

***ADC Fall 2010***

**An update on biomarkers in AD  
and non-AD dementias**

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**Why biomarkers?**  
What biomarkers?  
Progress?

**Stages of Disease**  
Challenges to be met by biomarkers and  
molecular neuroimaging

<b>Clinical Data</b>	<b>Determine degree and character of functional impairment</b>		
	<b>Normal</b>	<b>Mild Impairment</b>	<b>Moderate to Severe Impair.</b>

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<b>Laboratory Data</b>	<b>Classify disease type and burden of lesions</b>			
	<b>None</b>	<b>+</b>	<b>++</b>	<b>+++</b>

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<b><i>Disease Stage</i></b>	<b><i>No Disease</i></b>	<b><i>Latency</i></b>	<b><i>Prodrome</i></b>	<b><i>Dementia</i></b>

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<b>Challenge 3</b>	<b>Quantify pharmacologic activity of experimental therapeutics</b>			

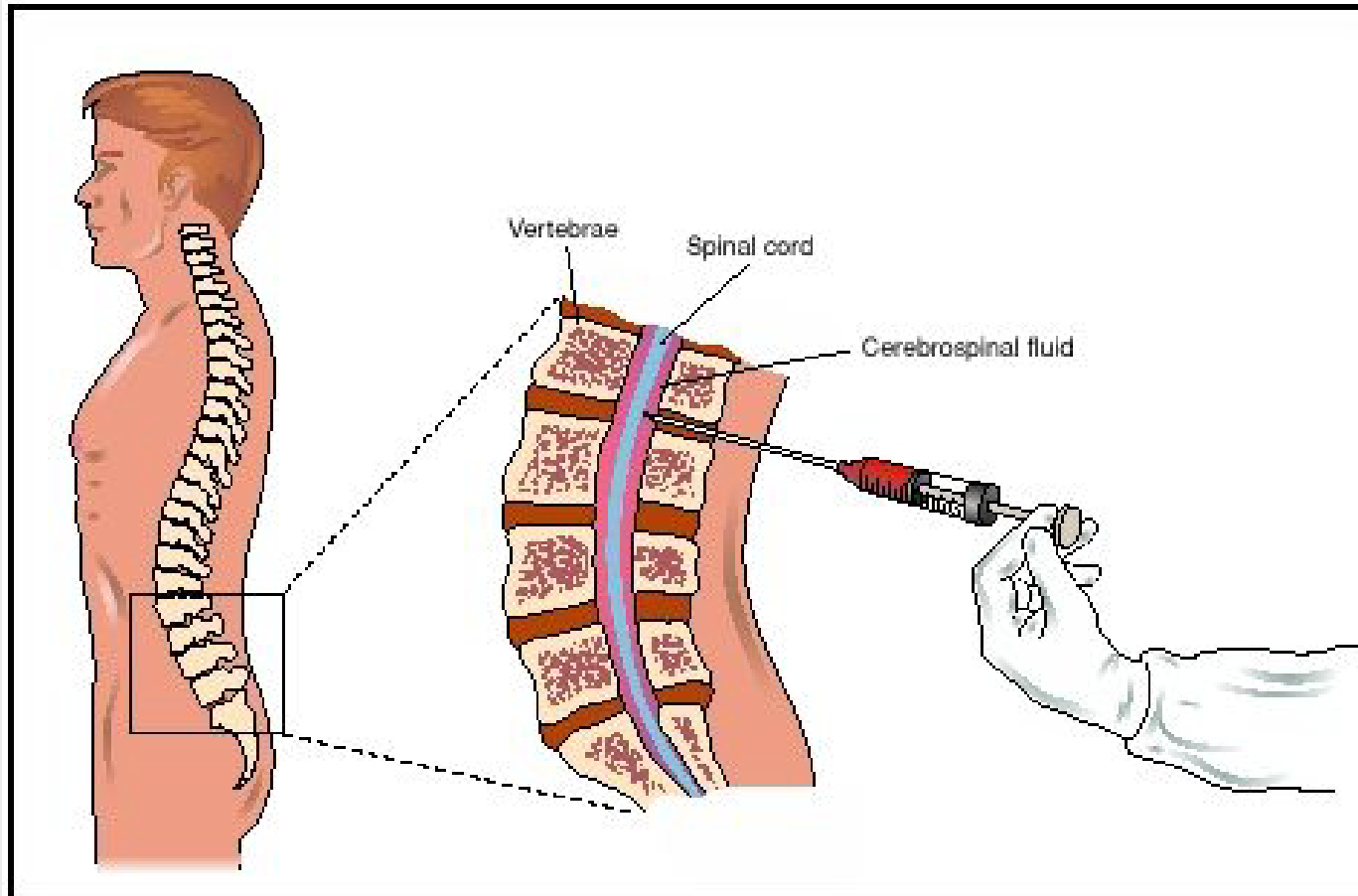
Why biomarkers?  
What biomarkers?  
Progress?

Quality of evidence  
Compartment

<b>Level 1</b>	<b>Initial Associations</b>	<b>Association with expert diagnosis</b>
<b>Level 2</b>	<b>Confirmation</b>	<b>Replication in independent sample that includes multiple related diseases</b>
<b>Level 3</b>	<b>Validation</b>	<b>Further replication in independent samples from multiple sites</b>
<b>Level 4</b>	<b>Clinical Research</b>	<b>Standardization of assay and use as disease surrogate in clinical research</b>
<b>Level 5</b>	<b>Primary Care</b>	<b>Adopted as part of standard work-up in primary care setting</b>

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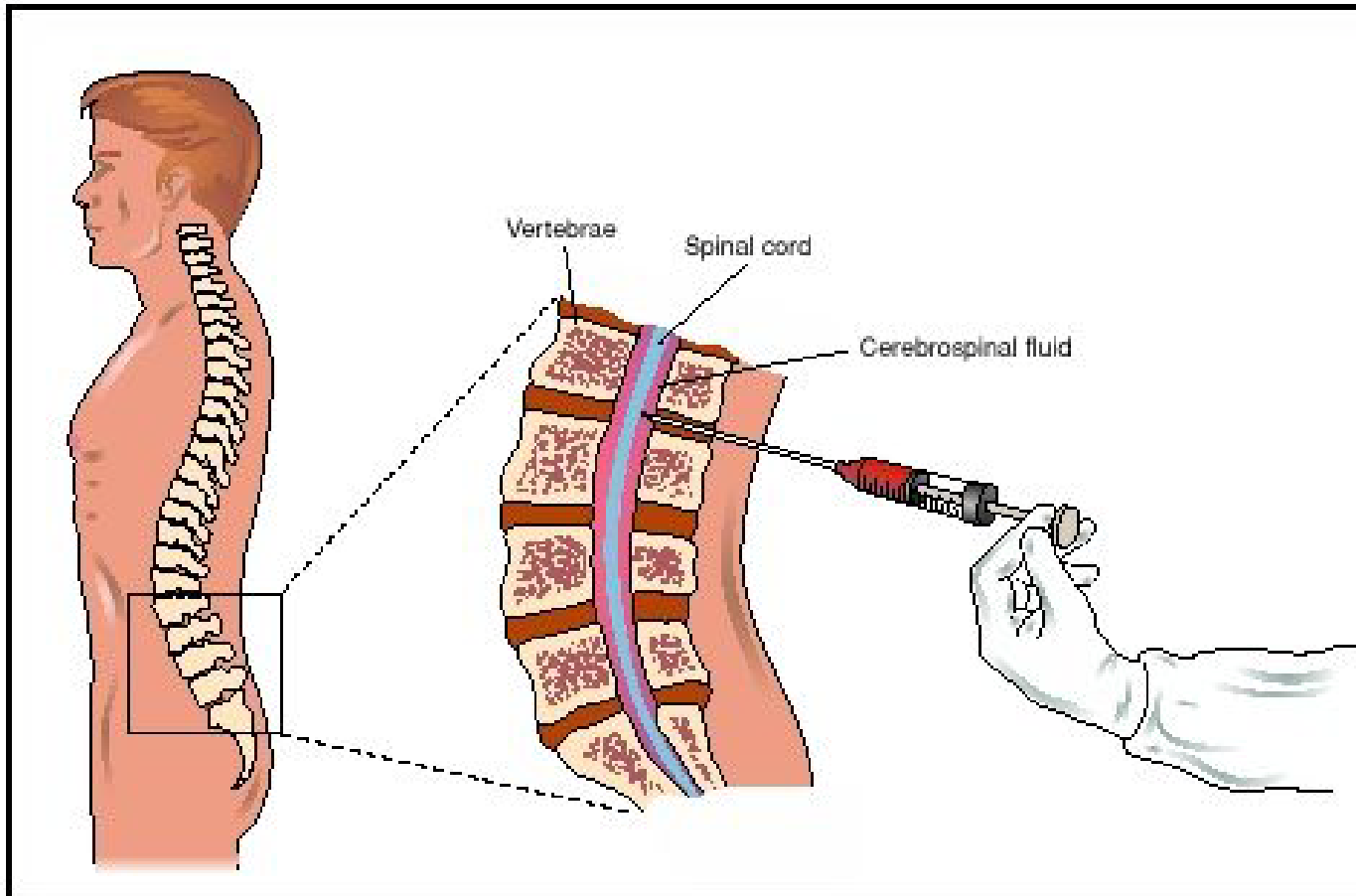




Why biomarkers?  
What biomarkers?  
Progress?

Quality of evidence  
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**CSF continues to be *the* site to yield reproducible results for diseases that cause cognitive impairment and dementia.**



Why biomarkers?  
 What biomarkers?  
 Progress?

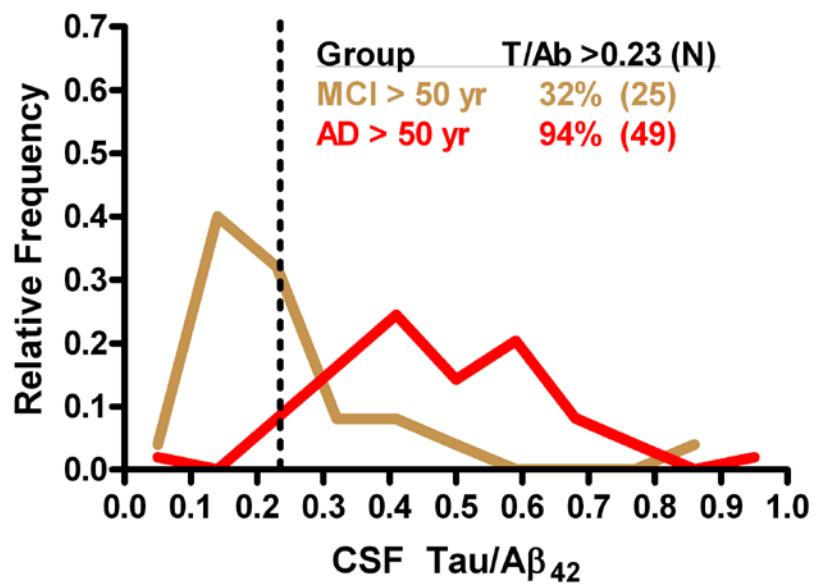
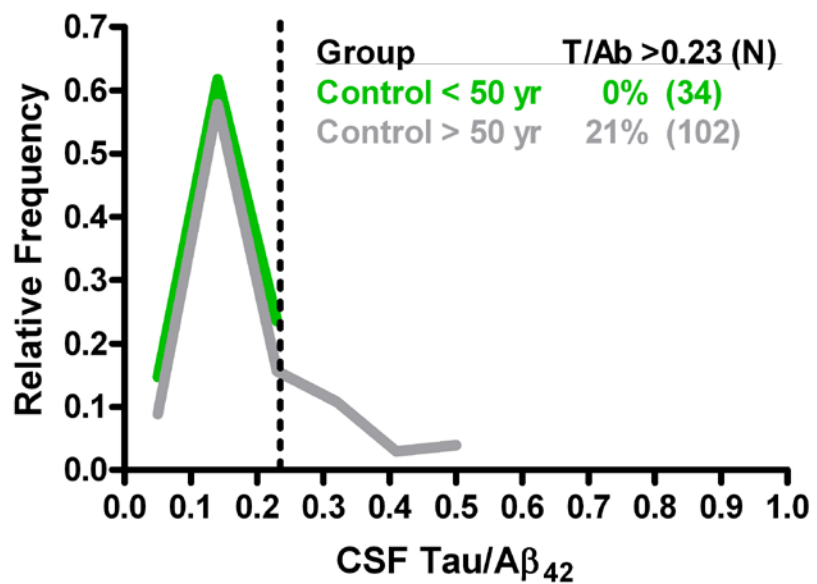
CSF biomarkers for AD  
 CSF biomarkers of drug action  
 CSF biomarkers for cognitive impairment in PD

<b>Evidence</b>	<i>Latency</i>	<i>Prodrome</i>	<i>Dementia</i>
<b>Level 1</b>	<b>Several</b>	<b>Many candidates</b>	<b>Many candidates</b>
<b>Level 2</b>	<b>F<sub>2</sub>-IsoPs tau-P231</b>	<b>F<sub>2</sub>-IsoPs, BACE1</b>	<b>A few MAPs</b>
<b>Level 3</b>	<b>A<math>\beta</math><sub>42</sub>, T-tau, tau-P181</b>	<b>tau-231</b>	<b>tau-P231 F<sub>2</sub>-IsoPs</b>
<b>Level 4</b>	<b>None</b>	<b>A<math>\beta</math><sub>42</sub> and T-tau tau-P181</b>	<b>A<math>\beta</math><sub>42</sub>, T-tau, tau-P181</b>
<b>Level 5</b>	<b>None</b>	<b>None</b>	<b>None</b>

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CSF biomarkers for AD  
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Evidence	Latency
Level 1	Several
Level 2	F <sub>2</sub> -IsoPs tau-P231
Level 3	Aβ <sub>42</sub> , T-tau, tau-P181
Level 4	None
Level 5	None

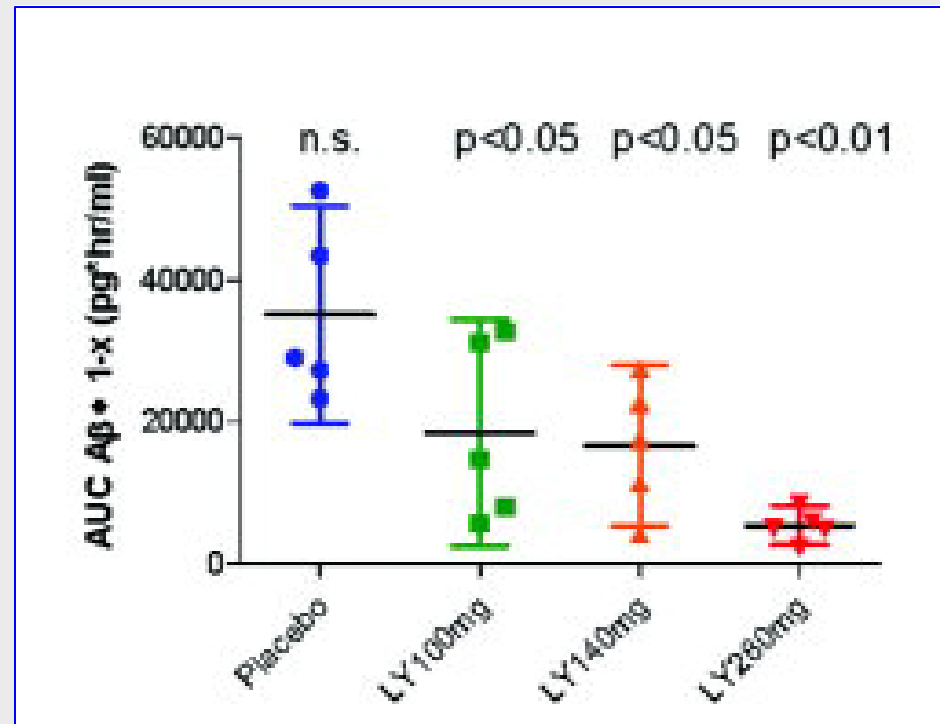


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CSF biomarkers for AD

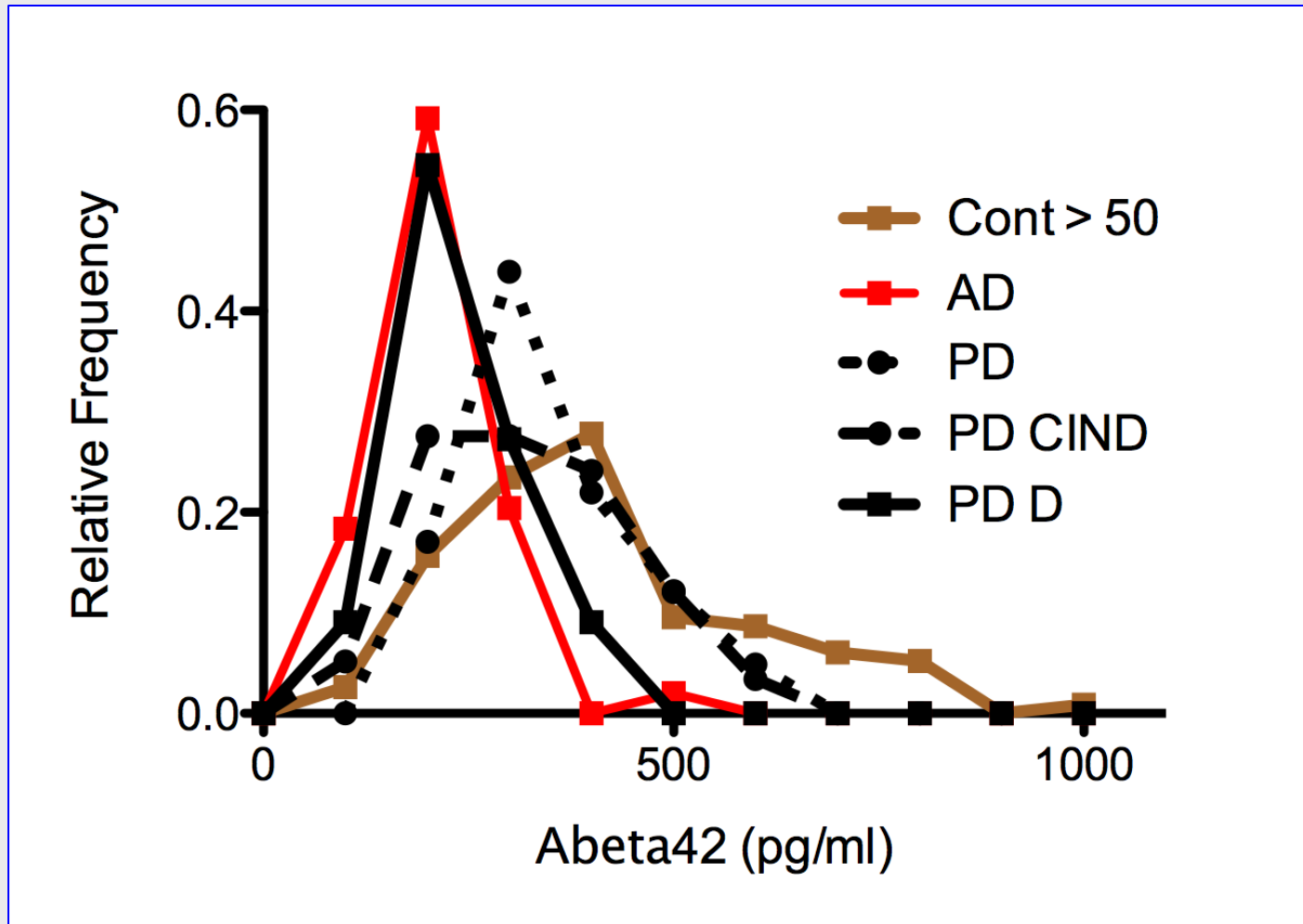
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	<b>Normal</b>	<b>Mild Impairment</b>		<b>Moderate to Severe Impair.</b>
<b>Neuropath Imaging Biomarkers</b>	<b>AD, LBD, and <math>\mu</math>VBI</b>			
	<b>None</b>	<b>+</b>	<b>++</b>	<b>+++</b>
<b><i>Disease Stage</i></b>	<b><i>No Disease</i></b>	<b><i>Latency</i></b>	<b><i>Prodrome</i></b>	<b><i>Dementia</i></b>
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Why biomarkers?  
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# Summary

CSF A $\beta$ 42 and tau species for AD  
 CSF A $\beta$ 42 for PD

Character of functional impairment

	Normal	Mild Impairment	Moderate to Severe Impair.	
Neuroimaging Biomarkers	AD, LBD, and $\mu$ VBI			
Disease Stage	None	+	++	+++
	<i>No Disease</i>	<i>Latency</i>	<i>Prodrome</i>	<i>Dementia</i>
Challenge 1	Identify disease-specific latency and prodrome			
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# Summary

**CSF A $\beta$ 42 and tau species for AD**  
**CSF A $\beta$ 42 for PD**

Character of functional impairment

Normal | Mild Impairment

Moderate to Severe Impair.

? CSF tau and others

Neuroimaging  
 Biomarkers

$\mu$ VBI

None | + | ++ | +++

*Disease Stage*  
 None Disease | Latency | Prodrome | Dementia

Challenge 1: Identify disease-specific latency and prodrome

Challenge 2: Quantify disease progression

Challenge 3: Quantify pharmacologic activity of experimental therapeutics



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CSF A $\beta$ 42 and tau species for AD  
 CSF A $\beta$ 42 for PD

Character of functional impairment

Normal | Mild Impairment

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? CSF tau and others

Neuroimaging  
 Biomarkers

$\mu$ VBI

None

+

++

+++

Disease Stage

No Disease

Light

CSF A $\beta$ 42 production for GSIs  
 CSF F<sub>2</sub>-IsoPs for anti-oxidants

Challenge 1

Identify disease prod

Challenge 2

Quantify disease progression

Challenge 3

Quantify pharmacologic activity of experimental therapeutics

- ***Patient Evaluation***

- Medical history and genetics to quantify risk
- Clinical examination and neuropsych testing
- Laboratory: Ensemble of imaging and biomarker data
  - Aid in diagnosis
  - Establish disease stage
  - Quantify progression or response to therapy

- ***Research needs***

- Reproducible peripheral biomarkers
- Focus on latent and prodromal stages
- Demonstrate pharmacologic action prior to therapeutic trial



# PANUC

*Pacific Northwest Udall Center*



## Thanks to ...

- Patients and their families
- Members of UW ADRC
- Alvord Endowment
- NIH for support



The University of Washington  
**Alzheimer's Disease Research Center**