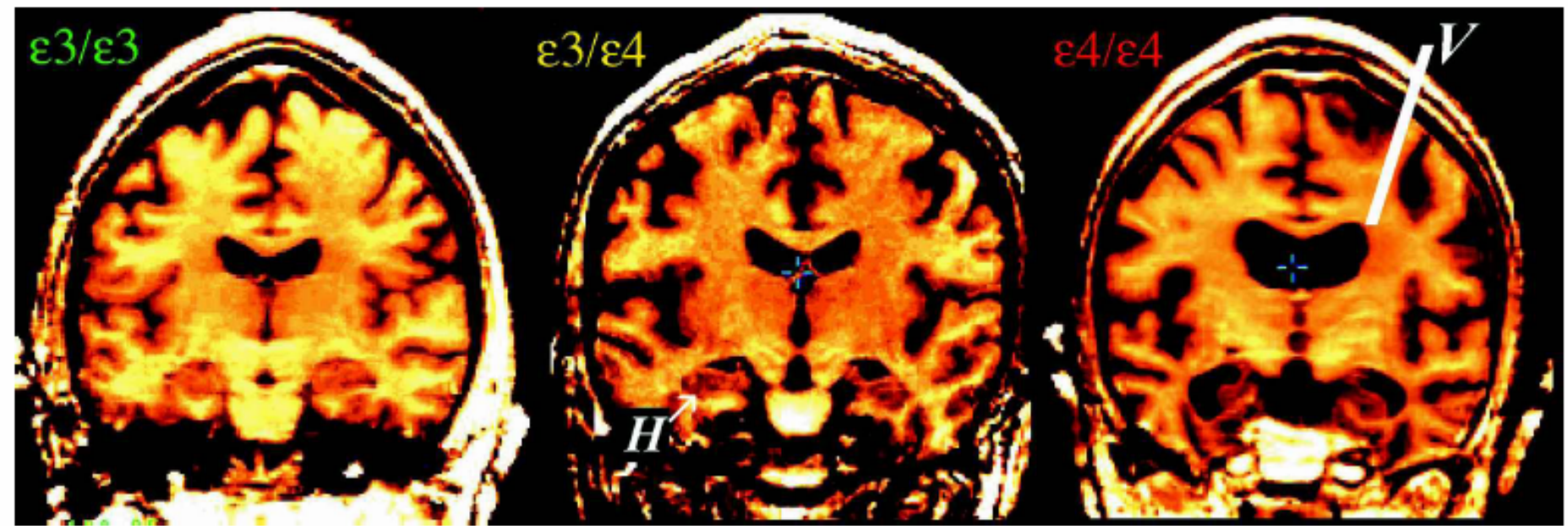


# Endophenotypes Predict Incident Disease: Cognitive Tests



1076 stroke- and dementia-free subjects underwent neuropsychological testing in 1975. Odds-ratio of developing AD (on 22 year follow-up) increased 31-57% with each SD decrement in baseline performance, after adjusting for age, sex, education, occupation.

# Brain Volumes are Endophenotypes



**Figure 5. Risk genes and brain structure.** Typical MRI scans are shown from healthy elderly subjects with zero, one, and two  $\epsilon 4$  alleles of the ApoE gene, which confers increased risk for late-onset Alzheimer's disease (data courtesy of Gary Small MD, UCLA Center on Aging). The  $\epsilon 3$  allele is more prevalent, and considered normal. Patients at genetic risk may display metabolic and structural deficits before overt symptoms appear, suggesting that genetic and imaging information may identify candidates for early treatment in dementia (100). Note the hippocampal atrophy (*H*) and ventricular enlargement (*V*) in those at risk.

TCBV, HV are associated with verbal memory performance and subsequent risk of AD

# Tracking atrophy progression in familial Alzheimer's disease: a serial MRI study

Basil H Ridha, Josephine Barnes, Jonathan W Bartlett, Alison Godbolt, Tracey Pepple, Martin N Rossor, Nick C Fox

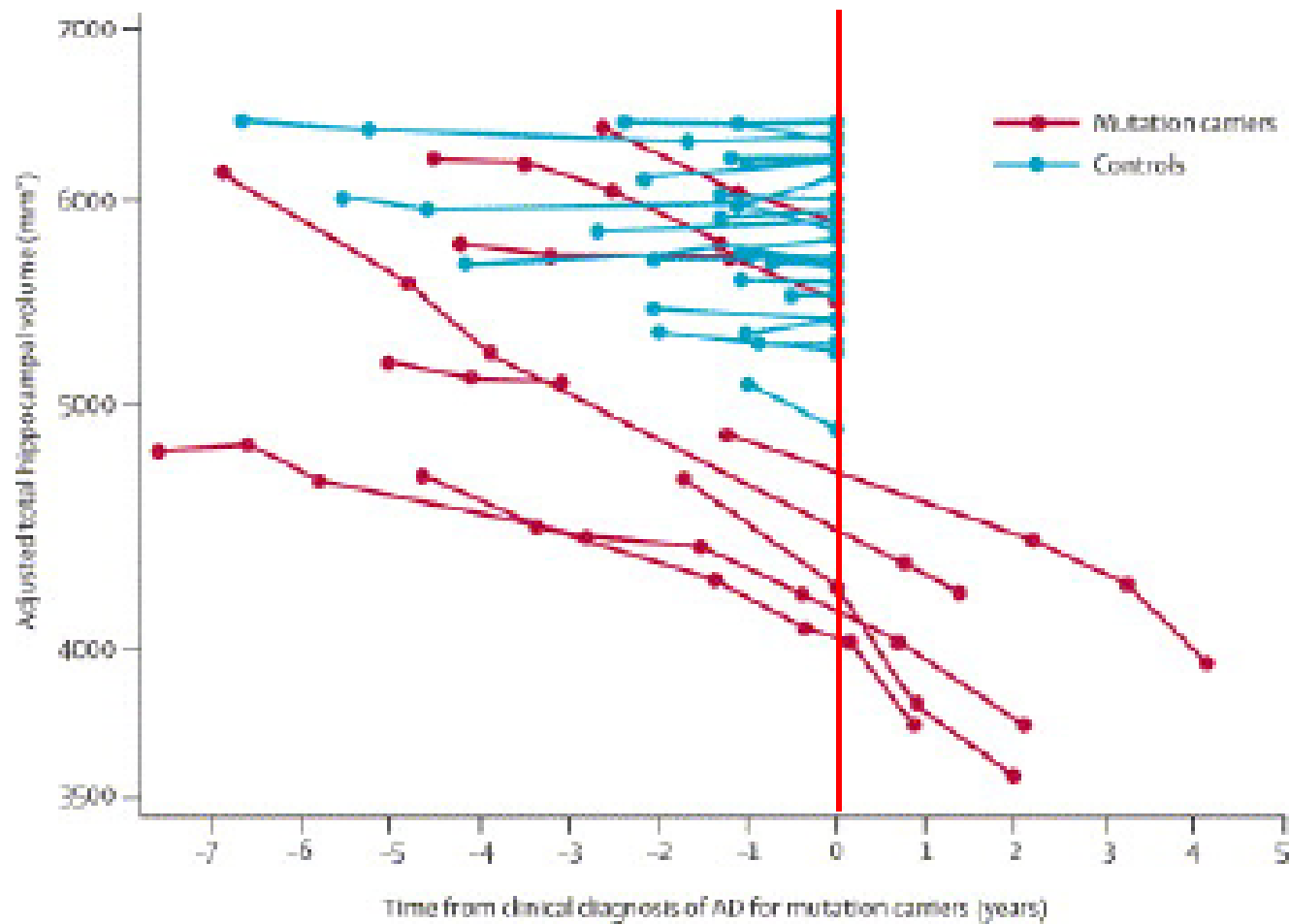


Figure 1. Adjusted total hippocampal volume measurements of mutation carriers (relative to time of clinical diagnosis of AD) and controls (relative to the date of their last scan)

The y-axis scale is logarithmic. AD=Alzheimer's disease.

# Genetic Epidemiology

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- Epidemiological correlates of genetic variation: show an association of variant with
  - Brain MRI and Cognitive test of AD risk (intermediate or endophenotypes)
  - Mild Cognitive Impairment (MCI)
  - All dementia
  - Alzheimer's Disease (AD)

Preclinical Disease (Pre MCI)	MCI	mild	moderate	severe
		Dementia		

## Research

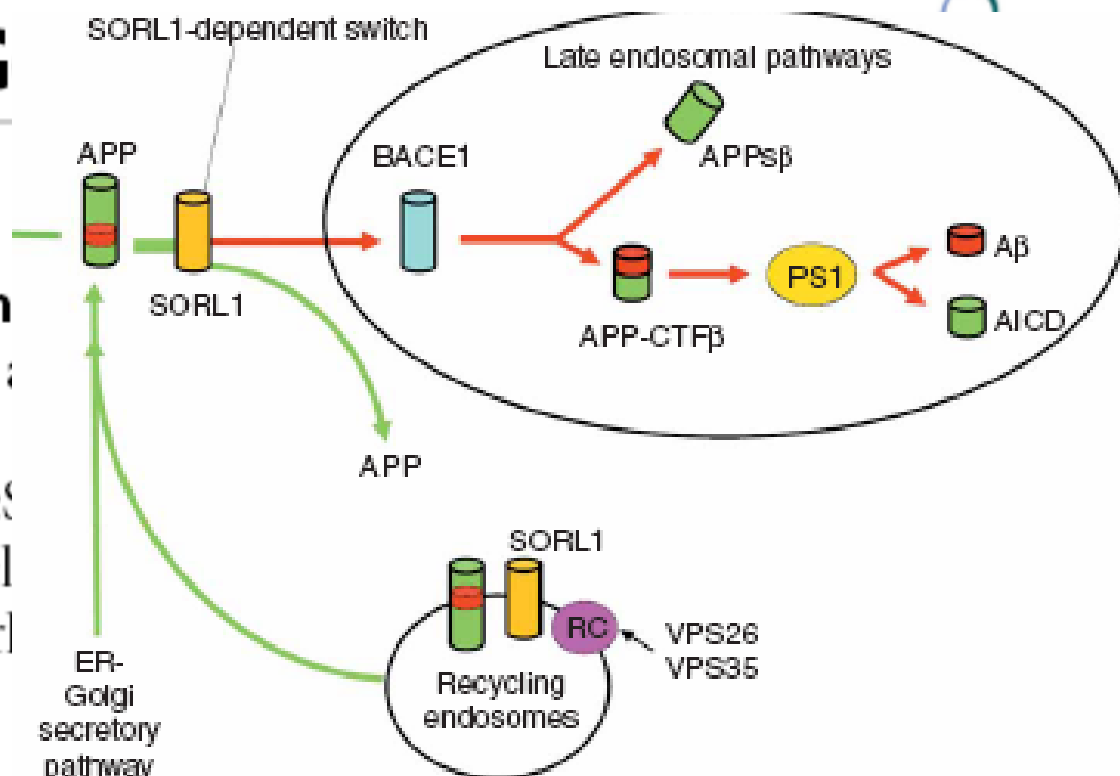
### Genetic correlates of brain measures: a genome-wide study from the Framingham study

Sudha Seshadri<sup>\*1,2</sup>, Anita L DeStefano<sup>1,2,3</sup>, Alexa S Beiser<sup>1,2,3</sup>, Margaret Kelly-Hayes<sup>1,2,3</sup>, Ralph B D'Agostino Sr<sup>1,4</sup>, Charles DeCarli<sup>1,2,3</sup>, Philip A Wolf<sup>1,2</sup>

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<sup>\*</sup> Corresponding author



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BMC Medical Genetics 2007, 8(Suppl 1):S15 doi:10.1186/1471-2350-8-S1-S15

This article is available from: <http://www.biomedcentral.com/1471-2350/8/S1/S15>

# Study Sample

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- 71,000 SNPs related to
- MRI/Cognitive endophenotypes
- in 705 stroke- and dementia-free FHS Gen 1 and 2 participants
  - Age  $62 \pm 9$  yrs
  - 50% men

# Volumetric Brain MRI

Brain Volumes	Total Cerebral (TCBV)	Adjusted for: Age Current smoking Diabetes Systolic blood pressure Anti-hypertensive drugs Atrial fibrillation EKG-LVH  Homocysteine
	Frontal (FBV)	
	Parietal (PBV)	
	Occipital (OBV)	
	Temporal (TBV)	
	Hippocampal (HPV)	
Ventricular Volumes	Lateral (LVV)	
	Temporal Horn (THV)	
White Matter Hyperintensity Volume (WMHV)		

All volumes were expressed as a ratio of total intracranial volume (TCV).

# Cognitive Measures

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Factor 1: Verbal Memory: LM	Adjusted for: Birth cohort by decade Education  Framingham Stroke Risk Profile score  ApoE genotype ( $\epsilon 4$ +/-)
Factor 2: Visual Memory and Organization: VM, HVOT	
Factor 3: New Learning: PAS	
Factor 4: Attention and Executive Function: Trails A and B	
Boston Naming Test	
Abstract Reasoning: Similarities	
Reading and Vocabulary: Wide-Range Achievement Test (WRAT)	

# Results: Unbiased Analyses

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- Strongest SNP-trait association
  - On FBAT: **SORL1** (rs1131497;  $p=3.2 \times 10^{-6}$ ) and abstract reasoning

# *SORL1* and AD related endophenotypes

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- Another 100K SNP on *SORL1* (rs726601) that was in LD ( $D'=1$ ,  $r^2 > 0.8$ ) with flanking SNPs (rs2282649, rs1010159) associated with AD in all Caucasian samples

*Rogaeva et al., Nature Genetics, February 2007; pp168-177*

- Was also associated with abstract reasoning, (FBAT  $p=8.2 \times 10^{-4}$ )

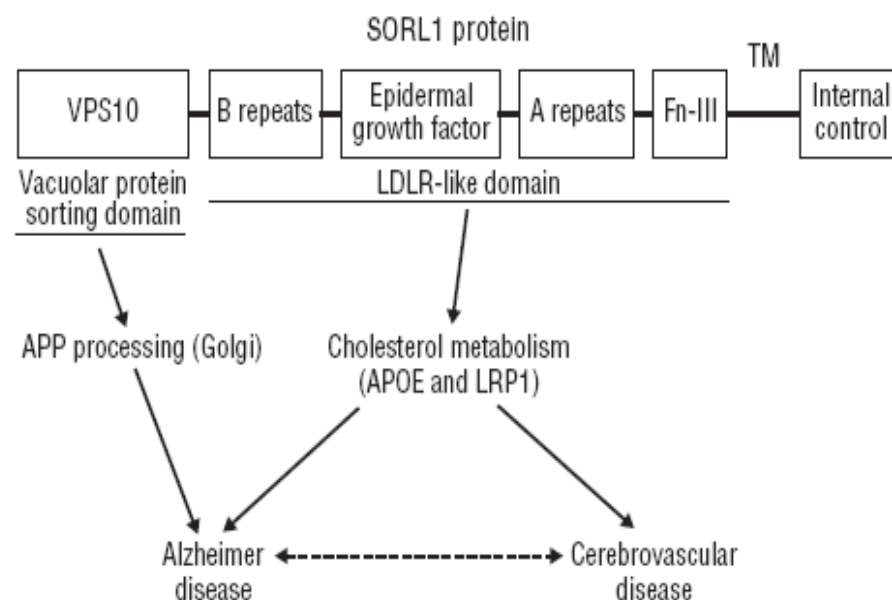
# Association of Distinct Variants in *SORL1* With Cerebrovascular and Neurodegenerative Changes Related to Alzheimer Disease

Karen T. Cuenco, PhD; Kathryn L. Lunetta, PhD; Clinton T. Baldwin, PhD; Ann C. McKee, MD; Jianping Guo, MS; L. Adrienne Cupples, PhD; Robert C. Green, MD, MPH; Peter H. St. George-Hyslop, MD; Helena Chui, MD; Charles DeCarli, MD; Lindsay A. Farrer, PhD;  
for the MIRAGE Study Group

*Arch Neurol.* 2008;65(12):1640-1648

**Table 3. *SORL1* SNPs Showing Association With at Least 1 MRI Trait in the MIRAGE White Families**

SNP	P Value (No. of Informative Families) <sup>a</sup>			
	WMH	CVR	CA	MTA
1	.053 (73)	<b>.046</b> (73)	.43 (73)	.21 (T <sup>b</sup> /73)
6	<b>.03</b> (66)	.16 (66)	.65 (66)	.18 (T <sup>b</sup> /66)
8	<b>.001</b> (81)	<b>.006</b> (81)	.35 (81)	.34 (C <sup>b</sup> /81)
9	<b>&lt;.001</b> (76)	<b>.002</b> (76)	.44 (76)	.29 (G <sup>b</sup> /76)
10	<b>.006</b> (78)	<b>.02</b> (78)	.94 (78)	.16 (C <sup>b</sup> /78)
11	.08 (76)	.42 (76)	.57 (T <sup>b</sup> /76)	<b>.050</b> (T <sup>b</sup> /76)
15	<b>.04</b> (G <sup>b</sup> /80)	.47 (80)	.42 (G <sup>b</sup> /80)	.12 (80)
16	.33 (A <sup>b</sup> /31)	.21 (A <sup>b</sup> /31)	<b>.004</b> (31)	.36 (A <sup>b</sup> /31)
18	.15 (29)	<b>.03</b> (29)	.45 (29)	.98 (29)
21	.38 (G <sup>b</sup> /38)	.35 (G <sup>b</sup> /38)	<b>.02</b> (38)	.24 (38)



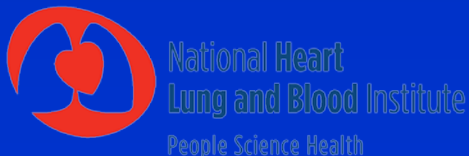
# SNP Health Association

## Resource (SHARe):

# A Genome-Wide Association Study in the NHLBI's Framingham Heart Study

Collaboration Between National Heart, Lung, and Blood Institute  
And Boston University School of Medicine

**550,000 SNPs, 9934 persons across 3 generations  
Became available October 2007**



# Cohorts for Heart and Aging Research in Genomic Epidemiology (CHARGE) Consortium

[http://depts.washington.edu/chargeco/wiki/Main\\_Page](http://depts.washington.edu/chargeco/wiki/Main_Page)

# Overview of CHARGE

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- CVD/Aging cohorts with GWAS data
  - ARIC, CHS, AGES, ASPS, FHS and Rotterdam
  - Sharing of within-study analyses for cross-study meta-analysis
  - Imputation to HapMap permitted meta-analyses despite use of different platforms in each study

# Genes Underlying Stroke & VCI

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Expected to belong to 1 or both of 2 classes:

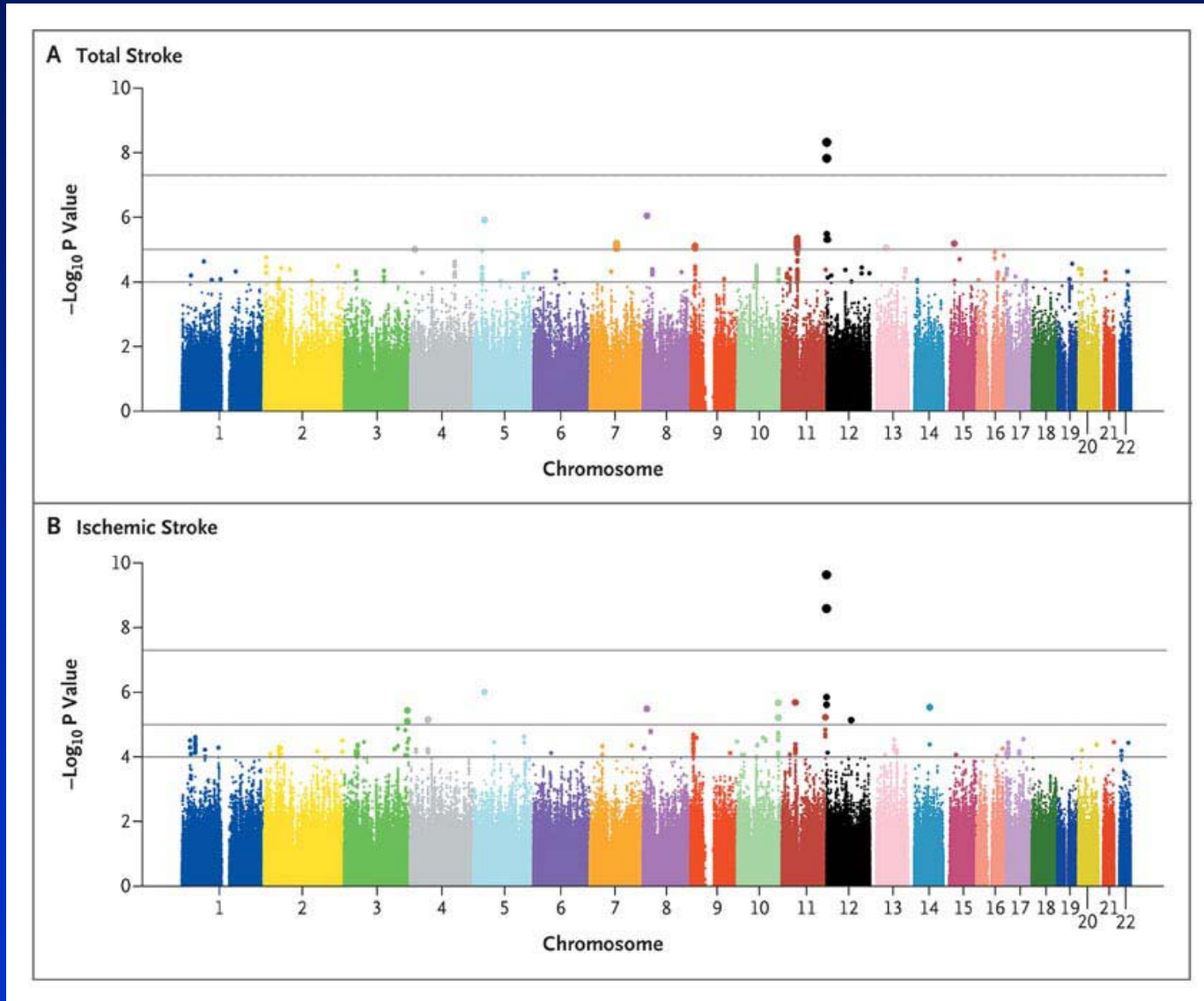
- Genes that predispose individuals to cerebrovascular disease, and
- Genes that determine tissue responses to cerebrovascular disease (e.g. ischemic tolerance)

ORIGINAL ARTICLE

## Genomewide Association Studies of Stroke

M. Arfan Ikram, M.D., Sudha Seshadri, M.D., Joshua C. Bis, Ph.D.,  
Myriam Fornage, Ph.D., Anita L. DeStefano, Ph.D., Yurii S. Aulchenko, Ph.D.,  
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Oscar L. Lopez, M.D., Josef Coresh, M.D., Ph.D., Albert Hofman, M.D., Ph.D.,  
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Carlos S. Kase, M.D., Kenneth Rice, Ph.D., Talin Haritunians, Ph.D.,  
Gerwin Roks, M.D., Ph.D., Paul L.M. de Kort, M.D., Ph.D., Kent D. Taylor, Ph.D.,  
Lonneke M. de Lau, M.D., Ph.D., Ben A. Oostra, Ph.D., Andre G. Uitterlinden, Ph.D.,  
Jerome I. Rotter, M.D., Eric Boerwinkle, Ph.D., Bruce M. Psaty, M.D., Ph.D.,  
Thomas H. Mosley, Ph.D., Cornelia M. van Duijn, Ph.D.,  
Monique M.B. Breteler, M.D., Ph.D., W.T. Longstreth, Jr., M.D.,  
and Philip A. Wolf, M.D.

# Results of Tests for the Association between Stroke and Each SNP Measured in the Genomewide Association Study

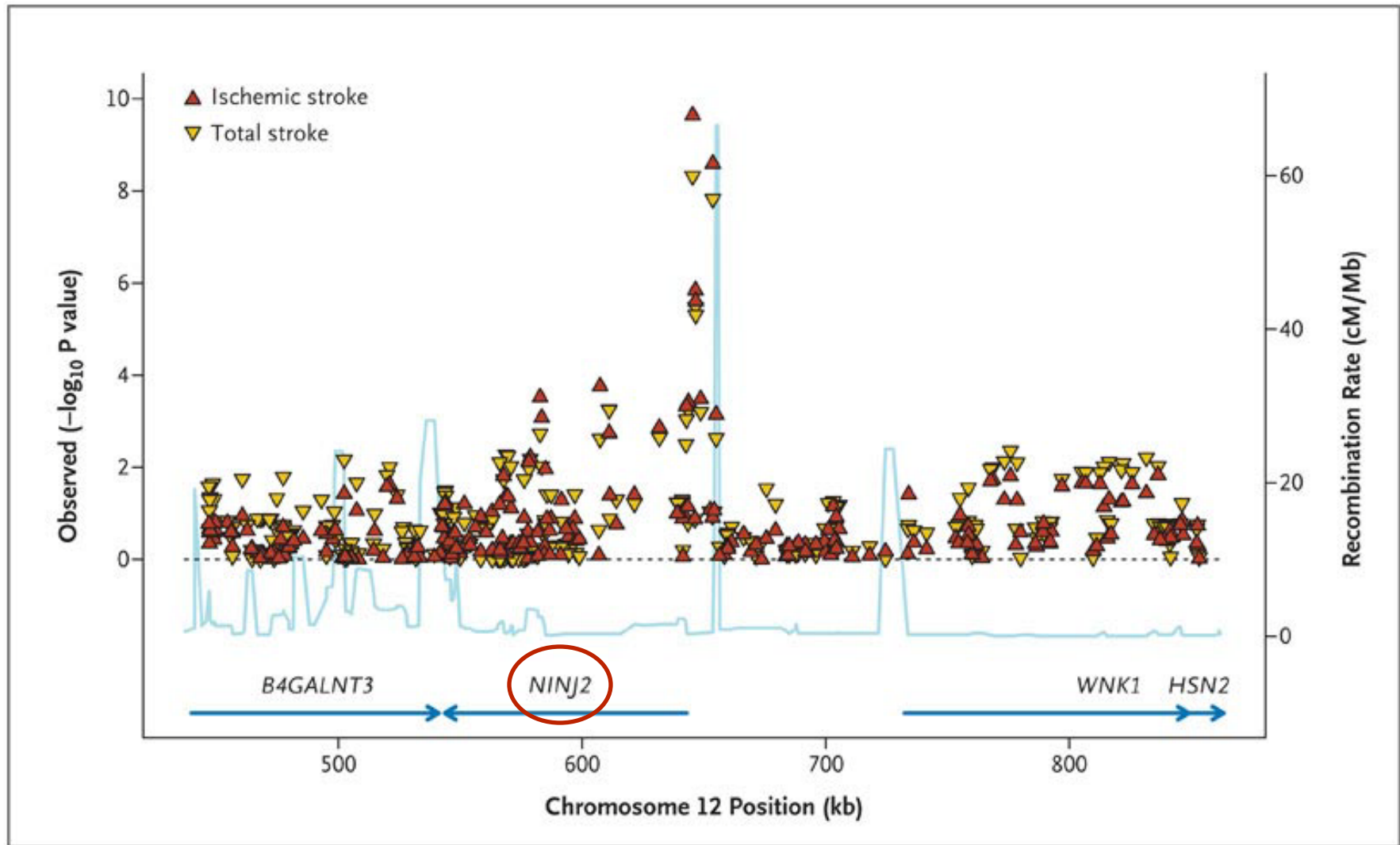


Ikram M et al. N Engl J Med 2009;10.1056/NEJMoa0900094



The NEW ENGLAND  
JOURNAL of MEDICINE

## Associations in the Region Centered on rs11833579 and Containing NINJ2



Ikram M et al. N Engl J Med 2009;10.1056/NEJMoa0900094



The NEW ENGLAND  
JOURNAL of MEDICINE

ORIGINAL ARTICLE

## Genomewide Association Studies of Stroke

M. Arfan Ikram, M.D., Sudha Seshadri, M.D., Joshua C. Bis, Ph.D.

- Genome-wide significant association of stroke with 2 SNPs located in the regulatory region of *Ninjurin-2* (rs11833579 and rs12425791).
- *Ninjurin-2*: Transmembrane protein in the “nerve-injury-induced protein” family
  - cell-cell adhesion molecule, expressed in glia-
  - shown to promote neurite extension after nerve injury
  - may also modify brain response to ischemic injury

# Brain Aging, AD & Cerebrovascular Disease Phenotypes in CHARGE

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- Total and ischemic stroke
- Total dementia, AD, Pure AD, VaD, MCI
- Cerebral MRI measures
  - White matter disease
  - Covert brain infarcts
  - Total cranial & brain volumes, hippocampal, lobar
- Cognitive Function
  - Tests of verbal and visual memory; processing speed, executive function; other domains

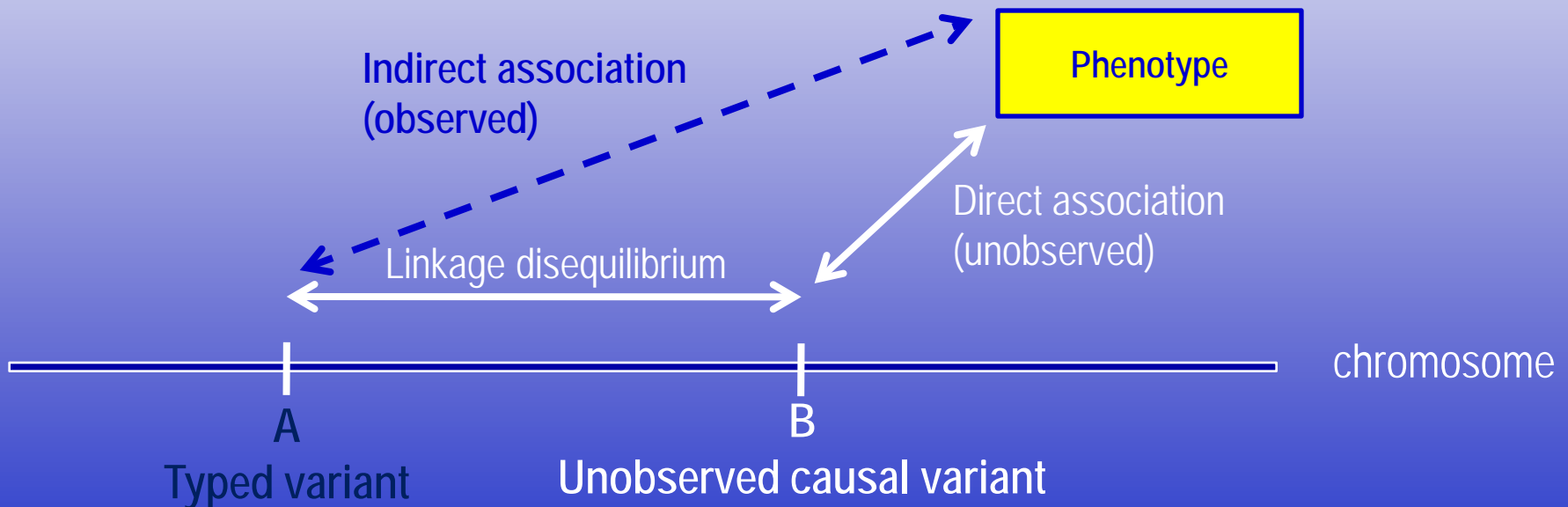
# Univariate vs. Cross-Phenotype Analyses

Information on multiple correlated phenotypes is not utilized

- Cross Phenotype Analyses
  - Pros:
    - increase power to detect associations of genetic variants with disease by making younger subjects informative
    - Increase statistical power to detect associations with each phenotype
    - identify genetic variants with pleiotropic effects → common biological pathways

# Need Sequencing & Functional Studies to Find Causal Variant(s).

- An allele is associated with a phenotype when its frequency differs between cases and controls more than would be predicted by chance.
  - But this does NOT necessarily imply causality




# Use Genetic, Risk Factor, Biomarker & Phenotype Data

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**Replication** and finding **causal variant**

Look at gene-environment and gene-gene interactions

Explore links genes → gene expression  
endophenotype → disease



Develop Predictive Models

# Mendelian Randomization

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- Association of cholesterol/statin use with decreased AD risk could be causal or an effect of disease-

Genetic variation is determined at birth, if true stratifies  
*Neuroimage*. 2008 April 15; 40(3): 1214–1221.

## CHOLESTEROL-RELATED GENETIC RISK SCORES ARE ASSOCIATED WITH HYPOMETABOLISM IN ALZHEIMER'S-AFFECTED BRAIN REGIONS

Eric M. Reiman, M.D.<sup>1,2,9,12</sup>, Kewei Chen, Ph.D.<sup>1,3,4,12</sup>, Richard J. Caselli, M.D.<sup>6,12</sup>, Gene E. Alexander, Ph.D.<sup>5,12</sup>, Daniel Bandy, M.S.<sup>1,12</sup>, Jennifer L. Adamson, M.B.A.<sup>8</sup>, Wendy Lee, M.S.<sup>1,12</sup>, Ashley Cannon, B.S.<sup>8</sup>, Elizabeth A. Stephan, Ph.D.<sup>9,12</sup>, Dietrich A. Stephan, Ph.D.<sup>9,12</sup>, and Andreas Papassotiropoulos, M.D.<sup>9,10,11,12</sup>

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- NINDS: NS17950 (PAW)
- NHLBI: Contract # N01-HC-25195 & N02-HL-6-4278
- Framingham and other CHARGE study participants
- Talented and generous colleagues

# Framingham Neurology Research Team

---

- Philip A. Wolf, MD
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- Zaldy S. Tan, MD
- Aleksandra Pikula, MD
- **Stephanie DeBette, MD, PhD**
- Carole Palumbo
- Sherral Devine, PhD
- Anita S. DeStefano, PhD
- Larry D. Atwood, PhD
- Qiong Yang, PhD
- **Charles DeCarli, MD**
- Merrill F. Elias, PhD
- Neil Kowall, MD
- Robert Green, MD
- Angela Jefferson, PhD
- Tamara Kline
- Karen Mutalik
- **Alexa S. Beiser, PhD**
- Joseph Massaro, PhD
- Ralph B. D'Agostino, Sr. PhD
- Howard Cabral, PhD
- Yulin Lu
- Jayandra Himali
- Yangchun Du
- Linda Farese
- Linda Clark
- Deb Foulkes
- Lois Abel
- Barbara Inglese
- Coreyann Poly

Jon Drake, Justin Nyborn, Jackie Harvey, Sarah J Greene, Megan Smith & others