

Neuropathology VS Neuromythology*



Pete Nelson

**-Thanks and apologies to Dr William Landau*

“I am delighted with your critical piece,
but distressed and dismayed at your
diffidence. Like God [*Sic!*], every
neuropathologist is entitled to the last
word, *ex officio*”

--Dr William Landau, MD
Washington University

What is Alzheimer's disease ?

What is Alzheimer's disease ?

NIA-Reagan Criteria (1997-2012)

Clinical

Cognitive impairment

Pathological

Neurofibrillary tangles

Neuritic amyloid plaques

Featured Articles

National Institute on Aging–Alzheimer's Association guidelines for the neuropathologic assessment of Alzheimer's disease

Bradley T. Hyman^a, Creighton H. Phelps^b, Thomas G. Beach^c, Eileen H. Bigio^d, Nigel J. Cairns^{e,f}, Maria C. Carrillo^g, Dennis W. Dickson^h, Charles Duyckaertsⁱ, Matthew P. Frosch^j, Eliezer Masliah^{k,l}, Suzanne S. Mirra^m, Peter T. Nelsonⁿ, Julie A. Schneider^{o,p,q}, Dietmar Rudolf Thal^r, Bill Thies^g, John Q. Trojanowski^s, Harry V. Vinters^{t,u}, Thomas J. Montine^{v,*}

Acta Neuropathol (2012) 123:1–11
DOI 10.1007/s00401-011-0910-3

CONSENSUS PAPER

National Institute on Aging–Alzheimer's Association guidelines for the neuropathologic assessment of Alzheimer's disease: a practical approach

Thomas J. Montine • Creighton H. Phelps • Thomas G. Beach • Eileen H. Bigio • Nigel J. Cairns • Dennis W. Dickson • Charles Duyckaerts • Matthew P. Frosch • Eliezer Masliah • Suzanne S. Mirra • Peter T. Nelson • Julie A. Schneider • Dietmar Rudolf Thal • John Q. Trojanowski • Harry V. Vinters • Bradley T. Hyman

What is Alzheimer's disease ?

NIA-AA Criteria (2012 →)

Clinical

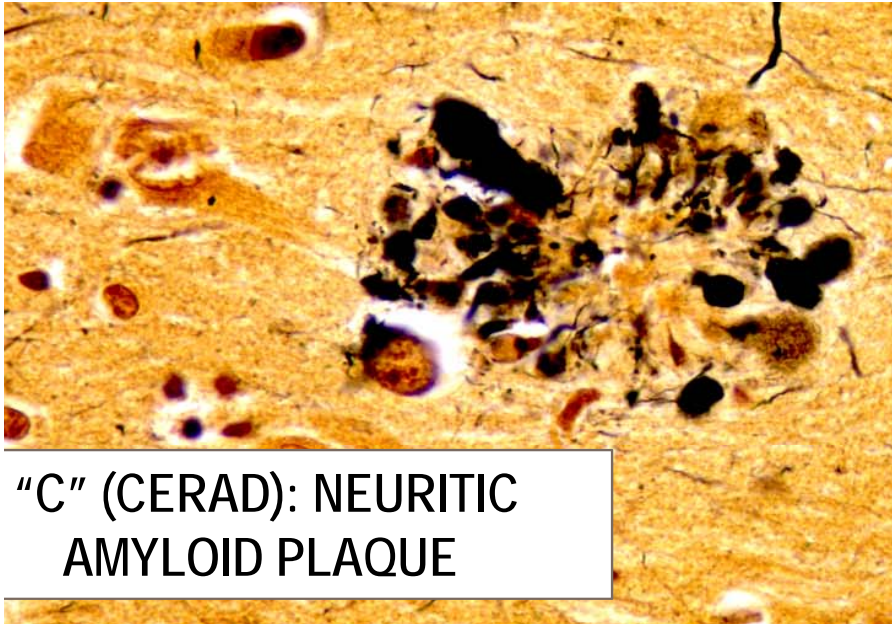
~~Cognitive impairment~~

Pathological

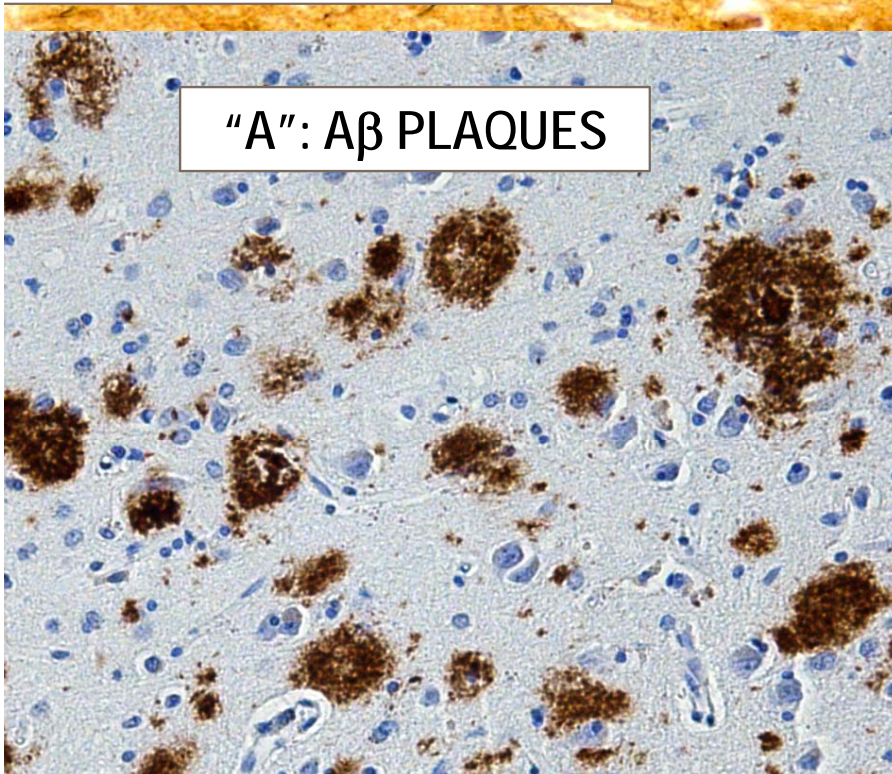
Neurofibrillary tangles

Neuritic amyloid plaques

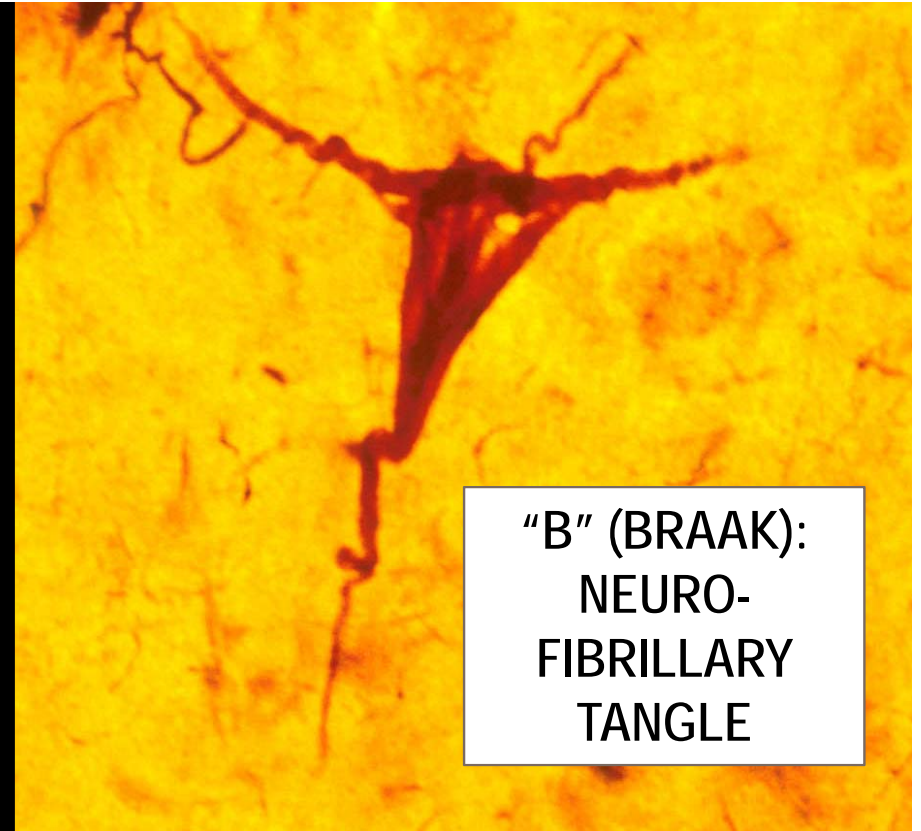
A β amyloid plaques



"C" (CERAD): NEURITIC
AMYLOID PLAQUE

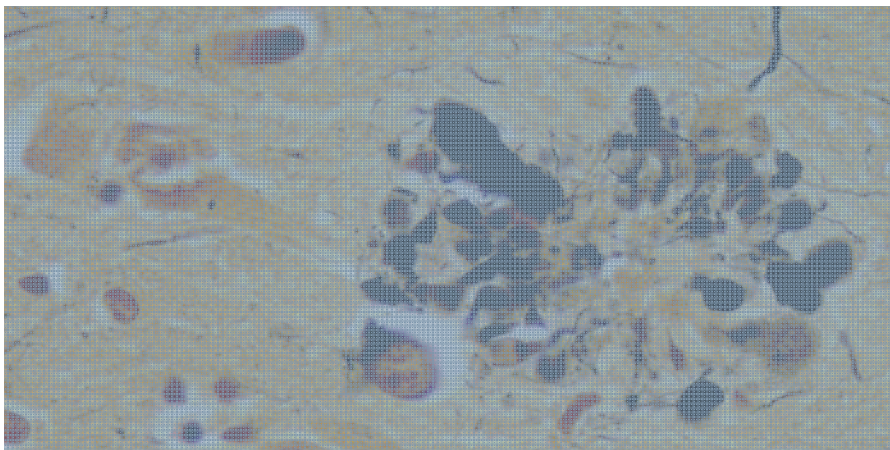


"A": A β PLAQUES

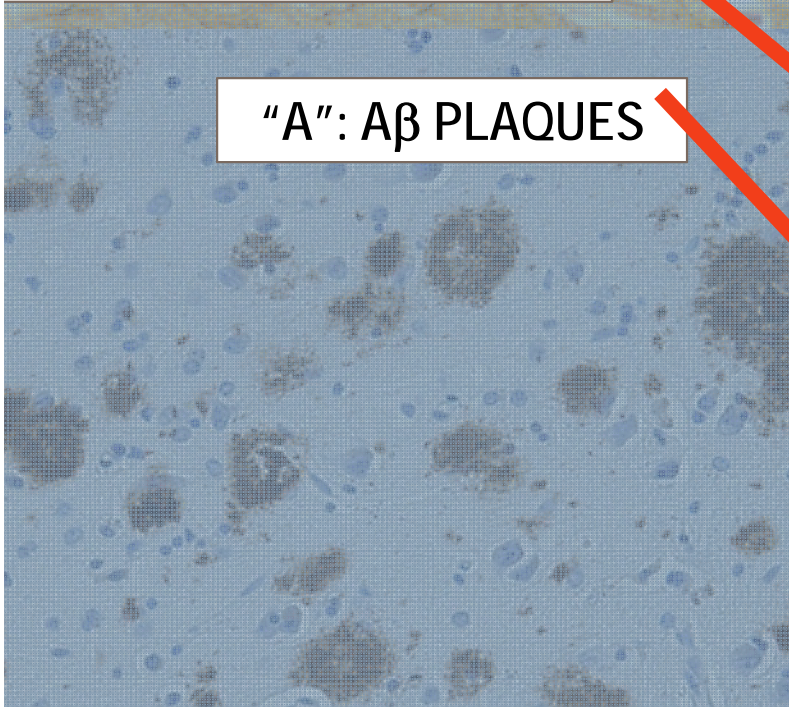


"B" (BRAAK):
NEURO-
FIBRILLARY
TANGLE

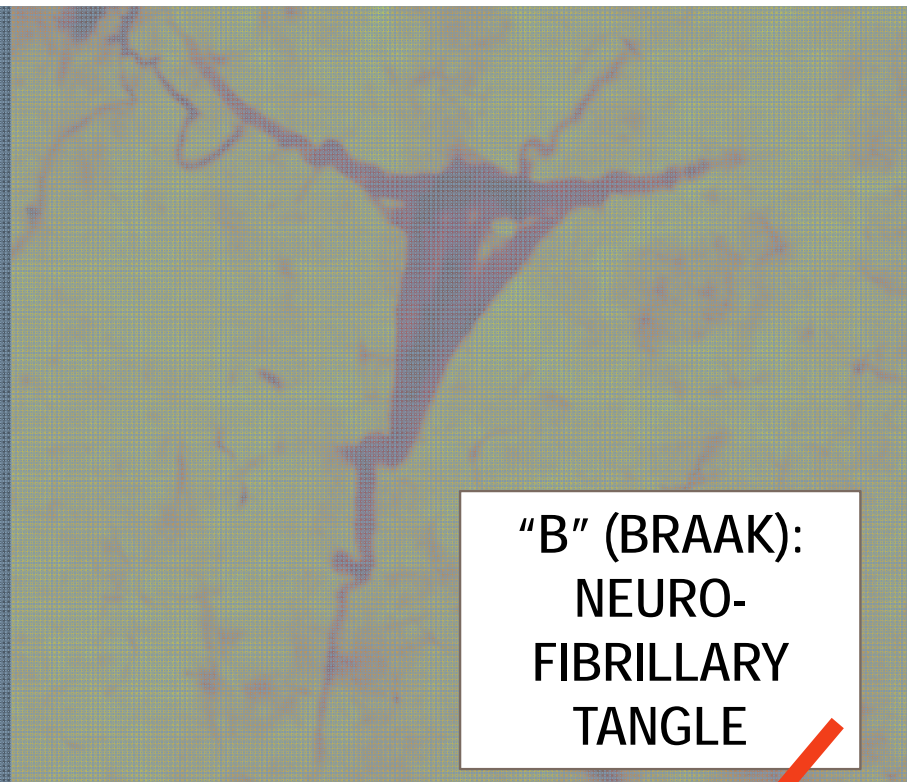
AD neuropathologic
hallmarks



"C" (CERAD): NEURITIC AMYLOID PLAQUE



"A": A β PLAQUES



"B" (BRAAK): NEURO-FIBRILLARY TANGLE

Table 3 "ABC" score for level of AD neuropathologic change

| AD neuropathologic change | | B ^a | | |
|---------------------------|---------------------|------------------|------------------|---------------------------|
| A ^b | C ^c | 0 or 1 | 2 | 3 |
| 0 | 0 | Not ^d | Not ^d | Not ^d |
| 1 | 0 or 1 | Low | Low | Low ^e |
| | 2 or 3 ^f | Low | Intermediate | Intermediate ^e |
| 2 | Any C | Low ^g | Intermediate | Intermediate ^e |
| 3 | 0 or 1 | Low ^g | Intermediate | Intermediate ^e |
| | 2 or 3 | Low ^g | Intermediate | High |

T Montine et al, Acta NP 2012→

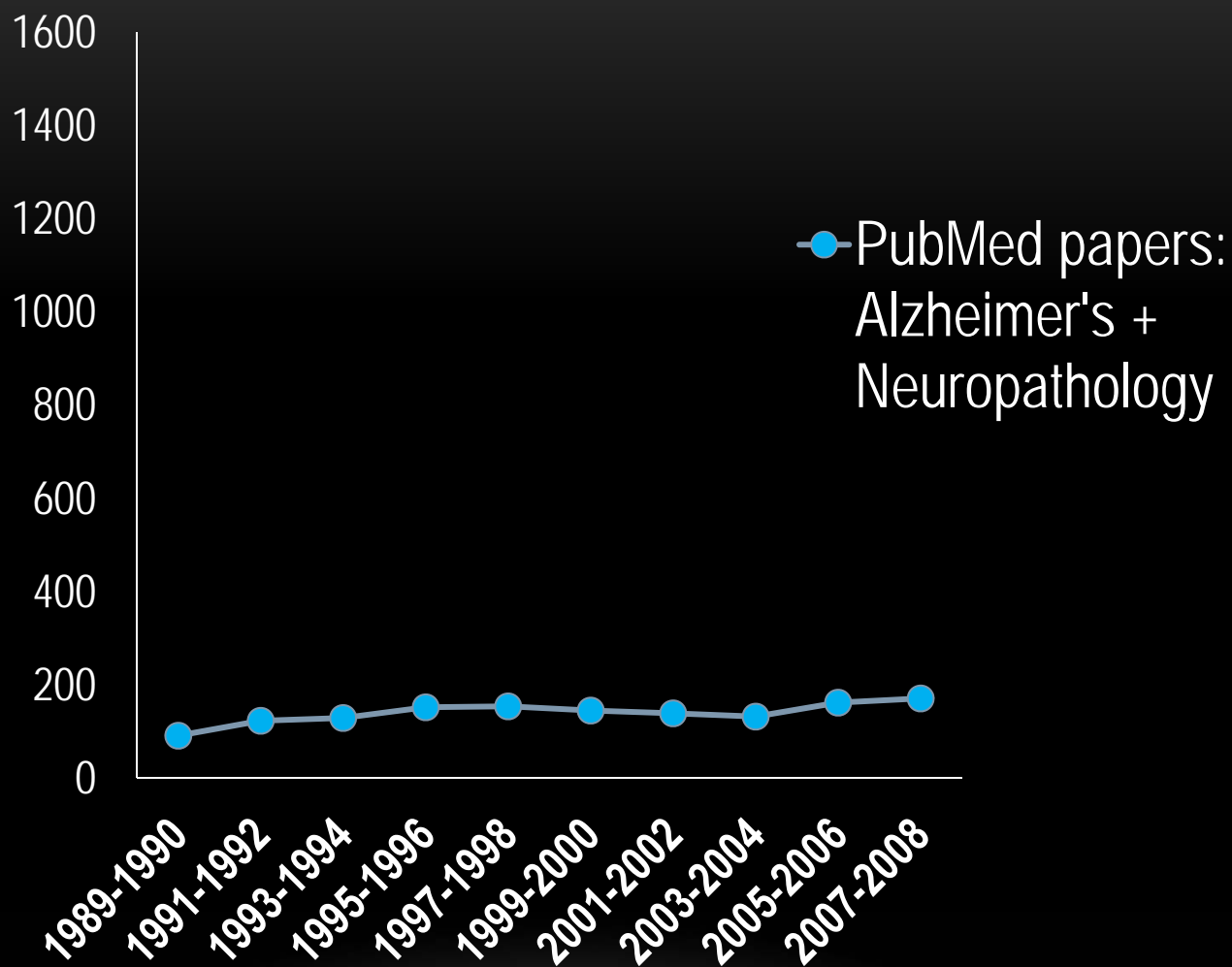
AD neuropathologic change is evaluated with an "ABC" score (Table 3): A β /amyloid plaques (A), NT

DATA

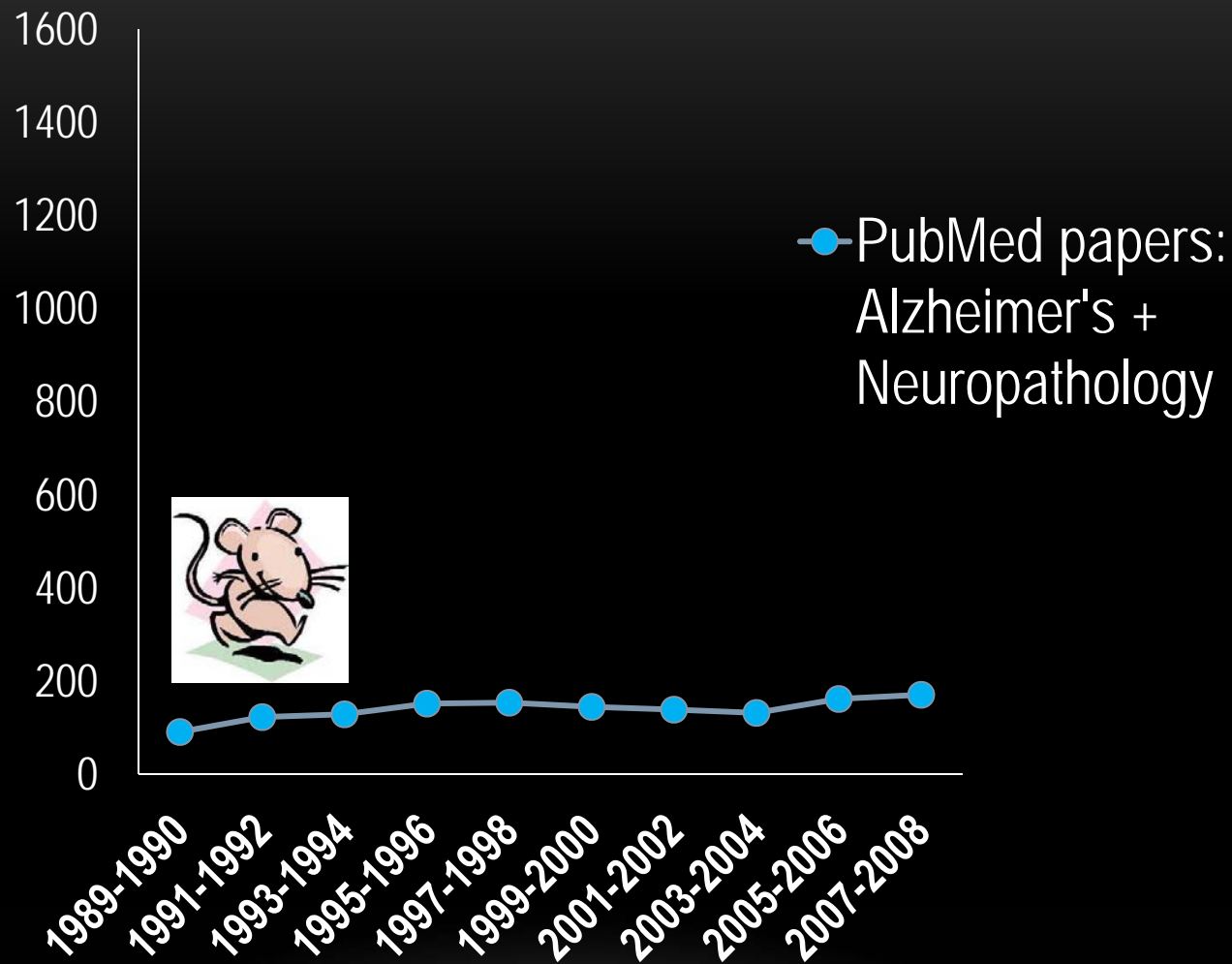
Recent years have
seen dramatic
advancements

*A central role for
ADCs and NACC*

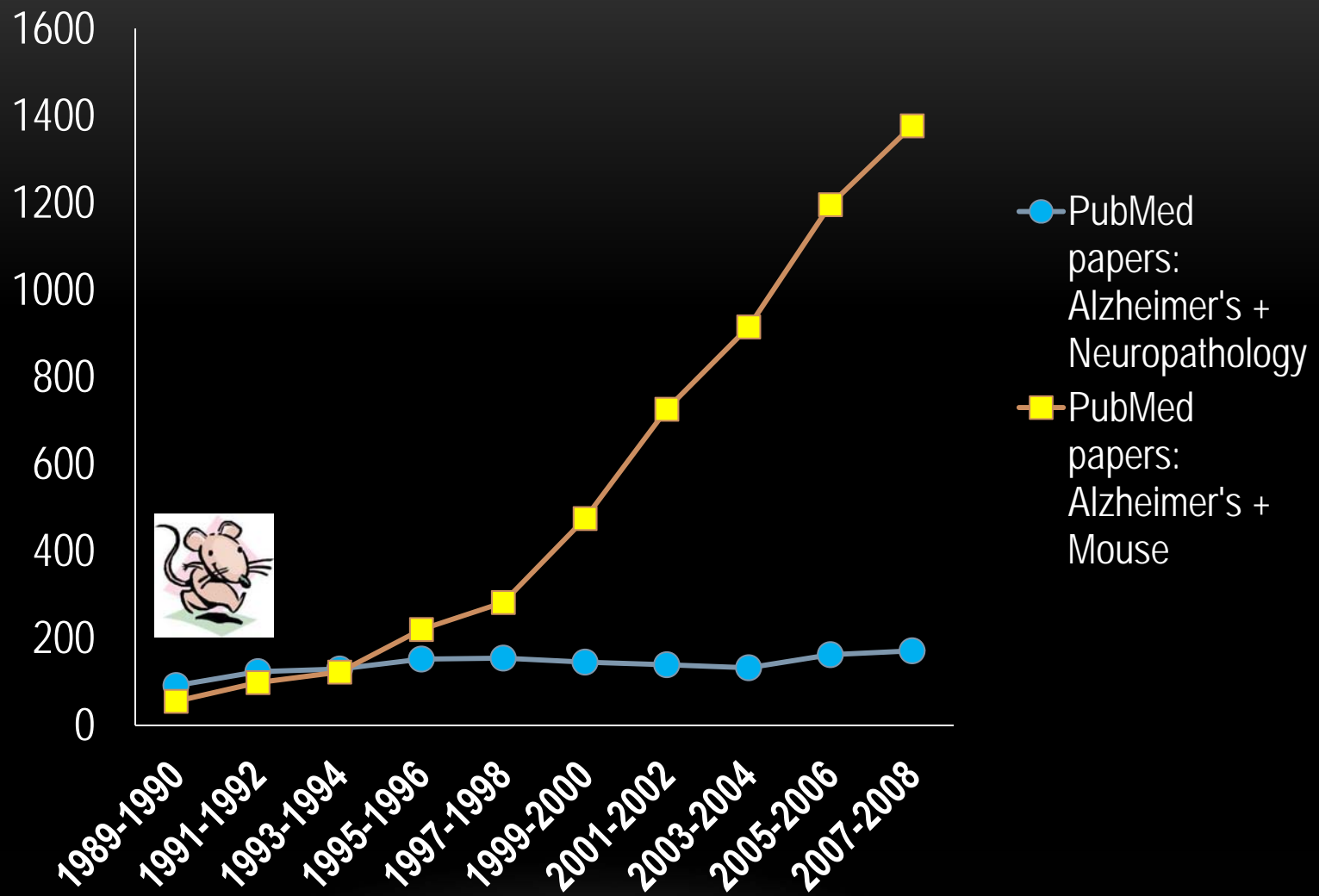
Total Number of Papers in PubMed



Total Number of Papers in PubMed



Total Number of Papers in PubMed



*Better data →
more valid
conclusions*

ADCs and related series: *a new standard*

- Longitudinal assessment
- Improving clinical & neurocognitive evaluation
- Improving pathological evaluation (new diseases!)
- More variables, more quantitative correlation

ADCs and related series: *a new standard*

- Longitudinal assessment
- Improving clinical & neurocognitive evaluation
- Improving pathological evaluation (new diseases!)
- More variables, more quantitative correlation

Allow us to start leaving behind studies with:

- Overly interpreted under-evaluated patients
- Fewer variables, over-dichotomization
- “The Anecdote”

Neuropathology *vs* Neuromythology

Myth Roundup

1. Clinicians are 90% specific in AD diagnosis
2. Plaques and tangles don't correlate with dementia
 - A. End-stage AD pathology can be seen in cognitively normal individuals
 - B. There is dissociation between AD pathology and cognitive impairment in "advanced old age"
 - C. AD is just "brain aging", and vice versa

Myth #1

1. Clinicians are 90% specific in AD diagnosis

Myth #1 A

1. Clinicians are 90% specific in AD diagnosis

Corollary myth:

There is only one disease that causes
cognitive impairment in the elderly

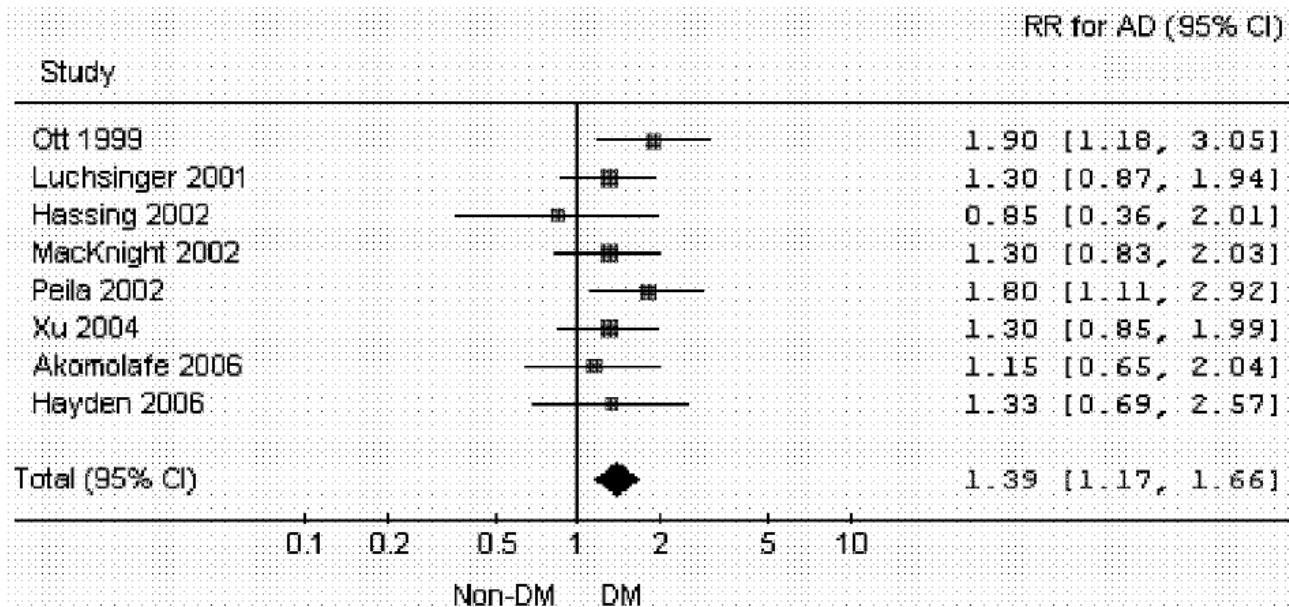
Alagille Syndrome
Alcohol-Related Liver Disease
Alpha-1 Antitrypsin Deficiency
Autoimmune Hepatitis
Benign Liver Tumors
Biliary Atresia
Cirrhosis of unknown cause
Galactosemia
Gilbert Syndrome
Hemochromatosis
Hepatitis A-->E
Hepatocellular Carcinoma
Liver Cysts
Liver Cancer
Liver Transplant
Non-Alcoholic Fatty Liver Disease
Primary Biliary Cirrhosis (PBC)
Primary Sclerosing Cholangitis (PSC)
Reye Syndrome
Type I Glycogen Storage Disease
Wilson Disease

LIVER DISEASE !!!! (lots of em)

Diabetes and the Risk of Multi-System Aging Phenotypes: A Systematic Review and Meta-Analysis

Feng-Ping Lu^{1,2}, Kun-Pei Lin^{1,3}, Hsu-Ko Kuo^{1,4,5*}

1 Department of Geriatrics and Gerontology, National Taiwan University Hospital, Taipei, Taiwan, **2** Institute of Health Policy and Management, College of Public Health, National Taiwan University, Taipei, Taiwan, **3** Institute of Epidemiology, College of Public Health, National Taiwan University, Taipei, Taiwan, **4** Department of Internal Medicine, National Taiwan University Hospital, Taipei, Taiwan, **5** Division of Gerontology Research, National Health Research Institutes, Taipei, Taiwan



>20,000
individuals

$P < 0.001$

Meta-analysis of clinical (no-autopsy) studies: **positive** association between “Alzheimer’s disease” and diabetes

Studies with brain autopsies show the opposite result

| Study | Diabetics | Non-diabetics | In diabetics, versus nondiabetics | |
|--------------------------|---------------------|---------------|-----------------------------------|------------------------|
| | <i>N</i> | <i>N</i> | Risk of AD pathology | Risk of CVD pathology |
| Heitner and Dickson [89] | 49 | 52 | Not increased | Not evaluated |
| Peila et al. [166] | 216 total autopsies | | Not increased ^a | Increased |
| Janson et al. [98] | 28 | 19 | Not increased ^b | Not evaluated |
| Beeri et al. [24] | 61 | 324 | Decreased | Increased |
| Arvanitakis et al. [15] | 36 | 197 | Not increased | Increased |
| Nelson et al. [149] | 50 | 189 | Decreased | Increased |
| Sonnen et al. [210] | 59 | 137 | Decreased ^c | Increased |
| Ahtiluoto et al. [8] | 70 | 221 | Decreased | Increased |
| Matsuzaki et al. [135] | 135 total autopsies | | Not clear ^d | Not clear ^d |

*Nelson et al,
Acta Neuropathologica, 2011*

Studies with brain autopsies show the opposite result

| Study | Diabetics | Non-diabetics | In diabetics, versus nondiabetics | |
|--------------------------|---------------------|---------------|-----------------------------------|------------------------|
| | <i>N</i> | <i>N</i> | Risk of AD pathology | Risk of CVD pathology |
| Heitner and Dickson [89] | 49 | 52 | Not increased | Not evaluated |
| Peila et al. [166] | 216 total autopsies | | Not increased ^a | Increased |
| Janson et al. [98] | 28 | 19 | Not increased ^b | Not evaluated |
| Beerli et al. [24] | 61 | 324 | Decreased | Increased |
| Arvanitakis et al. [15] | 36 | 197 | Not increased | Increased |
| Nelson et al. [149] | 50 | 189 | Decreased | Increased |
| Sonnen et al. [210] | 59 | 137 | Decreased ^c | Increased |
| Ahtiluoto et al. [8] | 70 | 221 | Decreased | Increased |
| Matsuzaki et al. [135] | 135 total autopsies | | Not clear ^d | Not clear ^d |

Diabetes is associated with increased cerebrovascular disease, **not AD**, pathology (N>1,600)



4-16
©2010 COVERUP
SPEEDBUMP.COM
DIST. BY CREATORS

Crit Care. 2007;11(2):R48.

Premortem clinical diagnoses and postmortem autopsy findings: discrepancies in critically ill cancer patients.

Pastores SM, Dulu A, Voigt L, Raoof N, Alicea M, Halpern NA.

“There was a discrepancy rate of 26% between premortem clinical diagnoses and postmortem findings in cancer patients...” (26% had major missed diagnoses)

- 54% of autopsies revealed a new diagnosis with potential adverse impact on survival

JAMA. 2003 Jun 4;289(21):2849-56.

Changes in rates of autopsy-detected diagnostic errors over time: a systematic review.

Shojania KG, Burton EC, McDonald KM, Goldman L.

(based on systematic review of autopsy series)

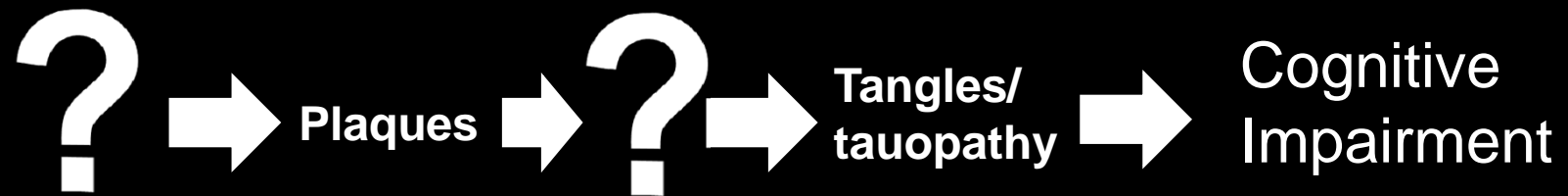
“A contemporary US institution could observe a major error (clinically MISSED diagnoses involving a ‘primary cause of death’) rate from 8.4% to 24.4%”

Myth #2

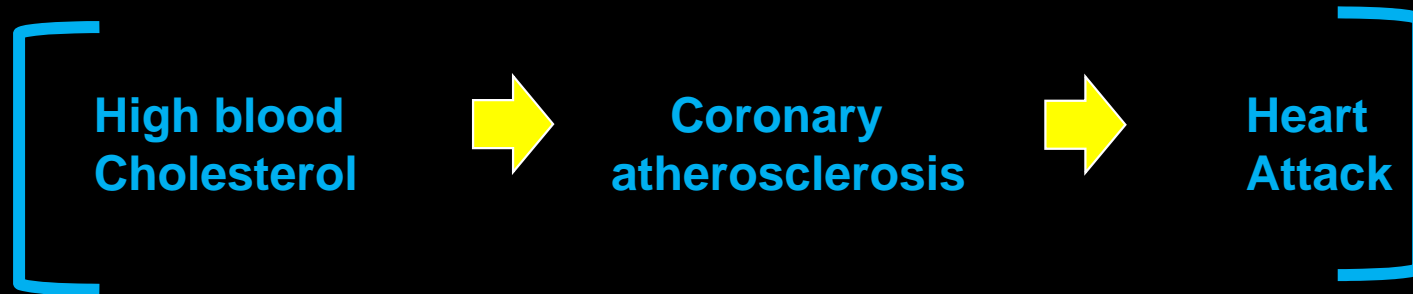
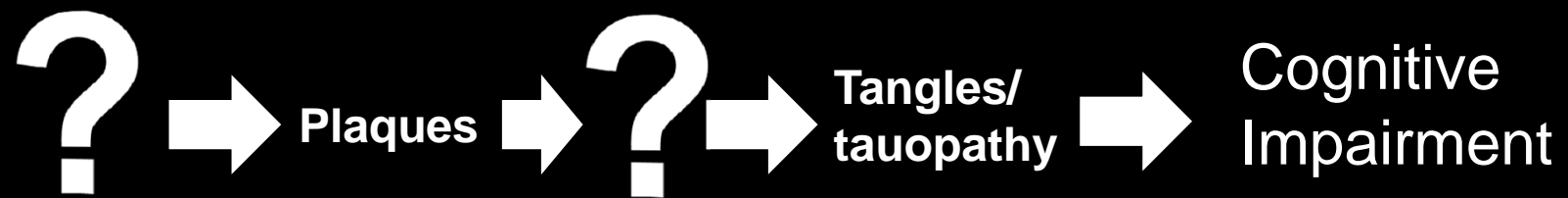
2. Plaques and tangles don't correlate with cognitive impairment

AREN'T
WE IN THE
POST-
PLAQUE & TANGLE
ERA ????????

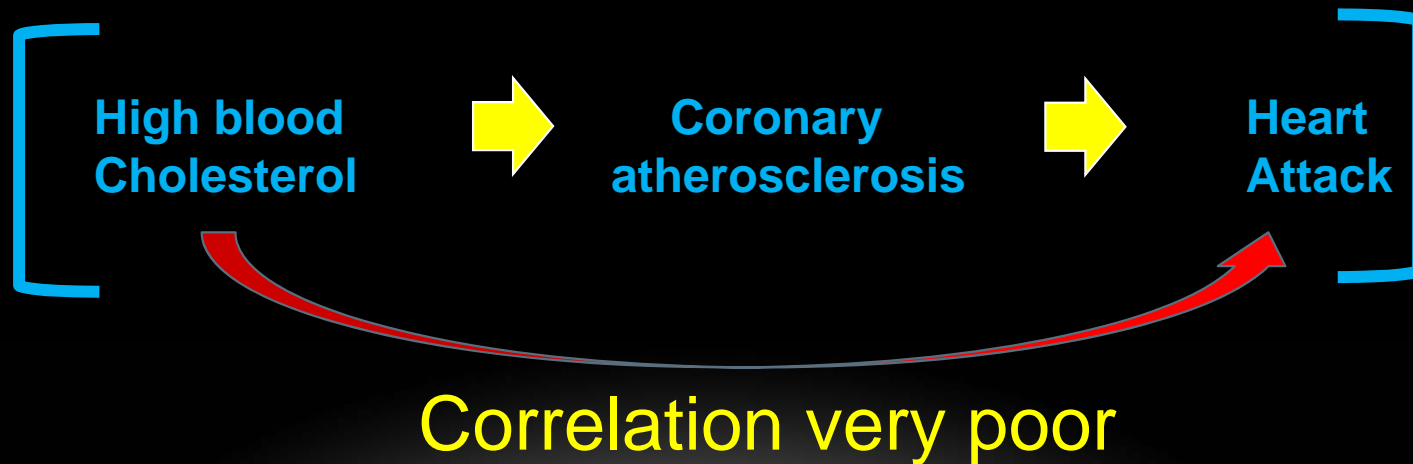
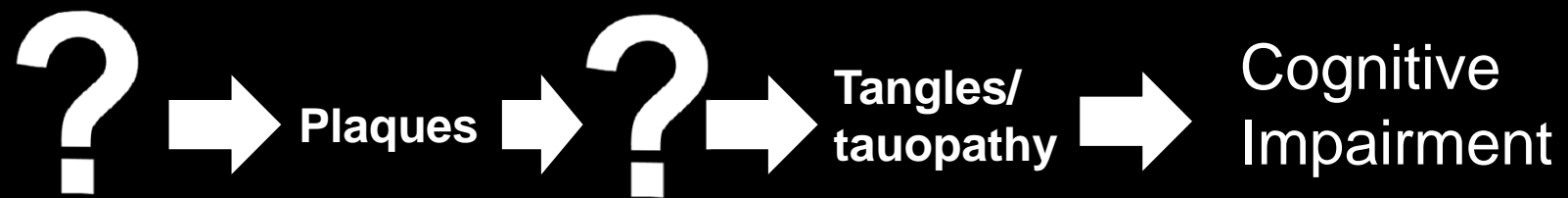
(Hypothesis)



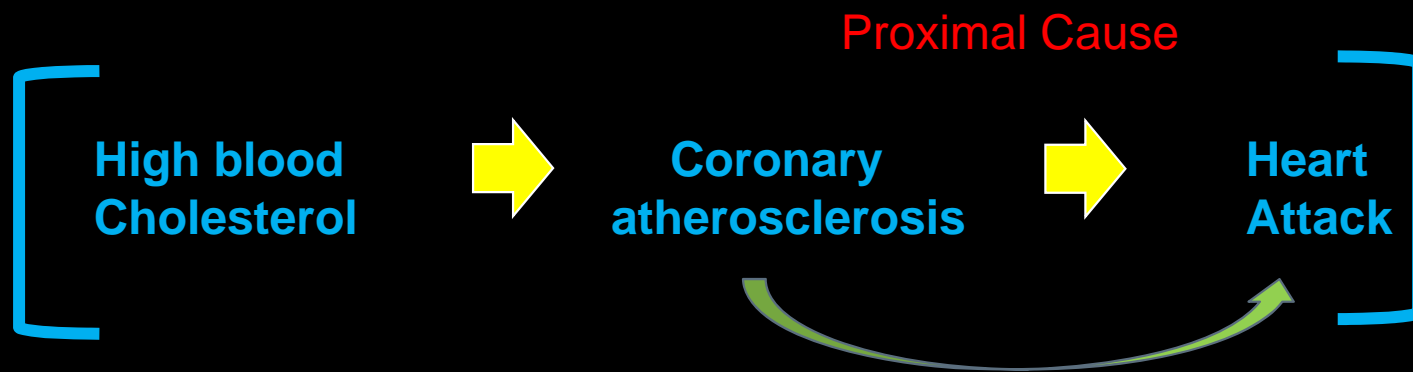
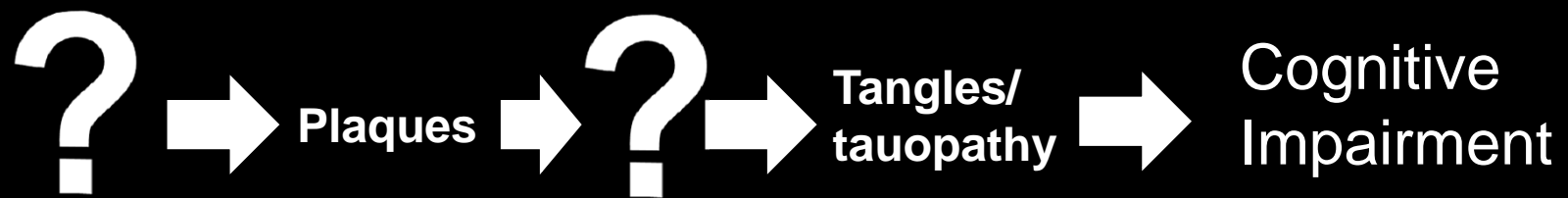
(Hypothesis)



(Hypothesis)

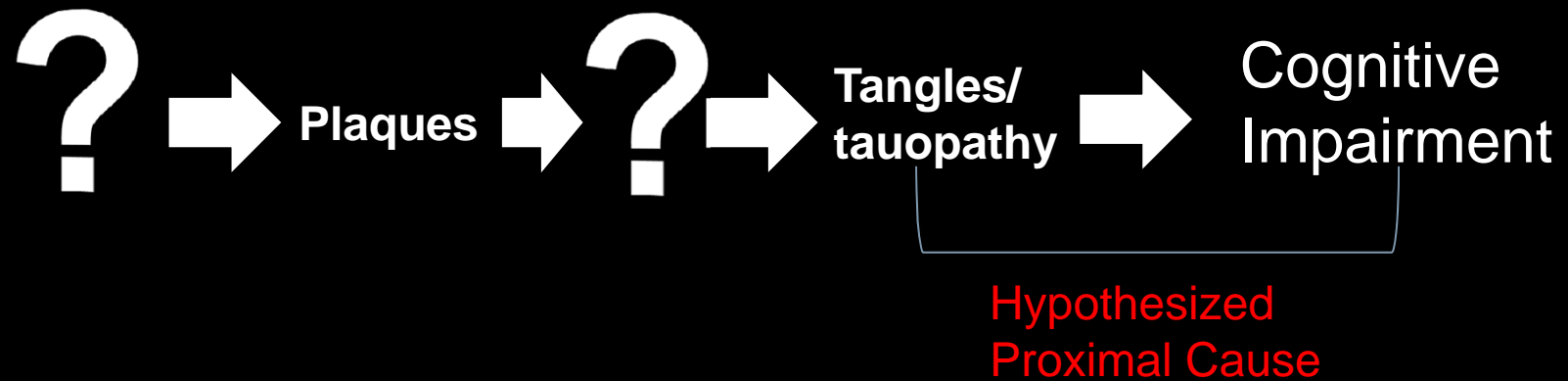


(Hypothesis)

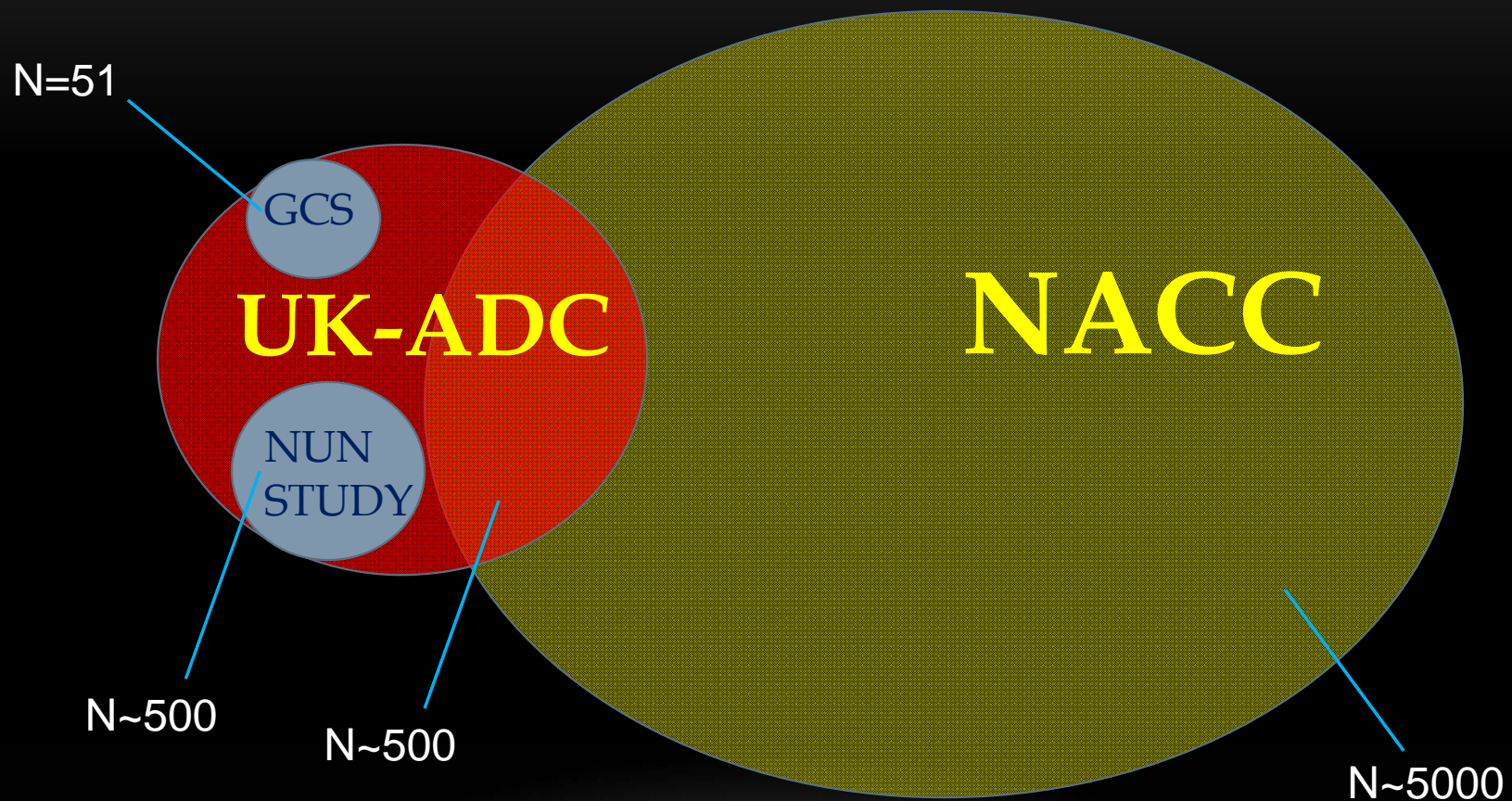


Correlation much better

(Hypothesis)

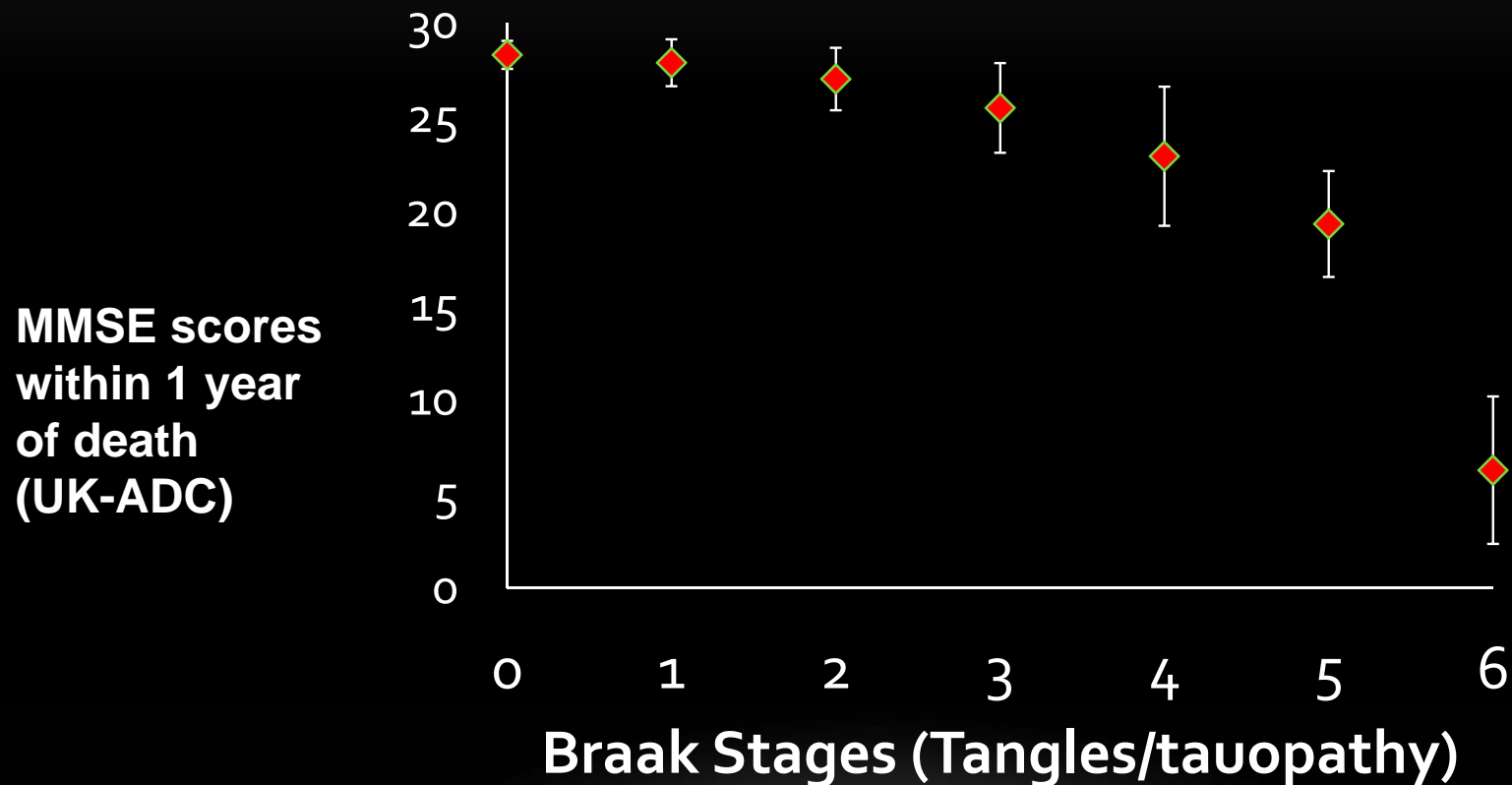


Clinical-pathological studies: incredibly rich resources with replete antemortem data and thorough autopsy information



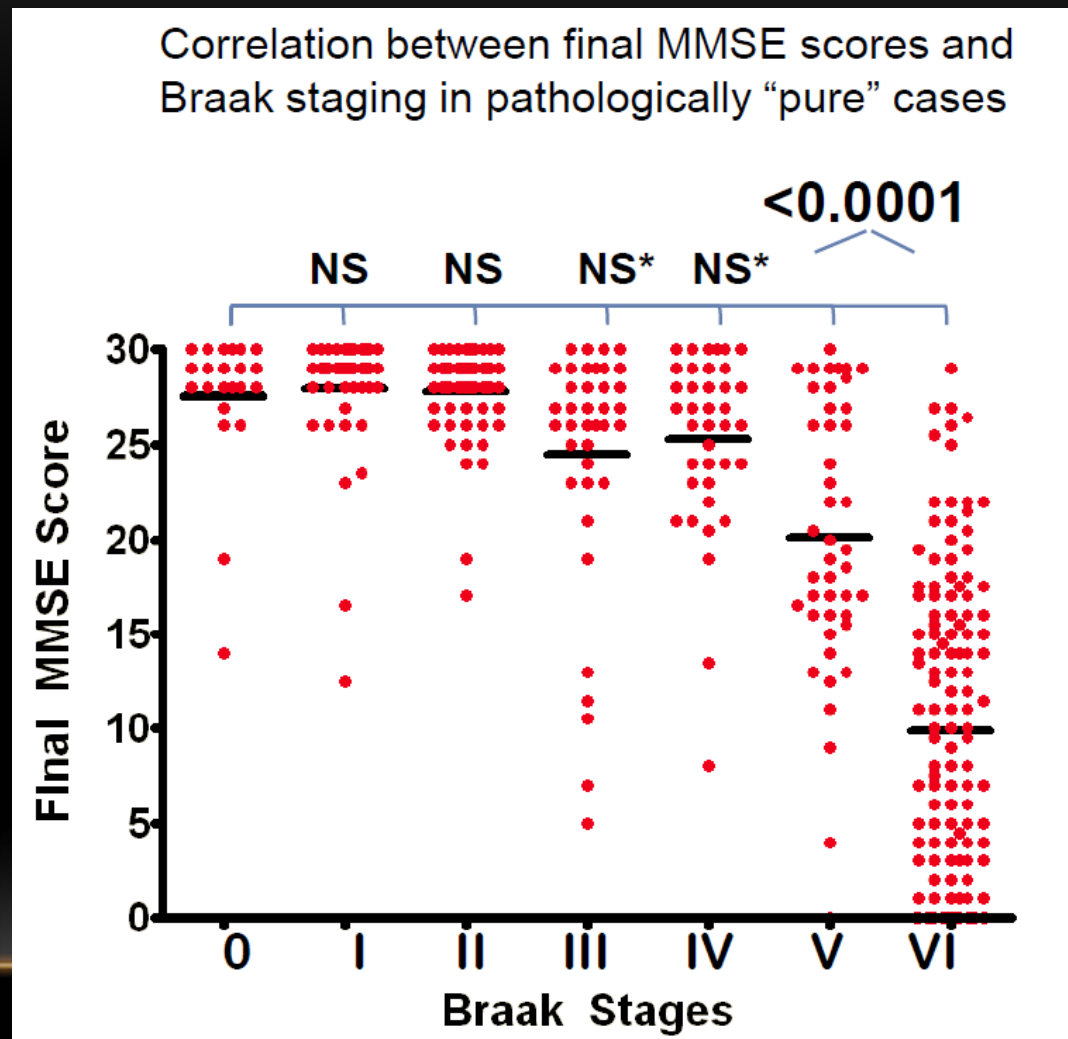
Brain pathology correlates strongly with the severity of cognitive impairment

MMSE Scores by Braak Stages

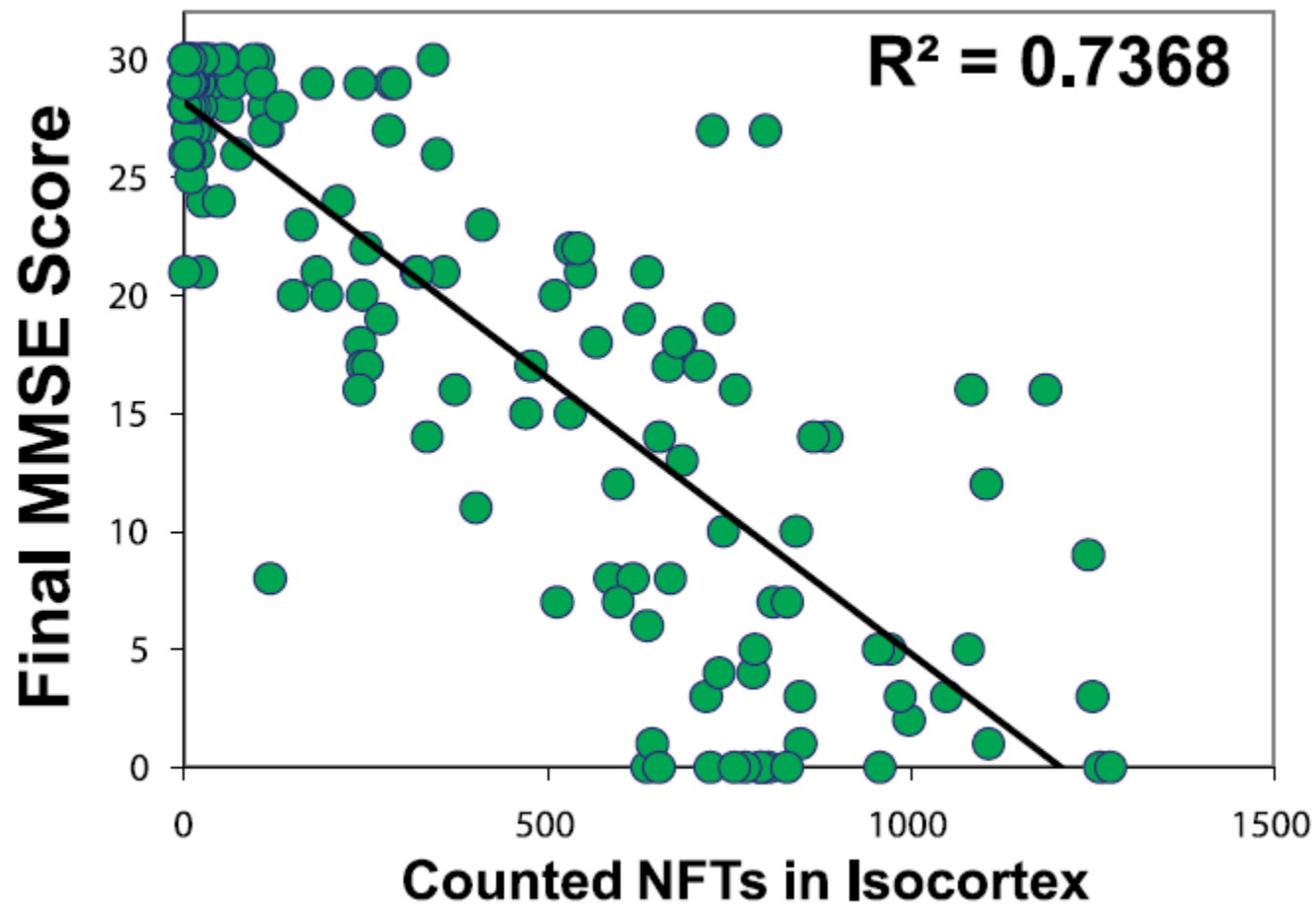


Brain pathology correlates strongly with the severity of cognitive impairment

(Nun Study)



**Best correlate with cognitive status:
Neocortical NFTs**



Myth #2A

2. Plaques and tangles don't correlate with cognitive impairment

Corollary Myth

End-stage AD pathology can be seen in cognitively normal individuals

*PT Nelson, H Braak, and
WR Markesbery,
JNEN 2009*

**10 good studies
+1 case report
555
nondemented
Individuals**

**12 Braak stage V
3 Braak stage VI**

2.7% with “AD path”

TABLE 2. Autopsy Series on Nondemented Persons With False-Positive Pathological Diagnosis of National Institute or Aging–Reagan Institute High Likelihood for Alzheimer Disease (Braak Stages V and VI)

| Nondemented, n | Braak Stage V | Braak Stage VI | Total Braak Stage V/VI | Referen |
|-------------------|------------------|-------------------|---------------------------|---------|
| 1* | 0 | 1* | 1 | (47) |
| 49 | 0 | 0 | 0† | (48) |
| 142 | 1 | 0 | 1 | (33) |
| 39 | 1 | 0 | 1 | (49) |
| 42 | 3 | 0 | 3 | (50) |
| 18 | 0 | 0 | 0† | (56) |
| 17 | 0 | 0 | 0† | (55) |
| 89 | ?‡ | ?‡ | 3‡ | (57) |
| 31 | 0 | 0 | 0 | (51) |
| 68 | 1 | 1 | 2 | (54) |
| 59§ | 3 | 1§ | 4 | |
| n = 555 | | | n = 15 | |

*Case report (47).

†Braak stages inferred.

‡Cases designated as Braak V/VI.

§From the University of Kentucky Alzheimer's Disease Center, Braak VI case v relatively low neocortical neurofibrillary tangles (Fig. 5).

2.7% of patients thought to be
“nondemented” show Braak
stages V (12/555) or VI (3/555)

Well,

what did
you
expect?

Post-operative MRI following glioma resection

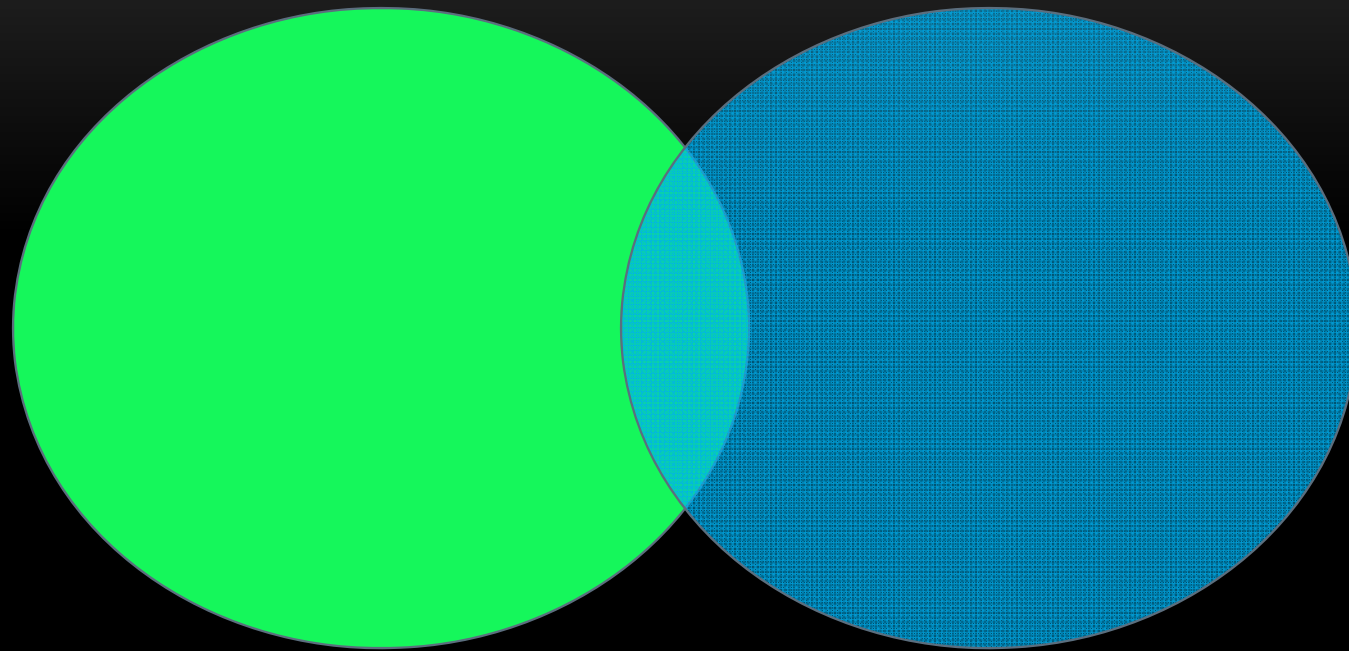
Post-operative MMSE score = 30/30

**“Cognitive Reserve”
is NOT
a myth**



Long term reshaping of language, sensory, and motor maps after glioma resection: a new parameter to integrate in the surgical strategy

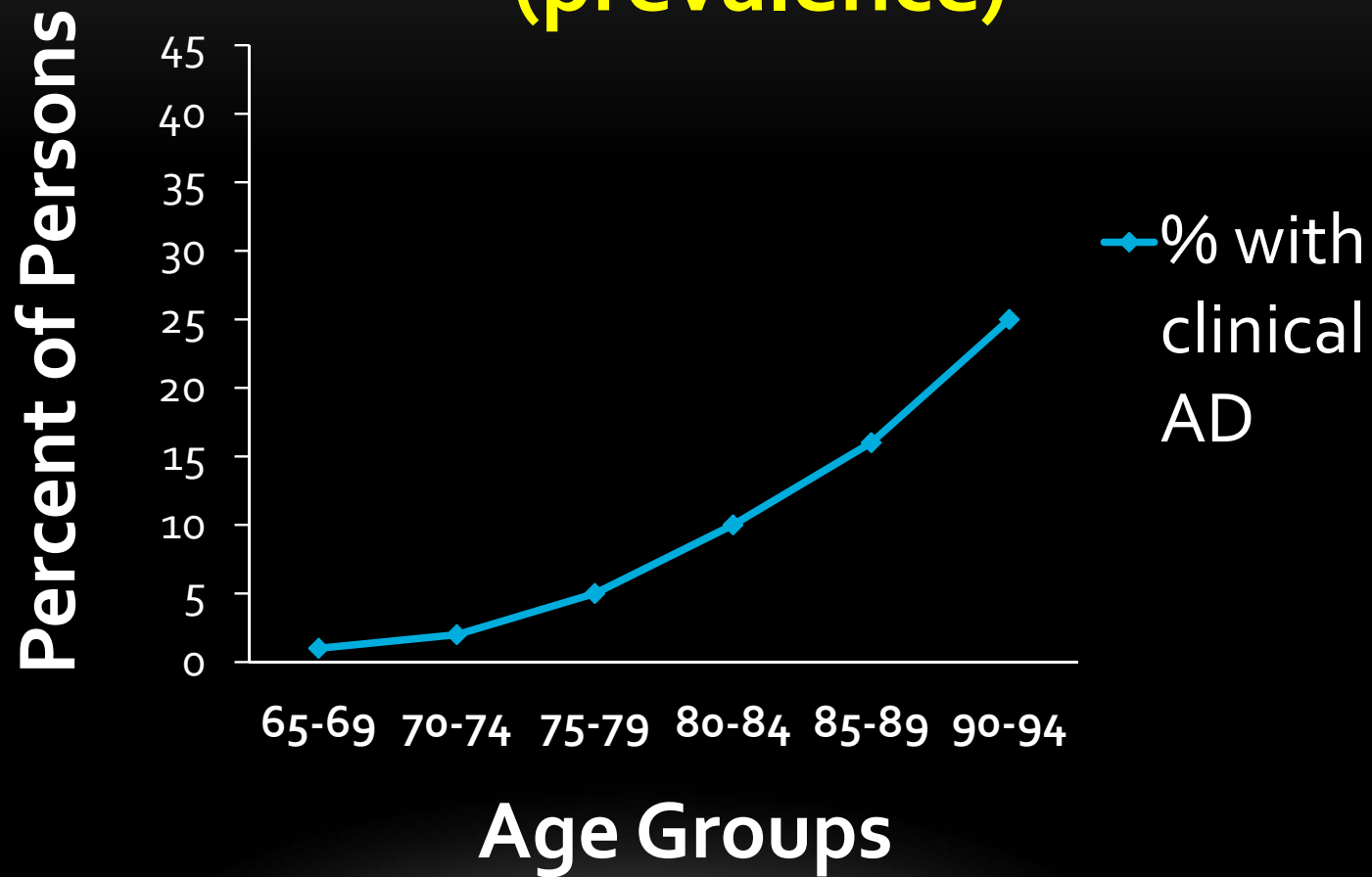
H Duffau, D Denvil, L Capelle

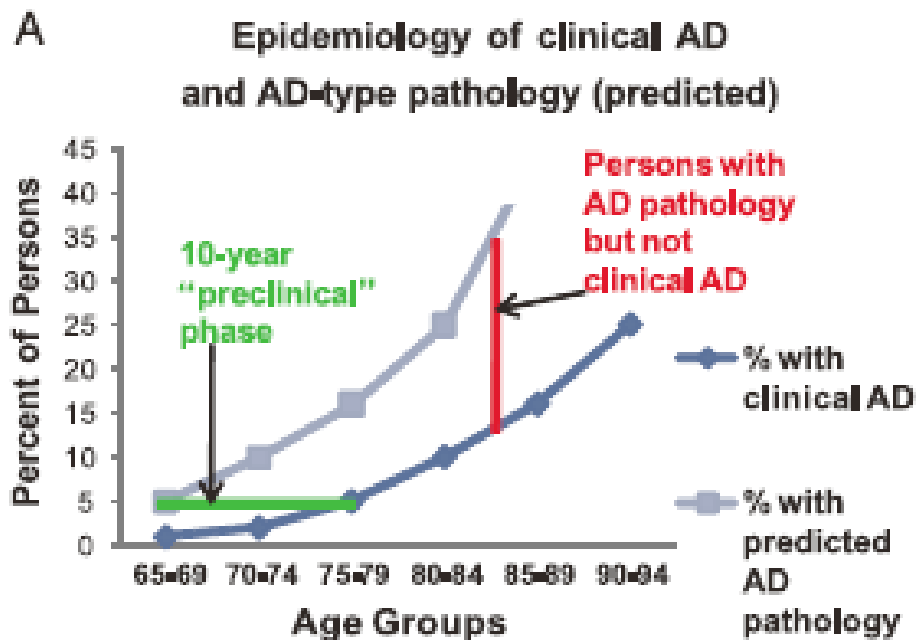


Epidemiology

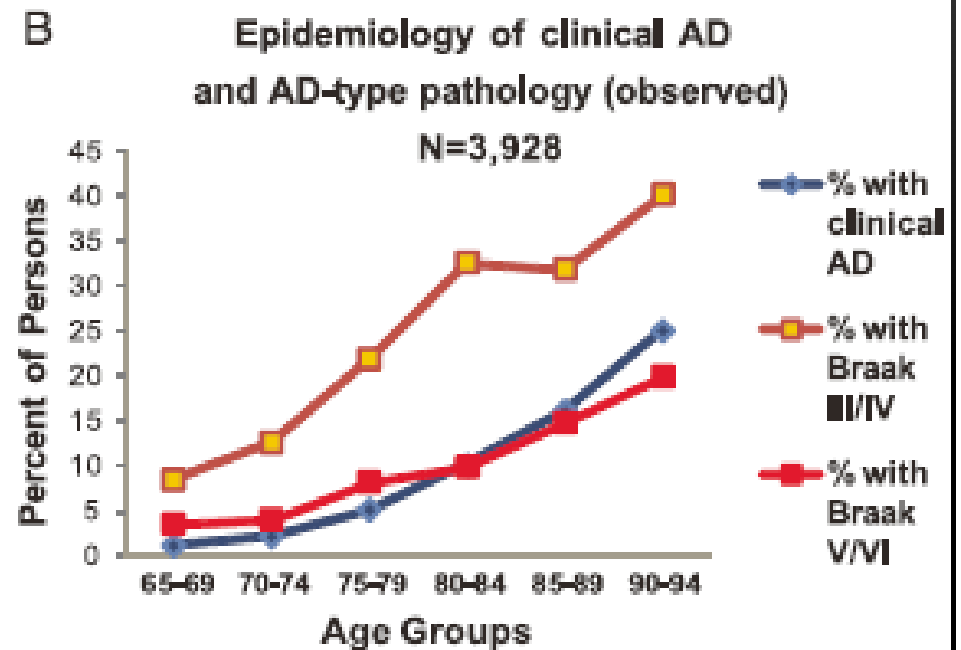
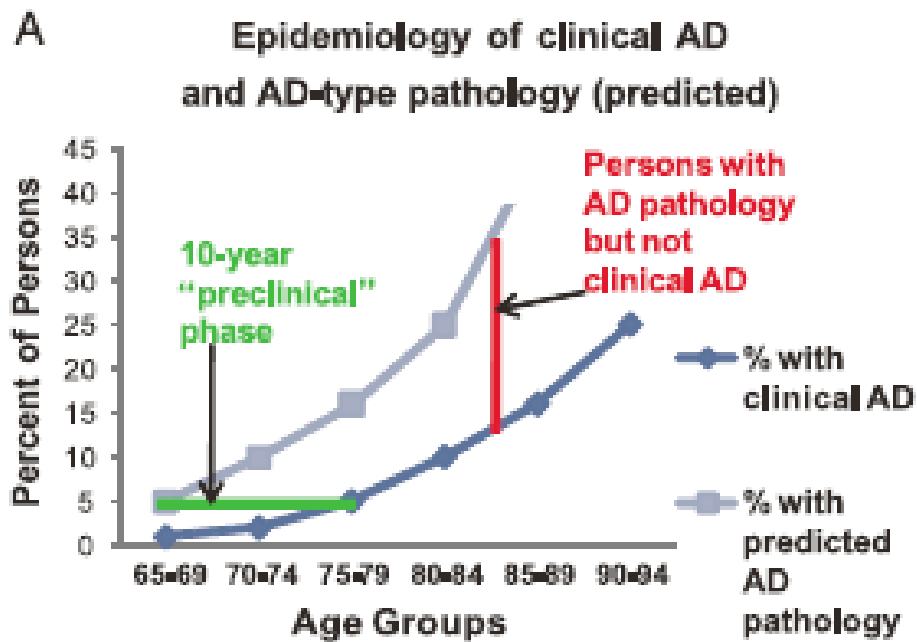
Neuropathology

Epidemiology of clinical AD (prevalence)



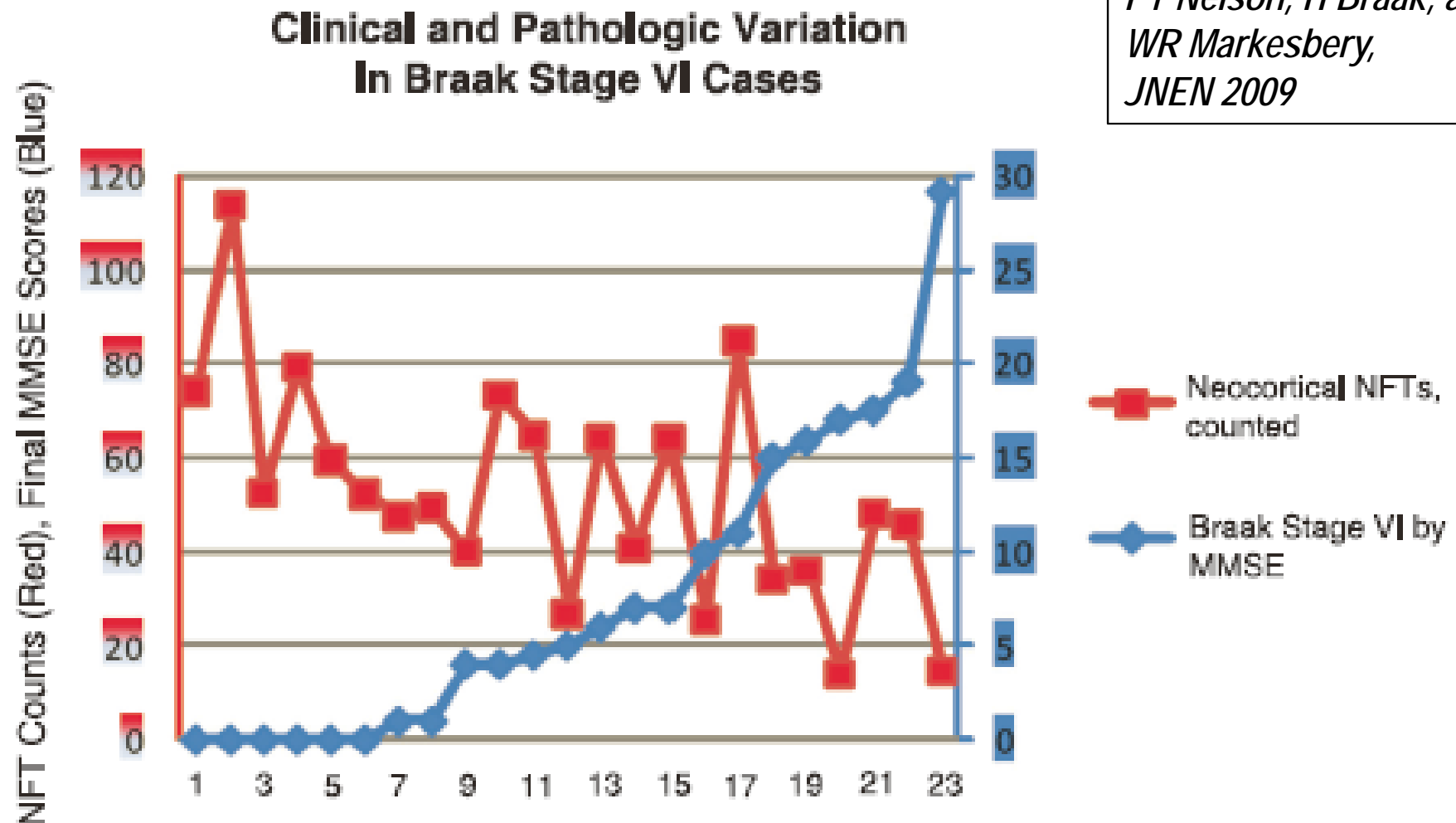


THEORETICAL PREDICTIVE MODEL OF AD PATHOLOGY



**EXPECTED AND ACTUAL
OBSERVATIONS OF AD
PATHOLOGY MATCH WELL**

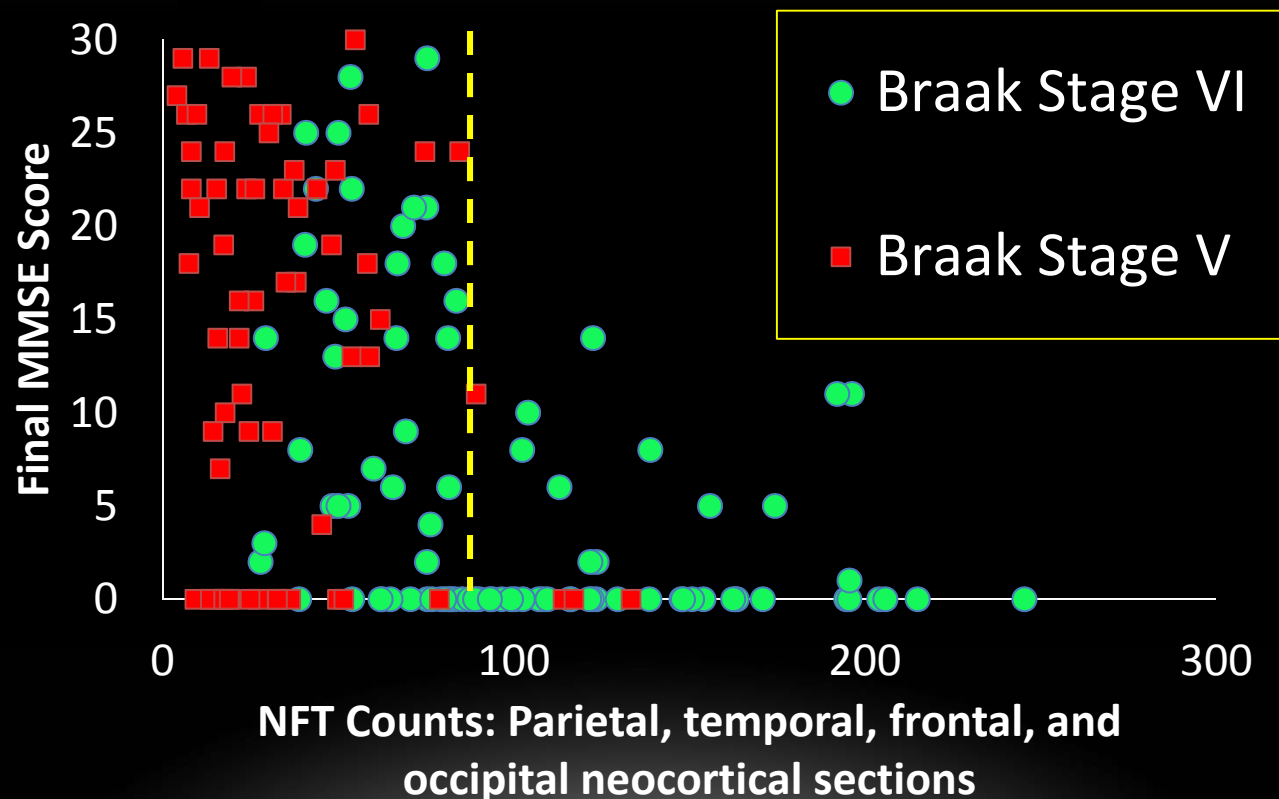
Are there “cognitively intact” patients with true “end-stage” type (SEVERE Braak stage VI) neocortical neurofibrillary pathology?



There is heterogeneity among “Braak stage VI” cases with the “high cognitive function” cases corresponding to the lower numbers of neocortical NFTs

Neocortical NFTs over a certain threshold ALWAYS→dementia

The Nun Study: Final MMSE scores
vs counted neocortical NFTs



Braak stages in cognitively intact individuals

NACC (combined) datasets:
Braak stages (%)
with final MMSE score of 30 within
last year of life

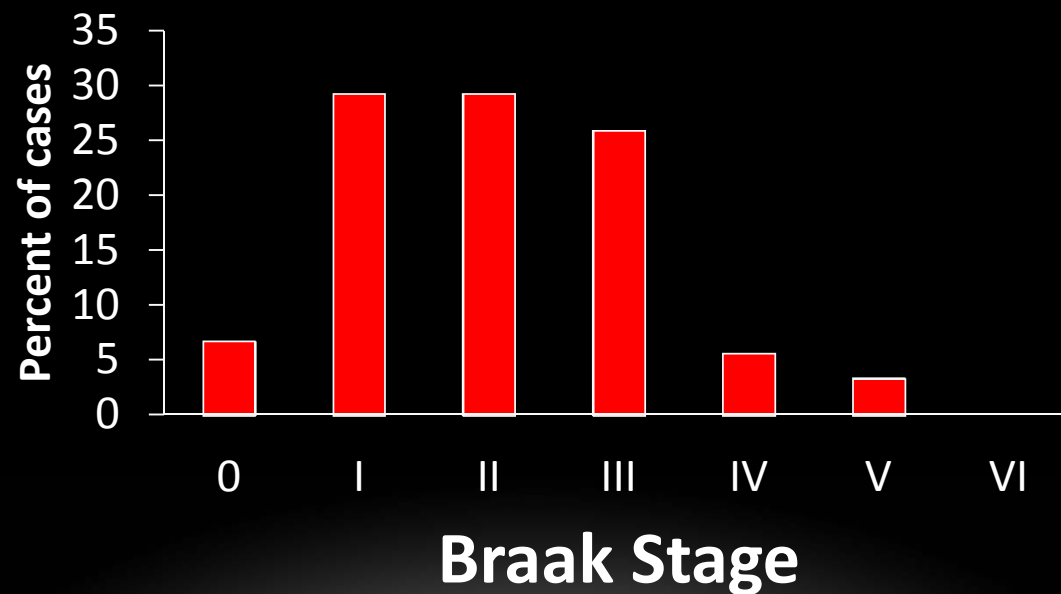


TABLE 2. Autopsy Series on Nondemented Persons With False-Positive Pathological Diagnosis of National Institute on Aging–Reagan Institute High Likelihood for Alzheimer Disease (Braak Stages V and VI)

| Nondemented, n | Braak Stage V | Braak Stage VI | Total Braak Stage V/VI | Reference |
|-------------------|------------------|-------------------|---------------------------|-----------|
| 1* | 0 | 1* | 1 | (47) |
| 49 | 0 | 0 | 0† | (48) |
| 142 | 1 | 0 | 1 | (33) |
| 39 | 1 | 0 | 1 | (49) |
| 42 | 3 | 0 | 3 | (50) |
| 18 | 0 | 0 | 0† | (56) |
| 17 | 0 | 0 | 0† | (55) |
| 89 | ?‡ | ?‡ | 3‡ | (57) |
| 31 | 0 | 0 | 0 | (51) |
| 68 | 1 | 1 | 2 | (54) |
| 59§ | 3 | 1§ | 4 | |
| n = 555 | | | n = 15 | |

*Case report (47).

†Braak stages inferred.

‡Cases designated as Braak V/VI.

§From the University of Kentucky Alzheimer's Disease Center, Braak VI case with relatively low neocortical neurofibrillary tangles (Fig. 5).

*Nelson et al
JNEN 2009*

Dissociation of Neuropathologic Findings and Cognition

Case Report of an Apolipoprotein E $\epsilon 2/\epsilon 2$ Genotype

Daniel J. Berlau, PhD; Kristin Kahle-Wroblewski, PhD; Elizabeth Head, PhD; Matthew Goodus, BA; Ronald Kim, MD; Claudia Kawas, MD

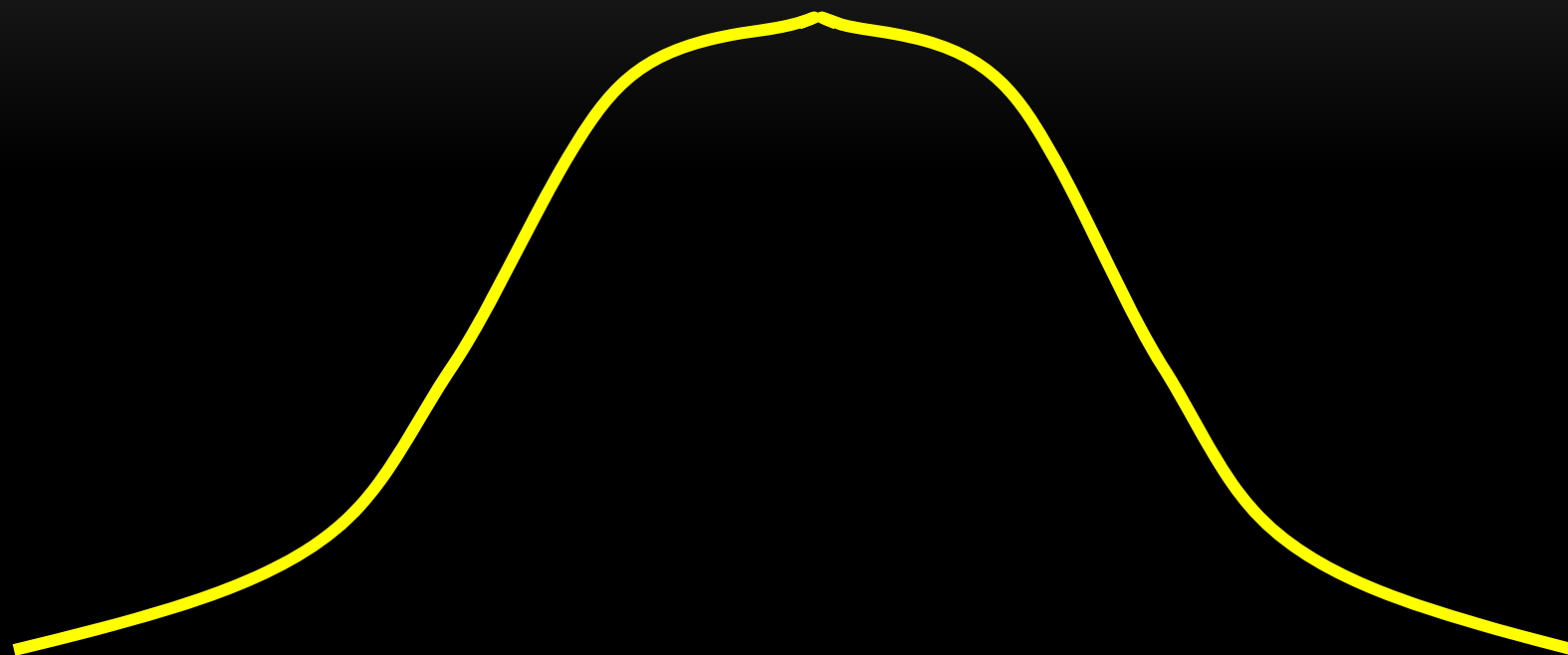
Table. Neuropsychological Test Scores 6 Months and 1 Month Before Death

| Test | November 4, 2004 | |
|---|------------------|-------------------------|
| | Raw Score | Percentile ^a |
| MMSE | 28/30 | |
| Digit Span, forward | 15 | 99 |
| Digit Span, backward | 4 | 20 |
| Boston Naming Test, 15 items | 12 | 52 |
| Fluency tests, No. of words in 1 min | | |
| Animal | 21 | 97 |
| Letter F | 7 | 15 |
| CVLT, 9 items, No. of words | | |
| Trial 1 | 5 | 71 |
| Trial 4 | 6 | 38 |
| 10-Minute delay | 6 | 71 |
| CERAD copy total, 11 possible points | 9 | 55 |
| Clocks (11:10) total, 8 possible points | 6 | 60 |
| Trail Making Test, total s | | |
| Part A | 80 | 30 |
| Part B | 300 ^b | 10 |
| Part C | 47 | 25 |

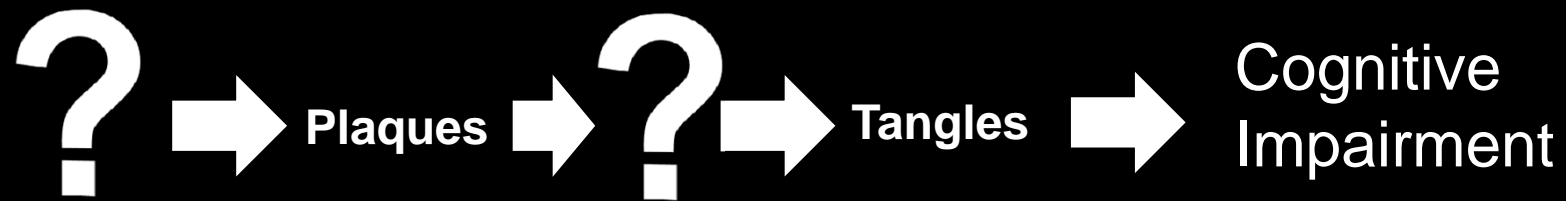
Case report:
Patient $\leq 20^{\text{th}}$
%ile on three
separate
cognitive tests
prior to death

neuropsychological tests were performed 6 months and

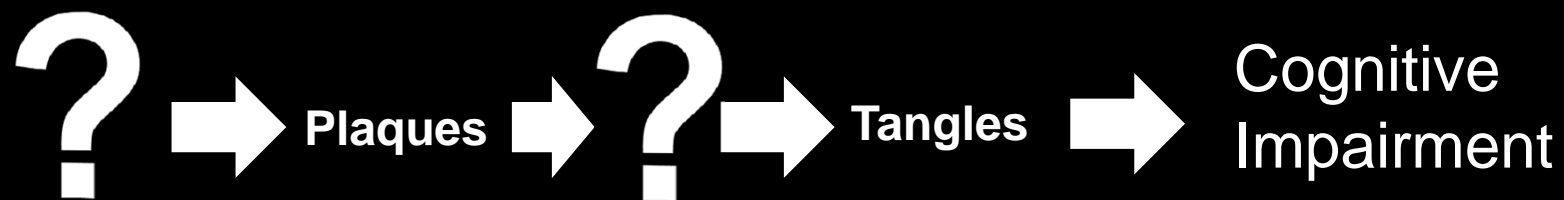
Arch Neurol. 2007;64(8):1193-1196



Plaques and Tangles in Alzheimer's disease:
Clinicopathological correlation studies are
compatible with the hypothesis that these lesions
contribute to cognitive impairment



Plaques and Tangles in Alzheimer's disease: Clinicopathological correlation studies are compatible with the hypothesis that these lesions contribute to cognitive impairment



J Neuropathol Exp Neurol
Copyright © 2012 by the American Association of Neuropathologists, Inc.

Vol. 71, No. 5
May 2012
pp. 00-00

REVIEW ARTICLE

Correlation of Alzheimer Disease Neuropathologic Changes With Cognitive Status: A Review of the Literature

Peter T. Nelson, MD, PhD, Irina Alafuzoff, MD, PhD, Eileen H. Bigio, MD, Constantin Bouras, MD, Heiko Braak, MD, Nigel J. Cairns, PhD, FRCPATH, Rudolph J. Castellani, MD, Barbara J. Crain, MD, PhD, Peter Davies, PhD, Kelly Del Tredici, MD, PhD, Charles Duyckaerts, MD, PhD, Matthew P. Frosch, MD, PhD, Vahram Haroutunian, PhD, Patrick R. Hof, MD, Christine M. Hulette, MD, Bradley T. Hyman, MD, PhD, Takeshi Iwatsubo, MD, Kurt A. Jellinger, MD, Gregory A. Jicha, MD, PhD, Enikő Kövari, MD, Walter A. Kukull, PhD, James B. Leverenz, MD, Seth Love, MBBCH, PhD, Ian R. Mackenzie, MD, David M. Mann, PhD, FRCPATH, Eliezer Masliah, MD, Ann C. McKee, MD, Thomas J. Montine, MD, PhD, John C. Morris, MD, Julie A. Schneider, MD, MS, Joshua A. Sonnen, MD, Dietmar R. Thal, MD, John Q. Trojanowski, MD, PhD, Juan C. Troncoso, MD, Thomas Wisniewski, MD, Randall L. Woltjer, MD, PhD, and Thomas G. Beach, MD, PhD

JNEN, 2012

Myth roundup

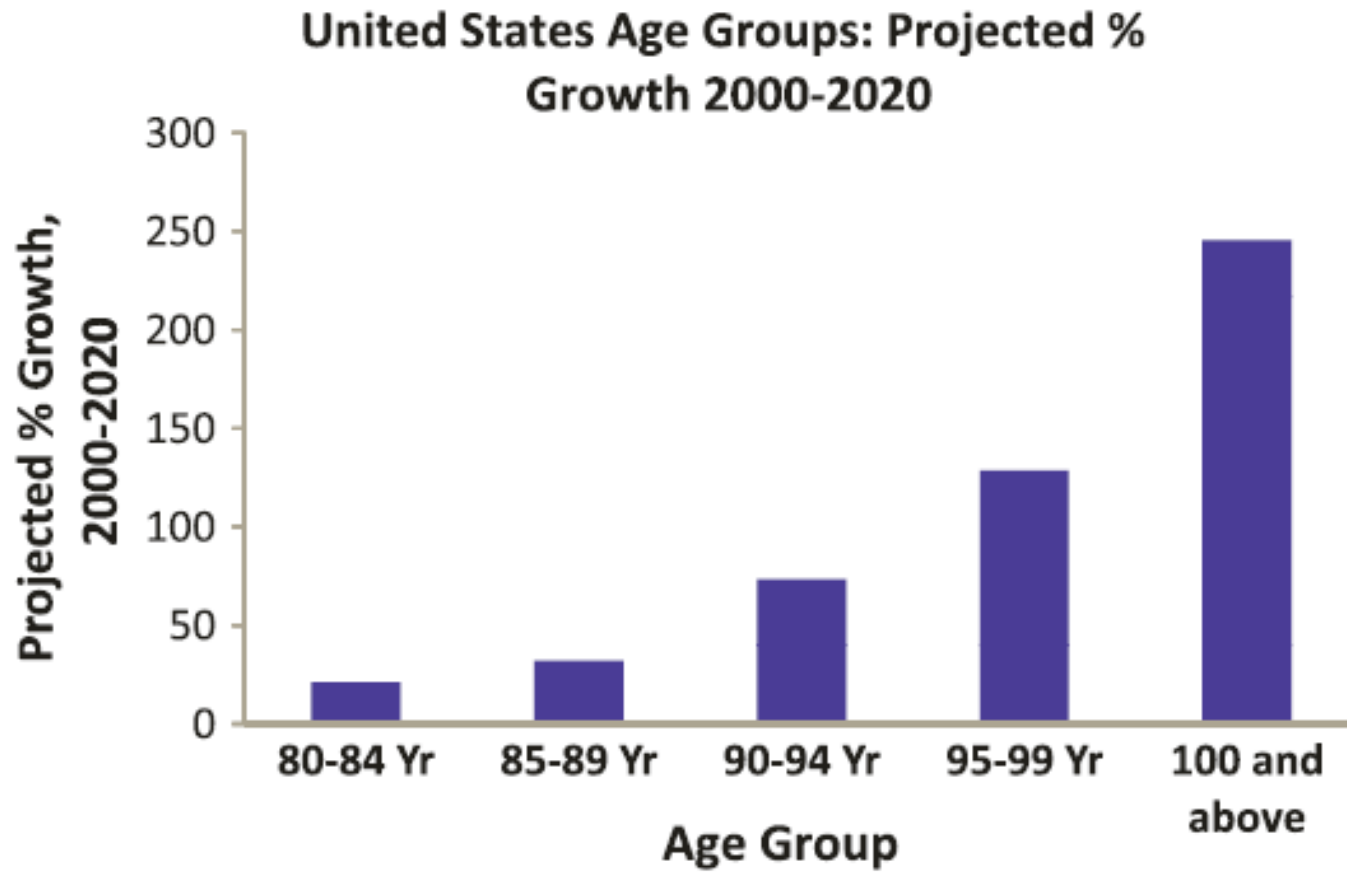
2. Plaques and tangles don't correlate with cognitive impairment

Myth #2B

2. Plaques and tangles don't correlate with cognitive impairment

Corollary Myth

There is dissociation between AD pathology and cognitive impairment in “advanced old age”

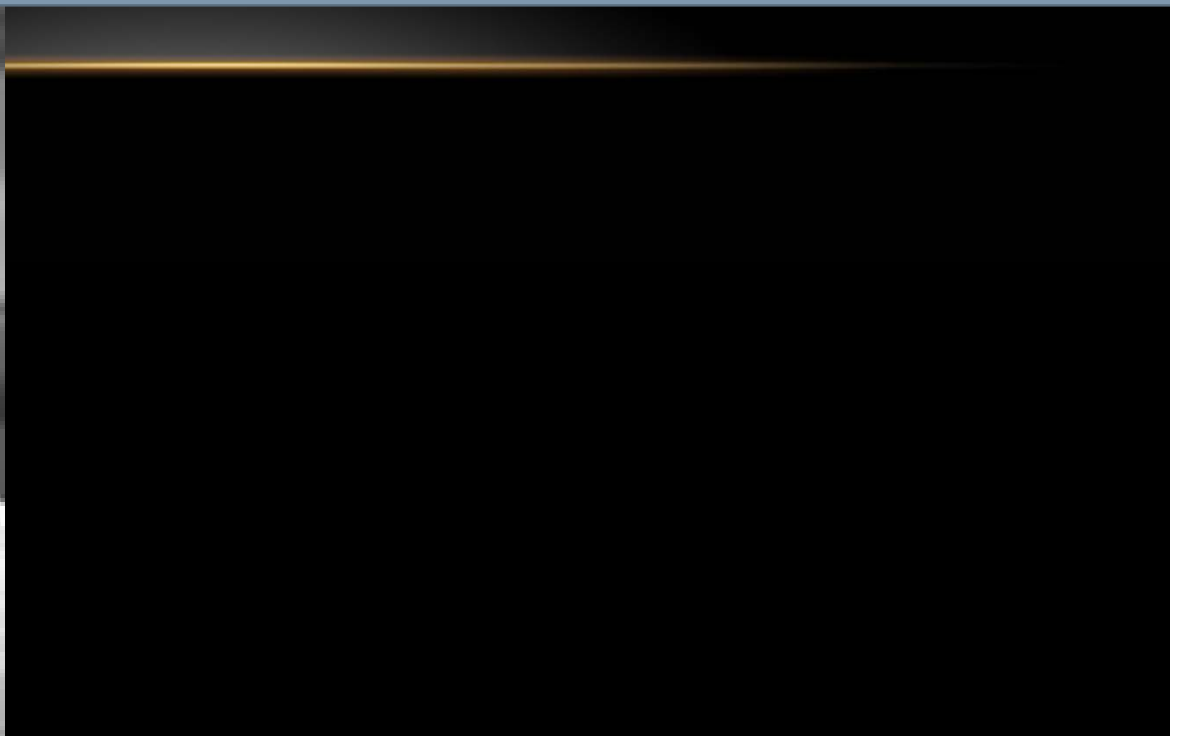


**An important
and topical
issue!!**

Source: U. S. Census Bureau

*Acta
Neuropathologica,
2011*

**In advanced old age...
(individuals beyond 90 years old)**

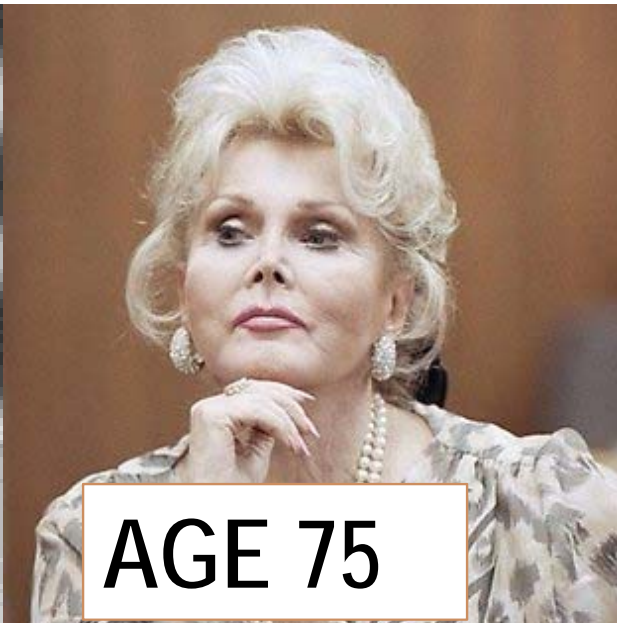




AGE 75



AGE 72



AGE 75



AGE 95



AGE 72



AGE 94

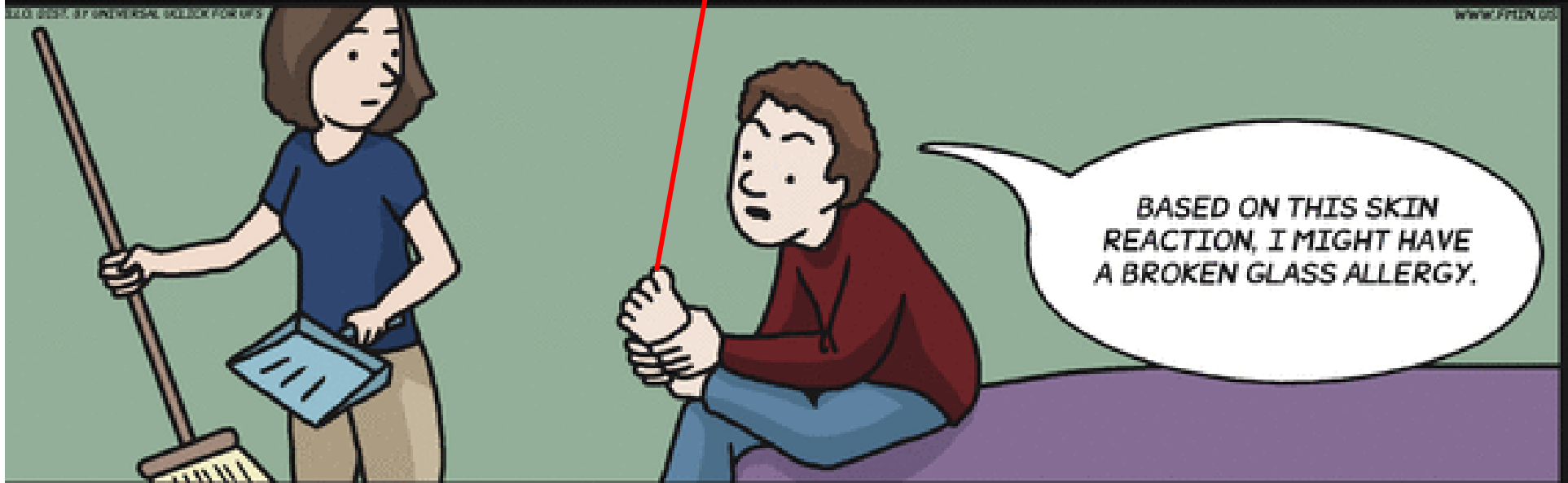
In advanced old age... (individuals beyond 90 years old)

1.some cognitive impairment is usual;
2.mild/moderate hippocampal tangles is universal (and is NOT AD);
3.other high-morbidity pathologies occur with prevalence that approximates AD prevalence.



"F-minus" by Tony Carrillo

Red inflamed toe does not necessarily = allergy



"F-minus" by Tony Carrillo



Apologies to "F-minus" by Tony Carrillo



Apologies to "F-minus" by Tony Carrillo

Hippocampal NFTs does not necessarily = AD



"F-minus" by Tony Carrillo

Tangles and no plaques is not AD

Table 3 “ABC” score for level of AD neuropathologic change

| AD neuropathologic change | | B ^a | | |
|---------------------------|---------------------|------------------|------------------|---------------------------|
| A ^b | C ^c | 0 or 1 | 2 | 3 |
| 0 | 0 | Not ^d | Not ^d | Not ^d |
| 1 | 0 or 1 | Low | Low | Low ^e |
| | 2 or 3 ^f | Low | Intermediate | Intermediate ^e |
| 2 | Any C | Low ^g | Intermediate | Intermediate ^e |
| 3 | 0 or 1 | Low ^g | Intermediate | Intermediate ^e |
| | 2 or 3 | Low ^g | Intermediate | High |

AD neuropathologic change is evaluated with an “ABC” score (Table 2): Aβ/amyloid plaques (A), NfH

Savva et al (*NEJM* 2009):

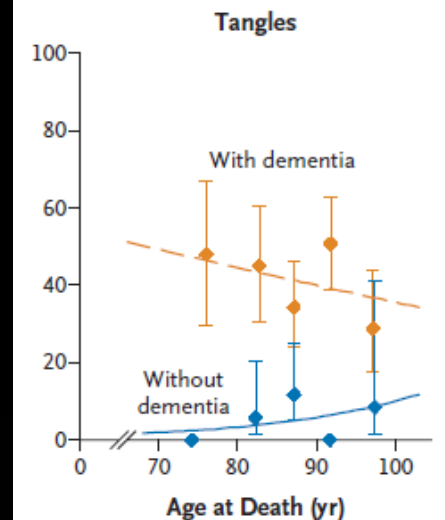
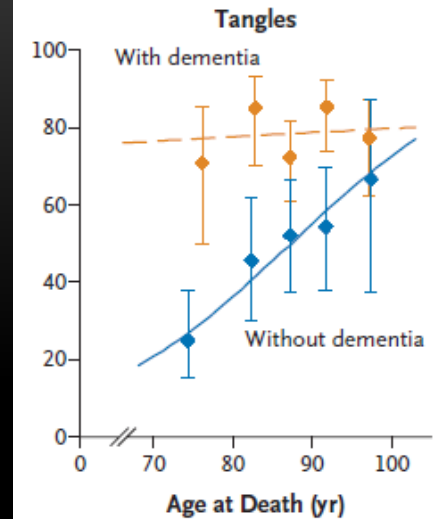
The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Age, Neuropathology, and Dementia

George M. Savva, Ph.D., Stephen B. Wharton, F.R.C.Path., Paul G. Ince, M.D.,
Gillian Forster, B.Sc., Fiona E. Matthews, Ph.D., and Carol Brayne, M.D.,
for the Medical Research Council Cognitive Function and Ageing Study

...possible dissociation between AD pathology and cognitive impairment in “very old persons”



Savva et al (*NEJM* 2009):

The NEW ENGLAND JOURNAL of MEDICINE

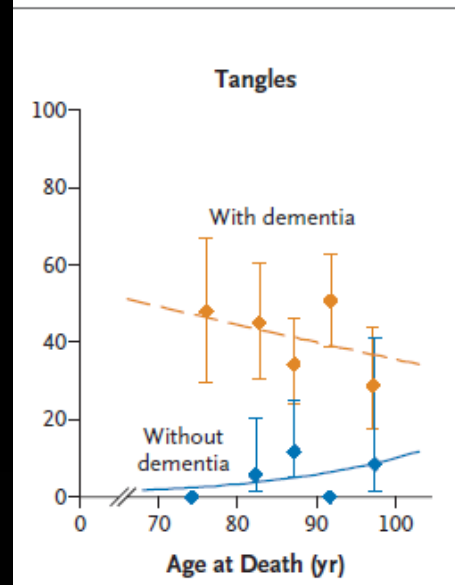
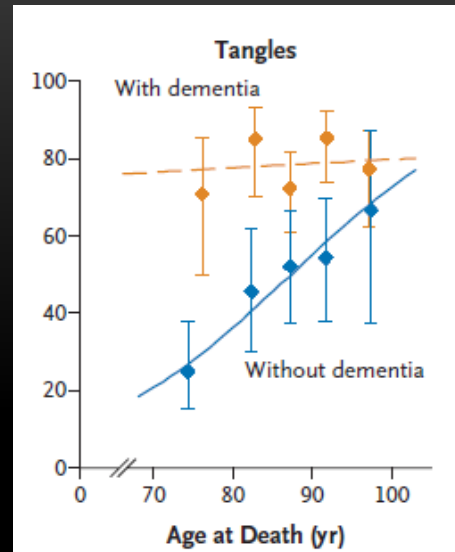
ORIGINAL ARTICLE

Age, Neuropathology, and Dementia

George M. Savva, Ph.D., Stephen B. Wharton, F.R.C.Path., Paul G. Ince, M.D.,
Gillian Forster, B.Sc., Fiona E. Matthews, Ph.D., and Carol Brayne, M.D.,
for the Medical Research Council Cognitive Function and Ageing Study

>90 year olds:

- Difficulty dichotomizing “dementia”
- Poor correlation between plaques and dementia
- Hippocampal NFTs without AD (or overt dementia)
- Non-AD pathologies that cause dementia



In advanced old age...

- 1....some cognitive impairment is usual;
- 2....mild/moderate hippocampal tangles is nearly universal (and is NOT AD).
- 3....other high-morbidity pathologies occur with prevalence that approximates AD prevalence.

In advanced old age...

1.some cognitive impairment is usual;
2. ...mild/moderate hippocampal tangles is nearly universal (and is NOT AD).
3. ...other high-morbidity pathologies occur with prevalence that approximates AD prevalence.
4. HOWEVER, advanced AD pathology (neocortical plaques+tangles) still always correlates with cognitive impairment

Myth #2C

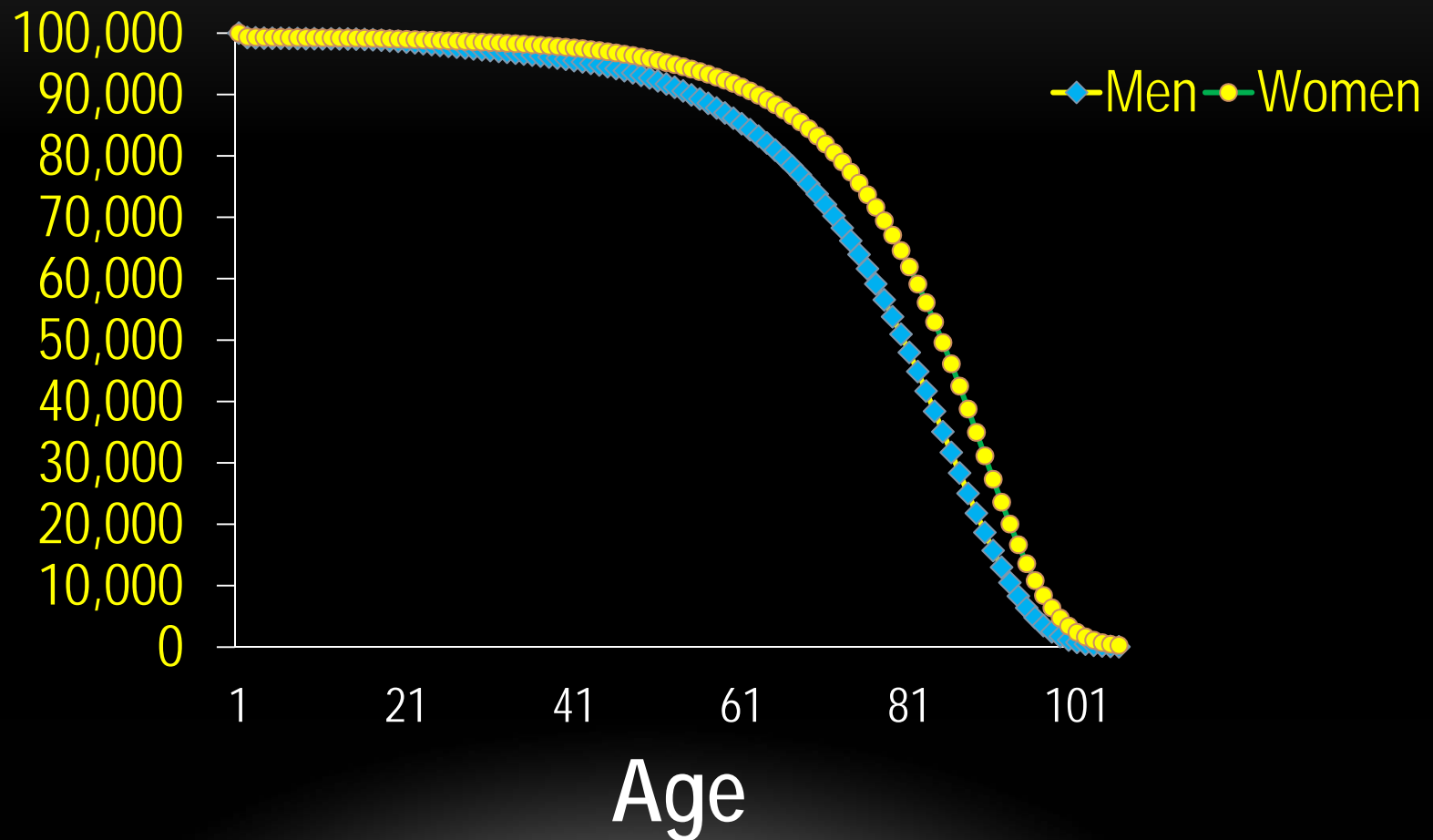
1. Plaques and tangles don't correlate with cognitive impairment

Corollary Myth

AD is just “brain aging”, and vice versa
(everyone gets AD if they live long enough)

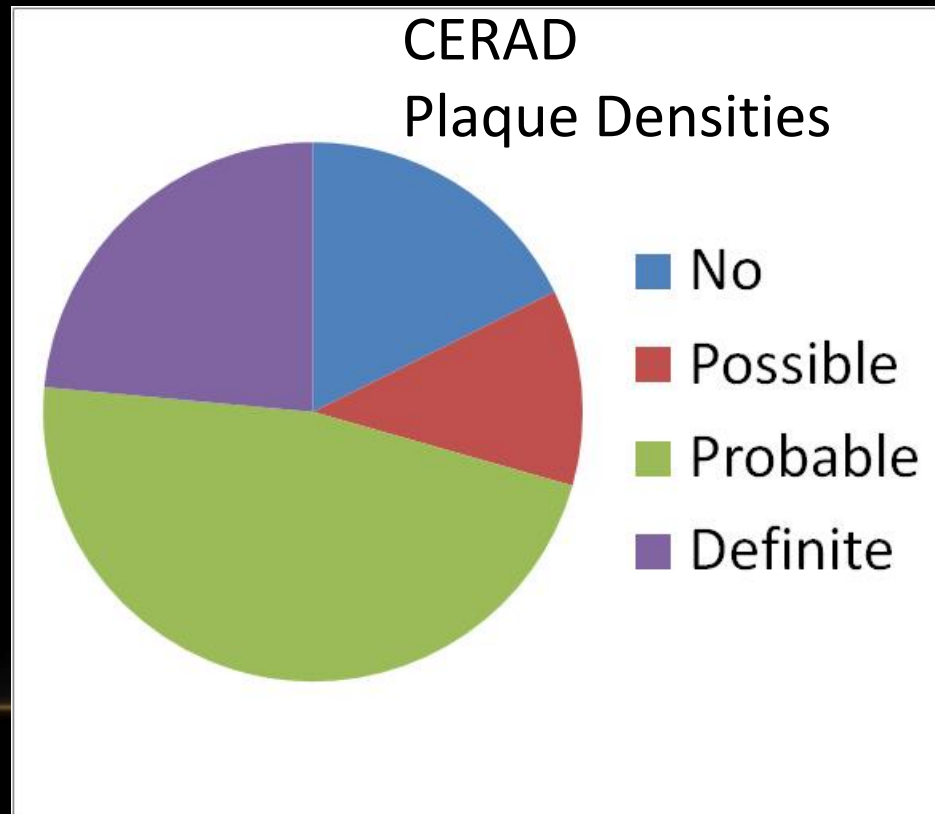
Alive per 100,000 population, U.S.

Source: 2007 Actuarial Tables



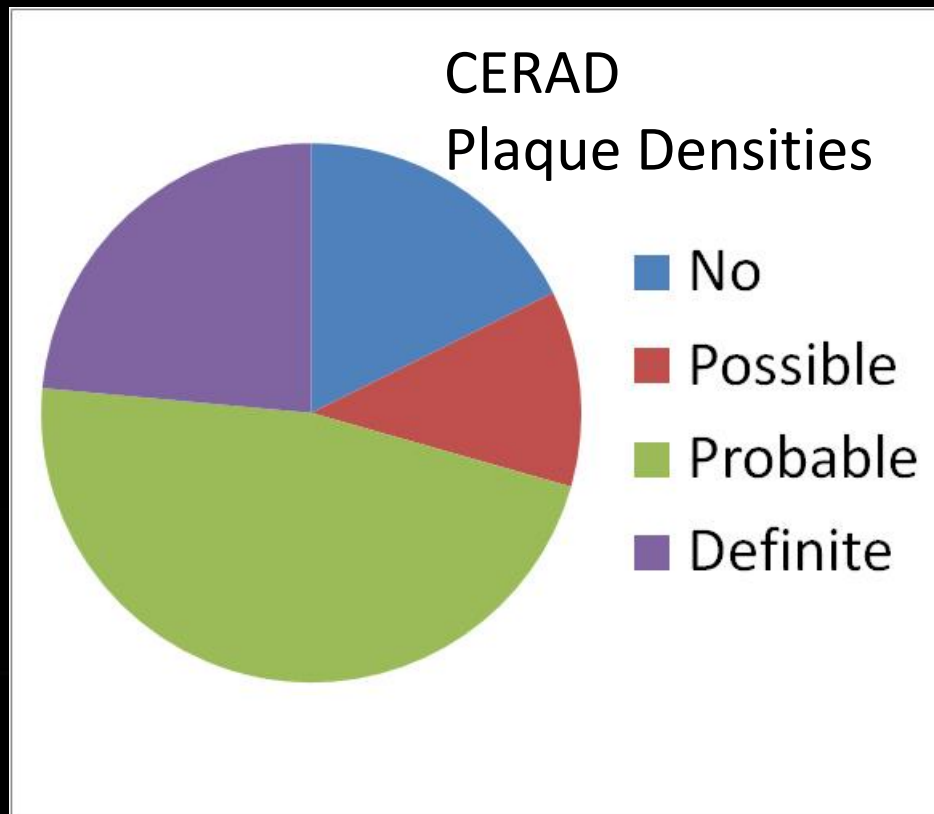
Centenarians

Mean Age at death:
102.2 +/- 2.5yrs
N=52

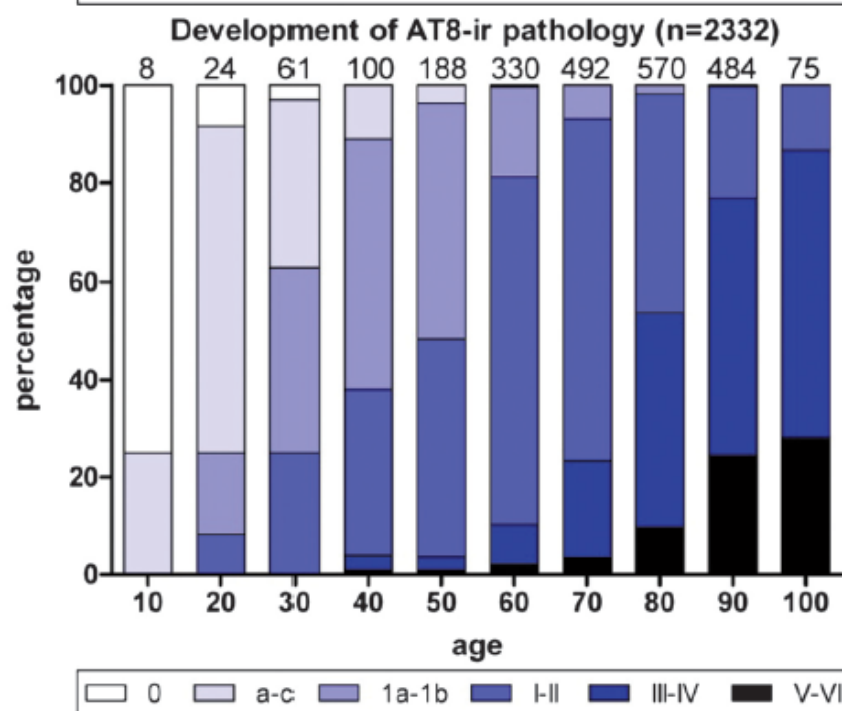
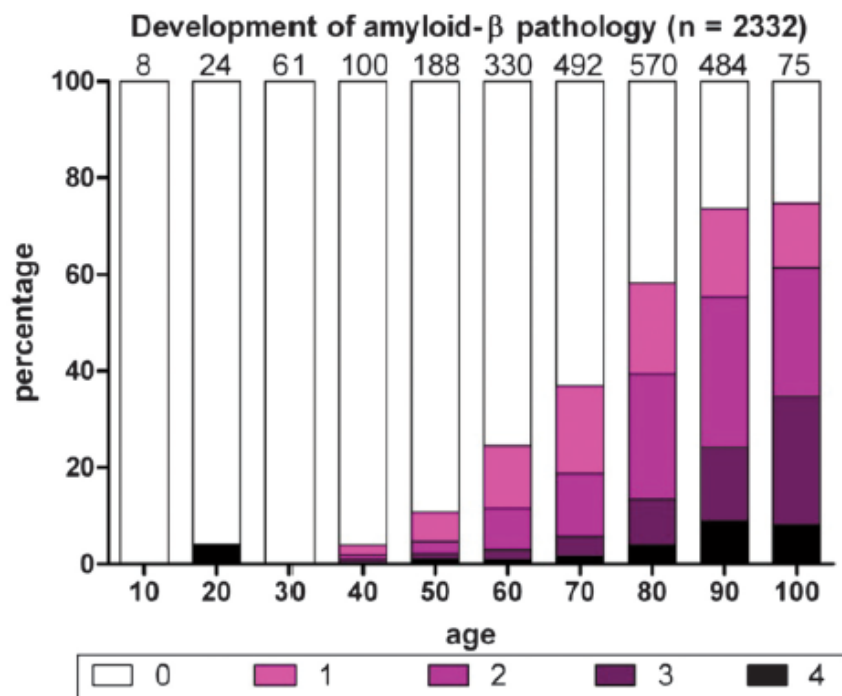


Centenarians

Mean Age at death:
102.2 +/- 2.5yrs
N=52



**Not
everyone
gets
AD**



Other large datasets agree:

It is by no means inevitable for centenarians to get AD

***Braak H, et al,
J Neuropathol Exp Neurol. 2011***

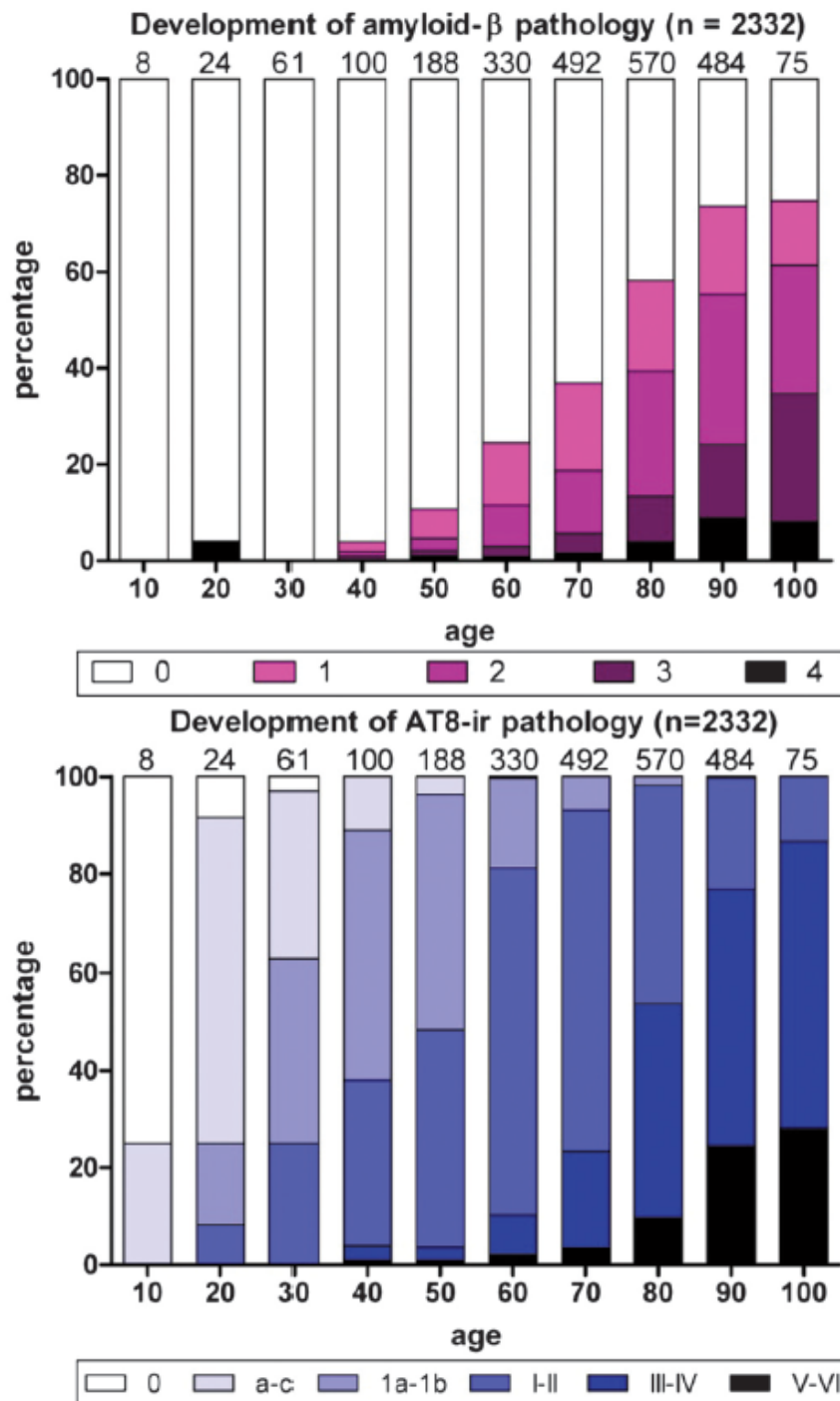
← Plaques

Other large
datasets agree:

It is by no means inevitable
for centenarians to get AD

← Tangles

*Braak H, et al,
J Neuropathol Exp Neurol. 2011*

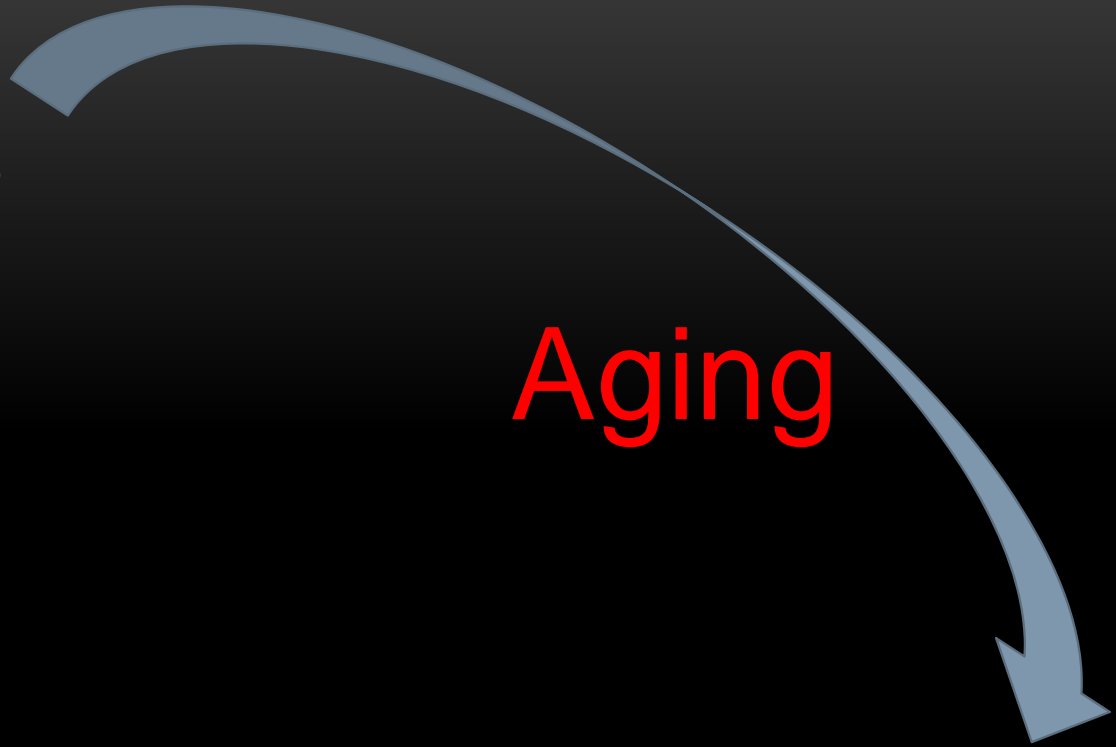


Genetics

Genetics

Aging

AD

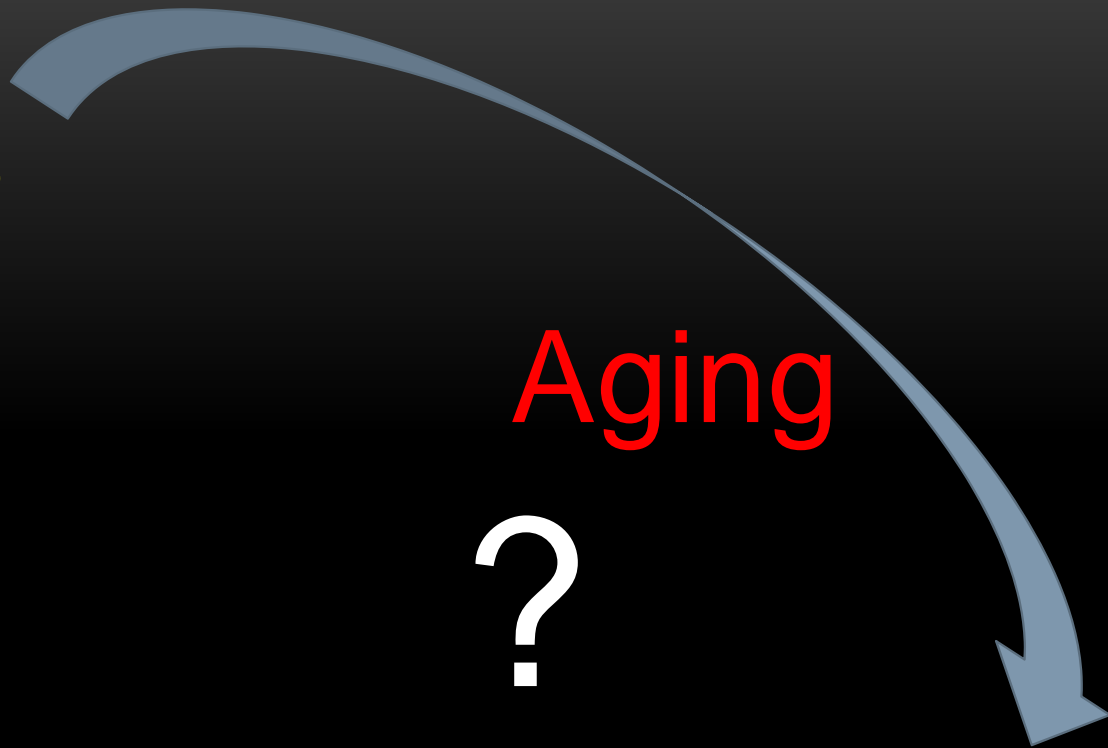


Genetics

Aging

?

AD



Progerias, human diseases with “accelerated aging”:

Accelerated aging syndromes

Werner syndrome

**Hutchinson-Gilford
progeria syndrome**

Cockayne syndrome

Trichothiodystrophy

Progerias, human diseases with “accelerated aging”:

Any increase in AD pathology?

| |
|---|
| Accelerated aging syndromes |
| Werner syndrome |
| Hutchinson-Gilford progeria syndrome |
| Cockayne syndrome |
| Trichothiodystrophy |

Progerias, human diseases with “accelerated aging”:
No established increase in AD pathology

| Accelerated aging syndrome | Increase of AD pathology? |
|---|----------------------------------|
| Werner syndrome | No |
| Hutchinson-Gilford progeria syndrome | No |
| Cockayne syndrome | No |
| Trichothiodystrophy | No |

Genetics

Specific
(non-Aging!)
Pathway(s)

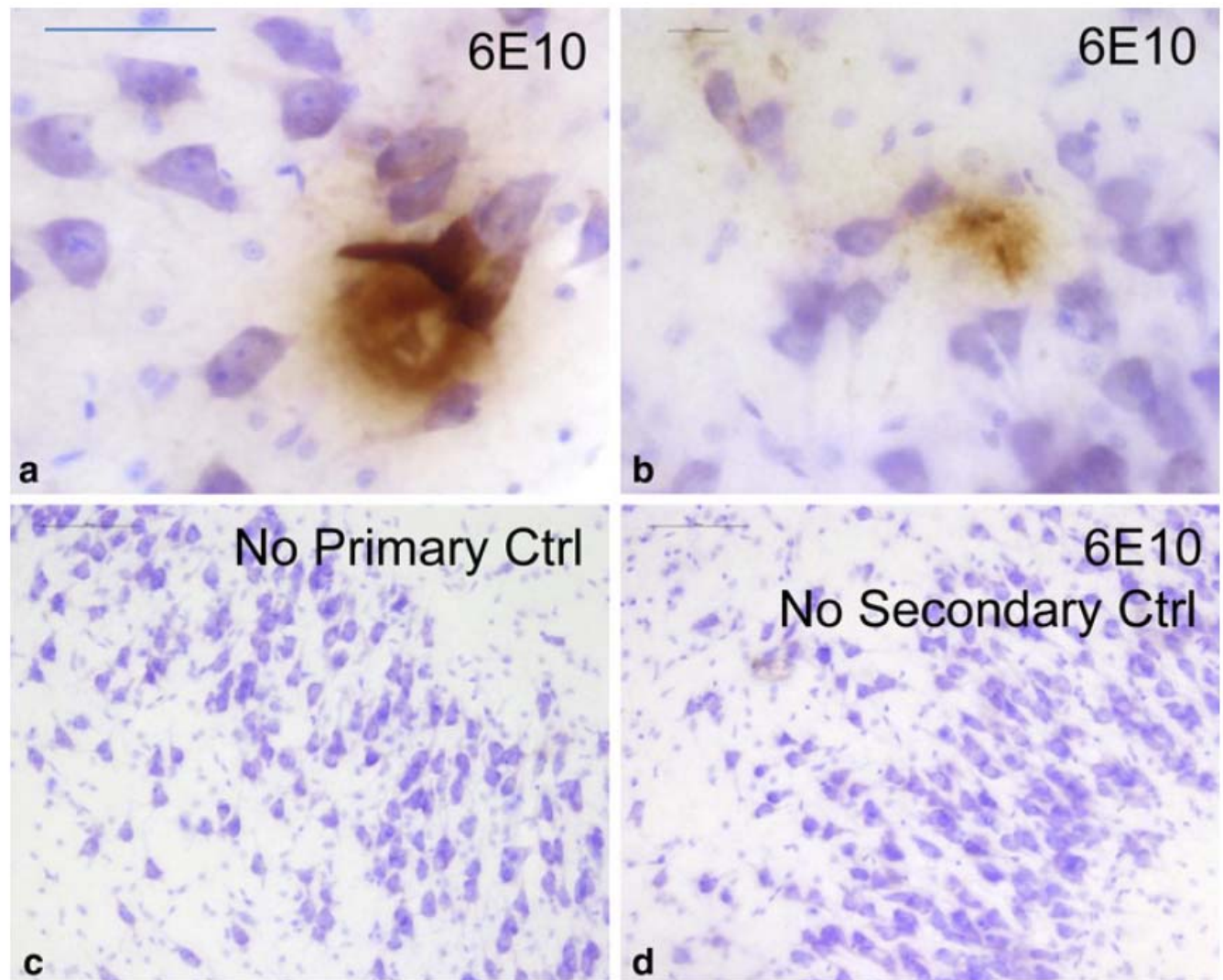
AD

A curved arrow originates from the word 'Genetics' and points towards the letters 'AD'. The arrow is a light blue-grey color and follows a smooth, downward-curving path.

5-month old with Down Syndrome

(thanks to Dr. Elizabeth Head)

The disease of plaques and tangles (AD) begins at young age among individuals with high genetic risk



So what is the main
reason that
clinical-pathologic
correlation is
so imperfect?



V3om
VICTOR ROSS



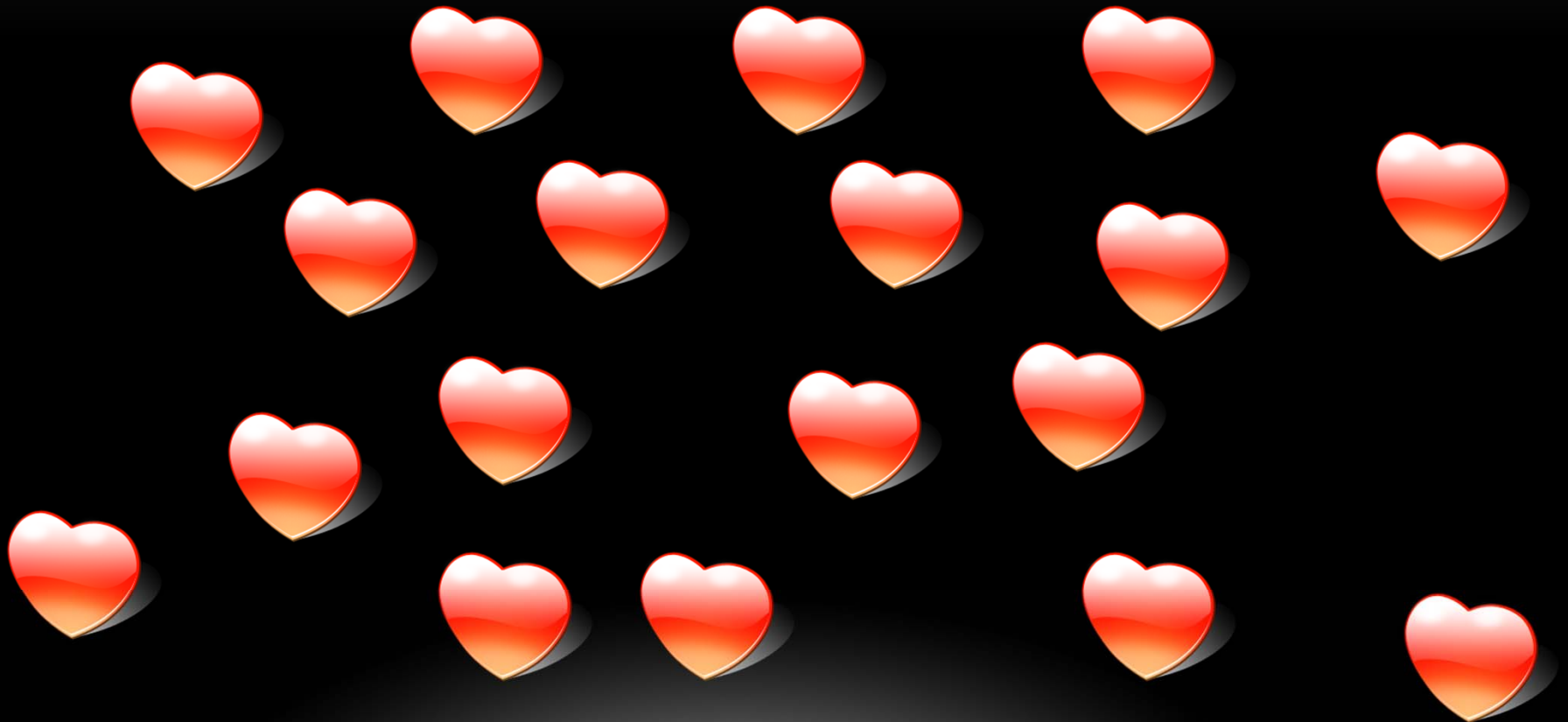
**Scott Adams's
"Dilbert"**



Thought experiment:

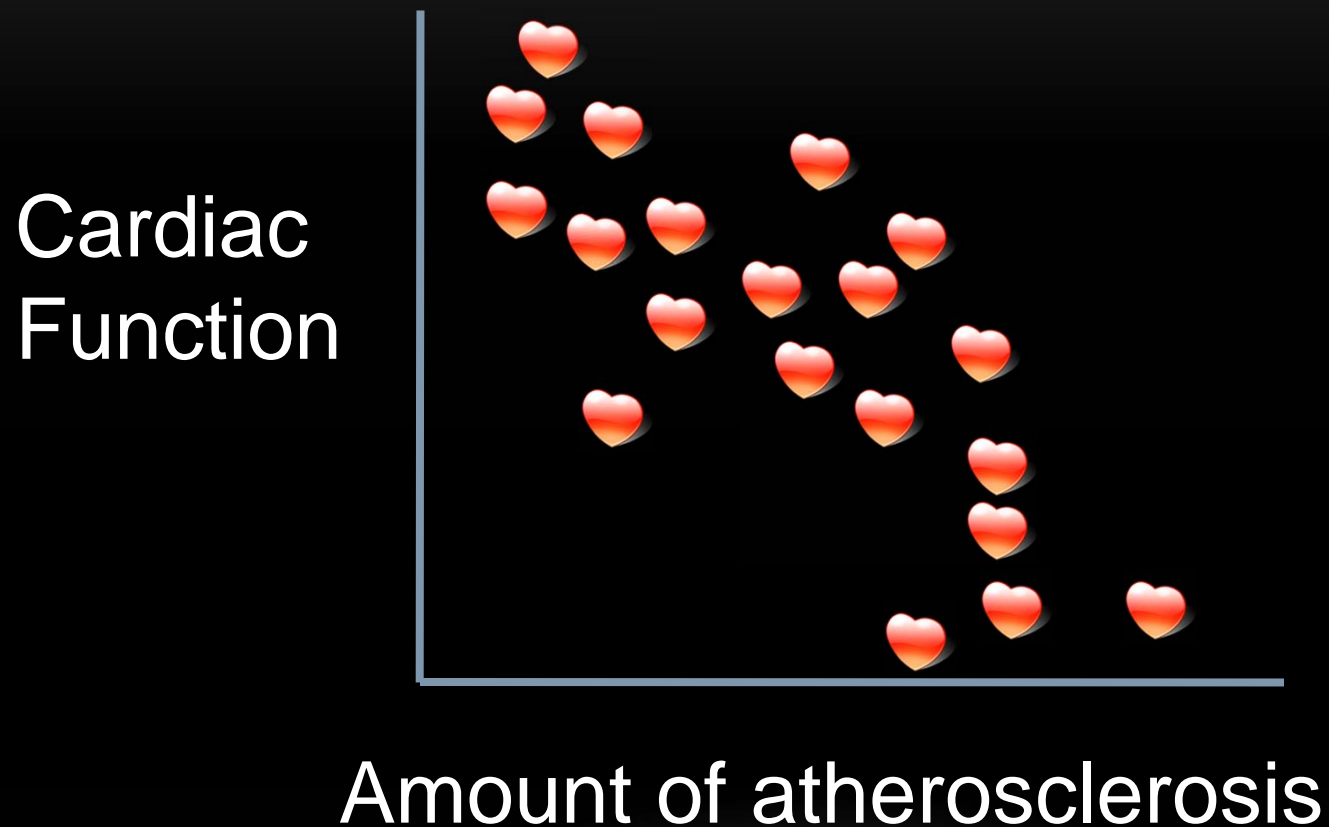


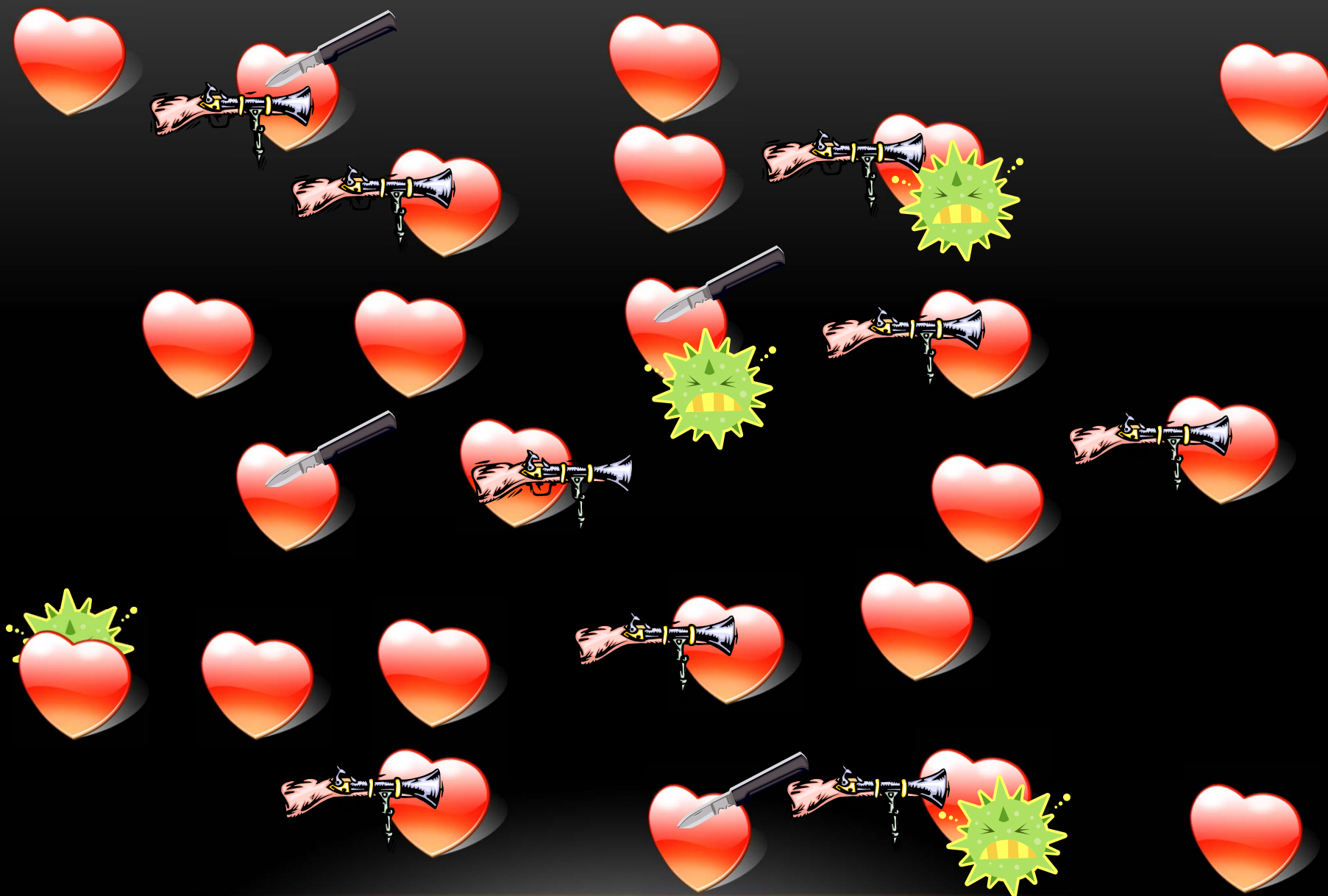
Could you detect a clinico-pathological relationship in heart disease if testing the correlation of atherosclerosis and cardiac health?



“Clean sample”

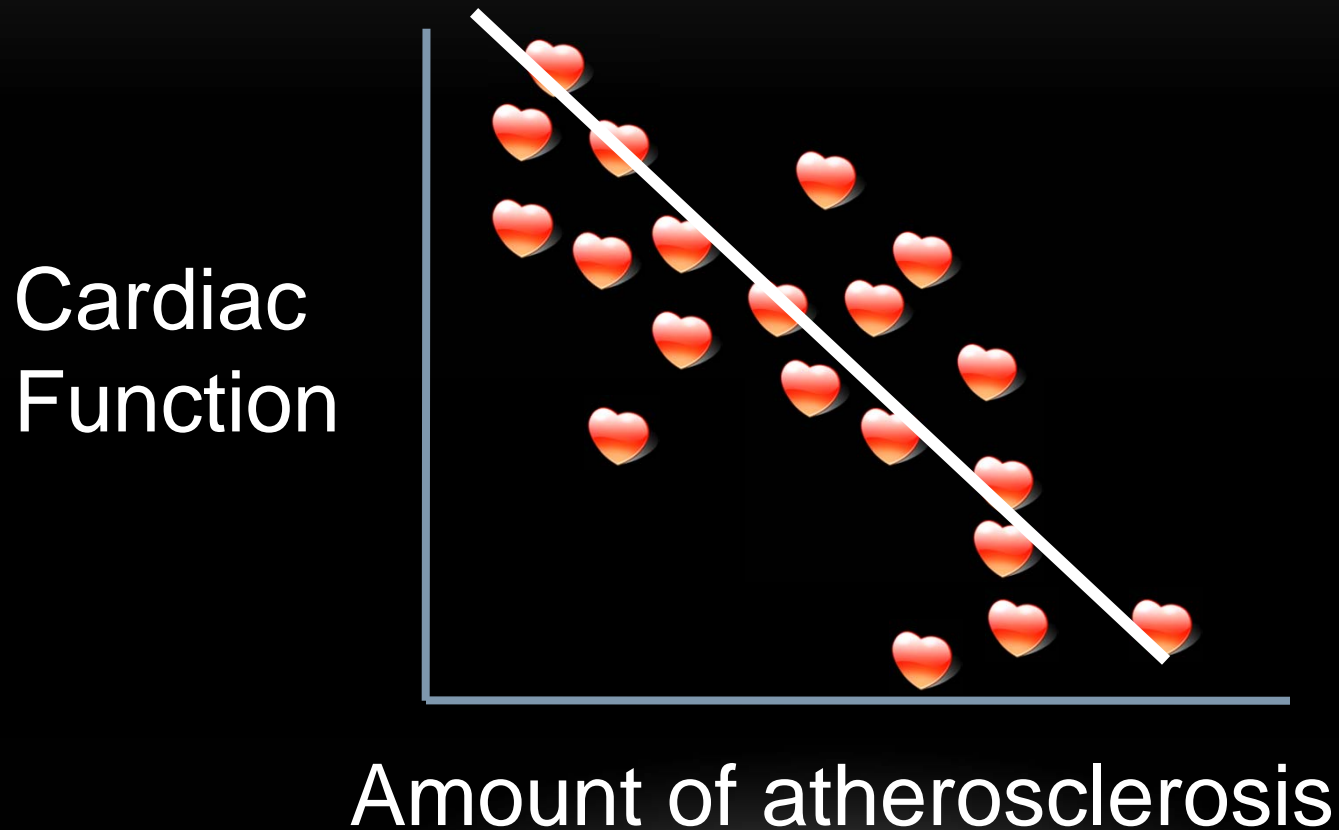
Clean sample – good correlation





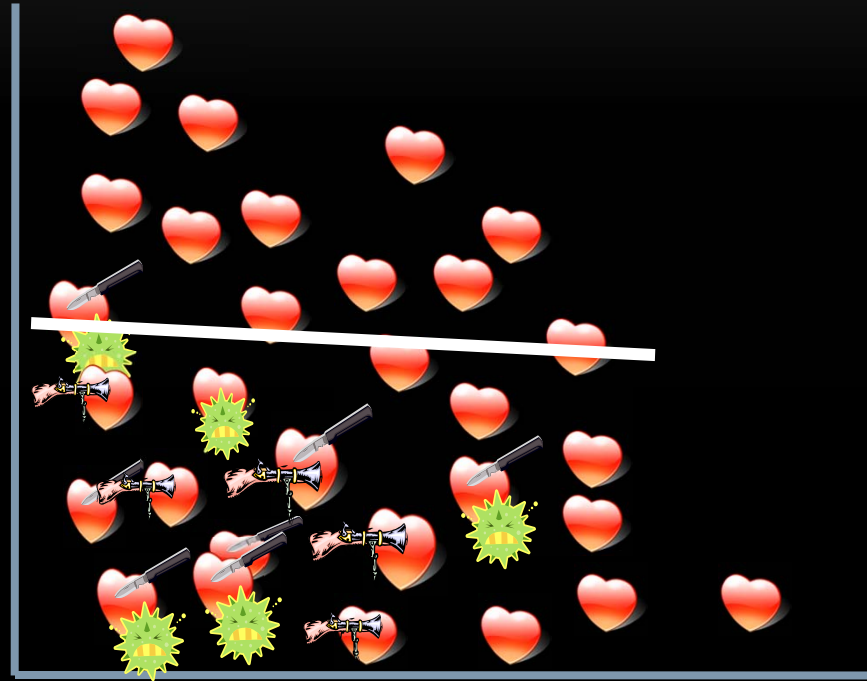
“Dirty sample”

Clean sample – good correlation

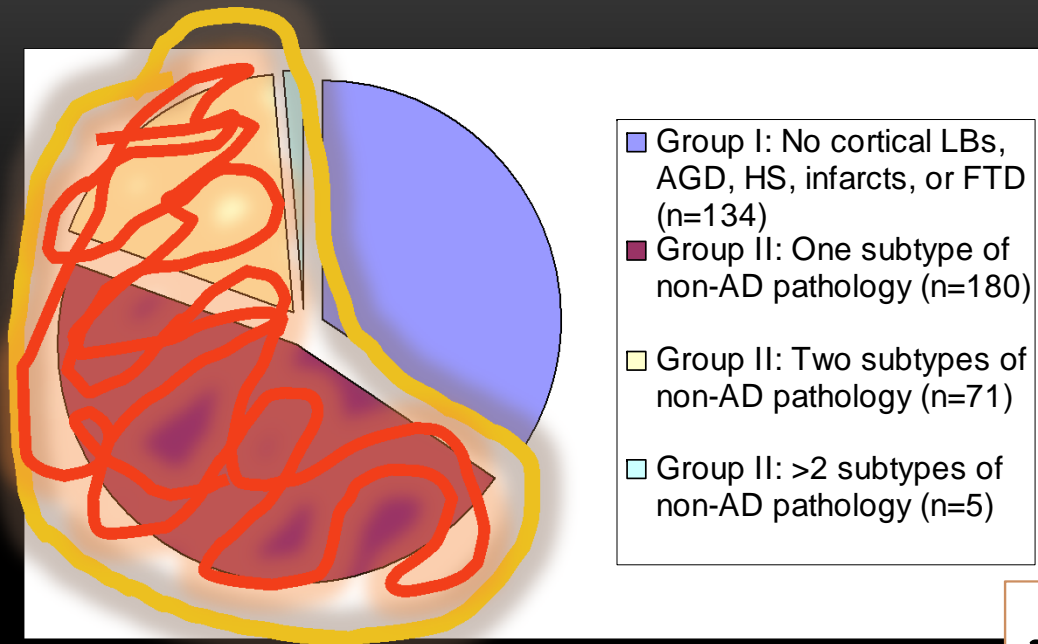


Dirty sample – poor correlation

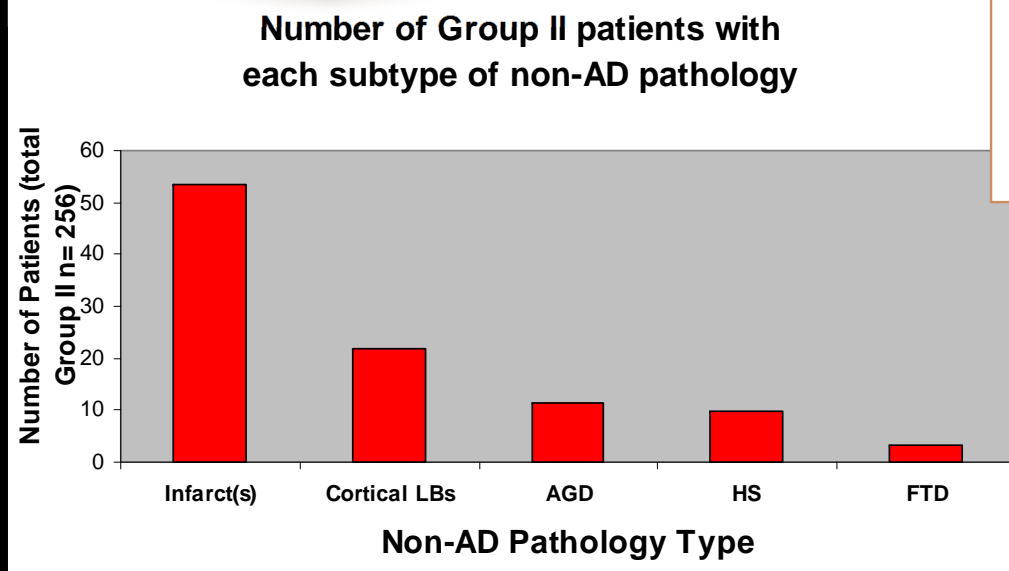
Cardiac
Function



Amount of atherosclerosis



~2/3rd of UK ADC cohort have important non-AD pathology



Key point:

In advanced old age, it
is the norm for human brains
to exhibit impactful,
non-Alzheimer's
pathology



**Scott Adams's
"Dilbert"**

HIPPOCAMPAL SCLEROSIS – *WHAT IS IT?*

**Cell death and gliosis in
hippocampus**

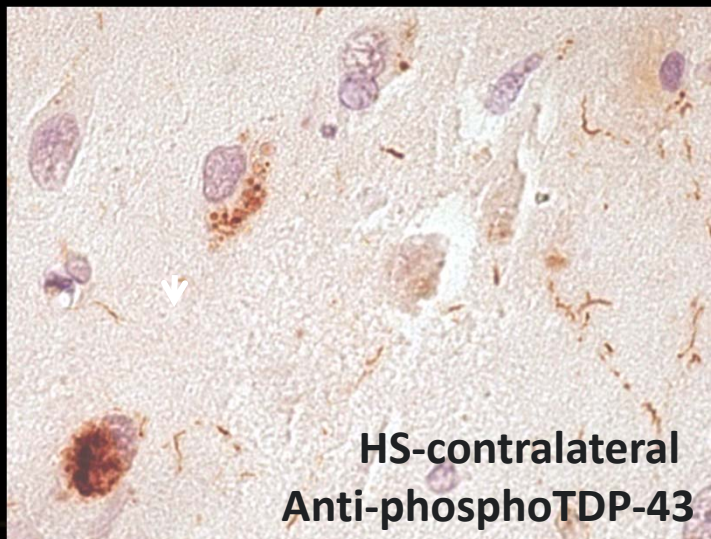
Probably not related to AD

Aberrant TDP-43 usually

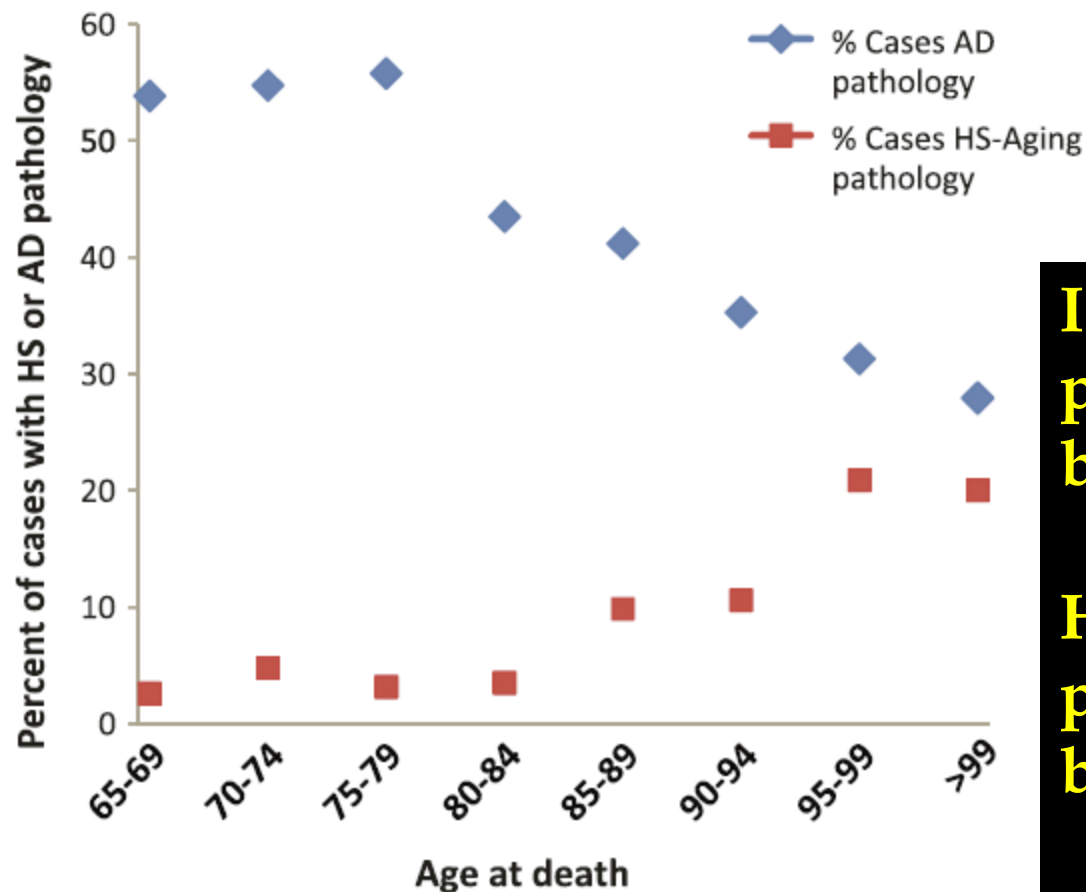
**No biomarker or specific
clinical feature**

Definite cognitive impact

Autopsy diagnosis required



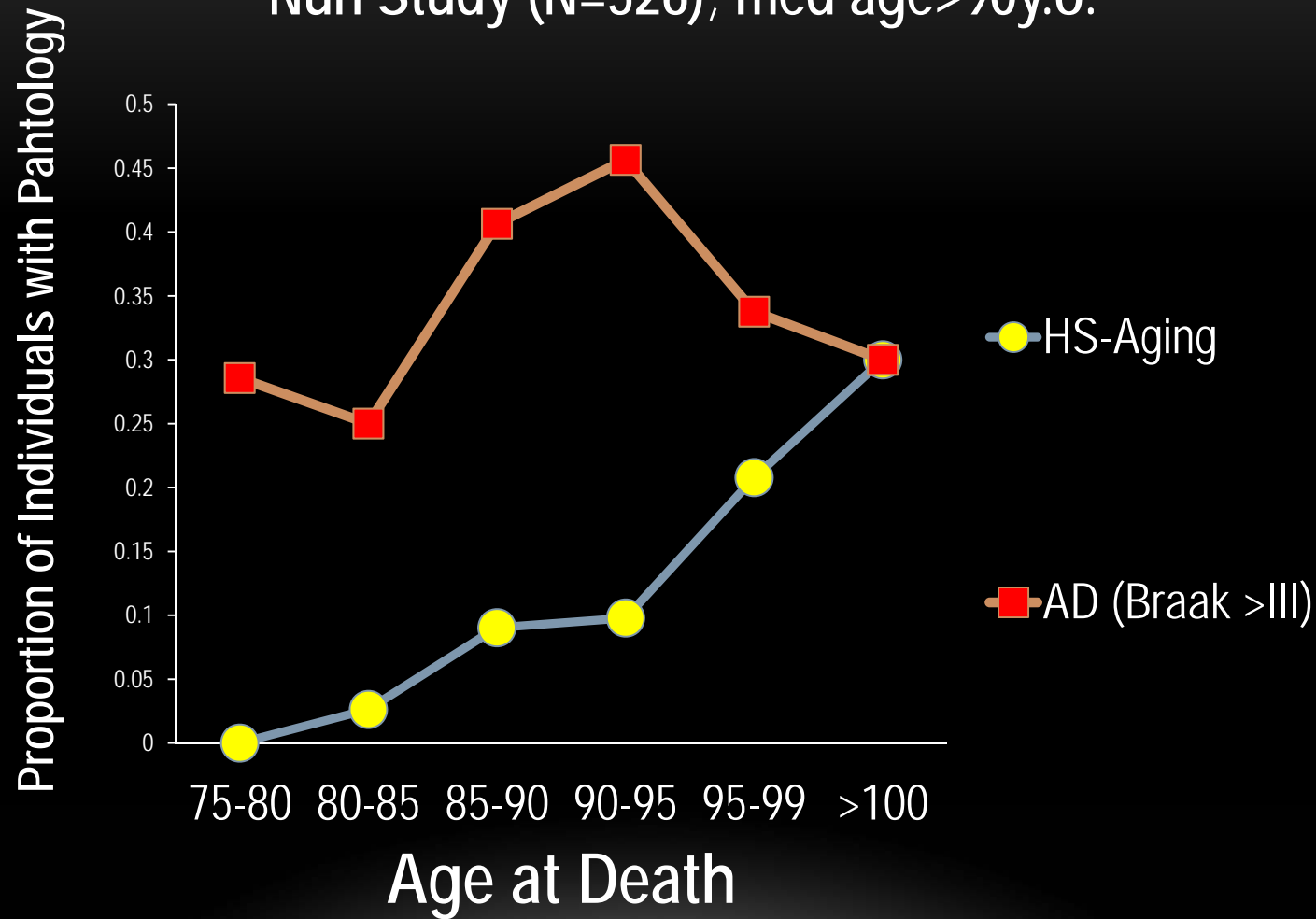
Percent of cases with AD or HS-Aging pathology,
from UK-ADC autopsy cohorts (N=1,110 cases)



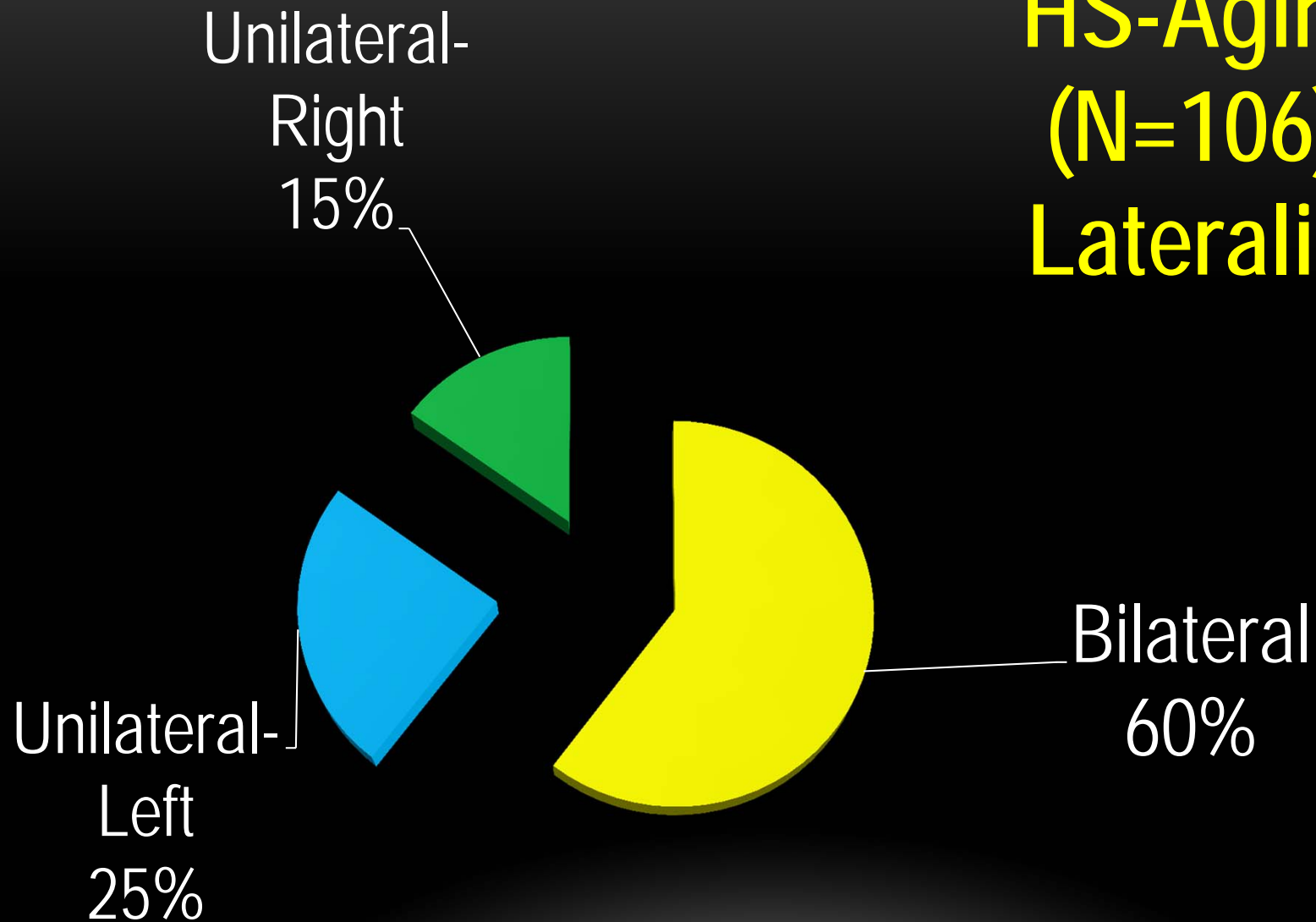
In extreme old age, AD pathology becomes LESS prevalent

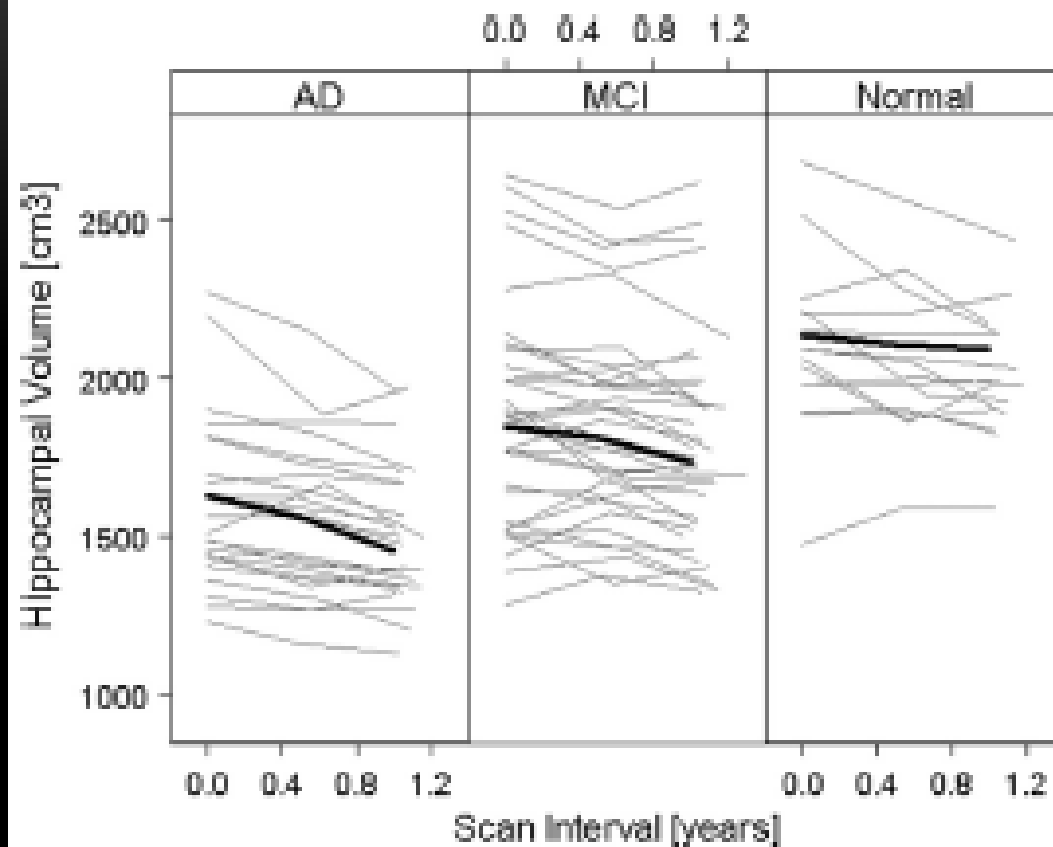
Hippocampal sclerosis pathology becomes MORE prevalent

Pathology by age at death:
Nun Study (N=526); med age>90y.o.



HS-Aging (N=106): Laterality





A large proportion of MRI-visualized hippocampal atrophy is NOT AD!



Alzheimer's & Dementia 8 (2012) 51–568

Alzheimer's
&
Dementia

Review Article

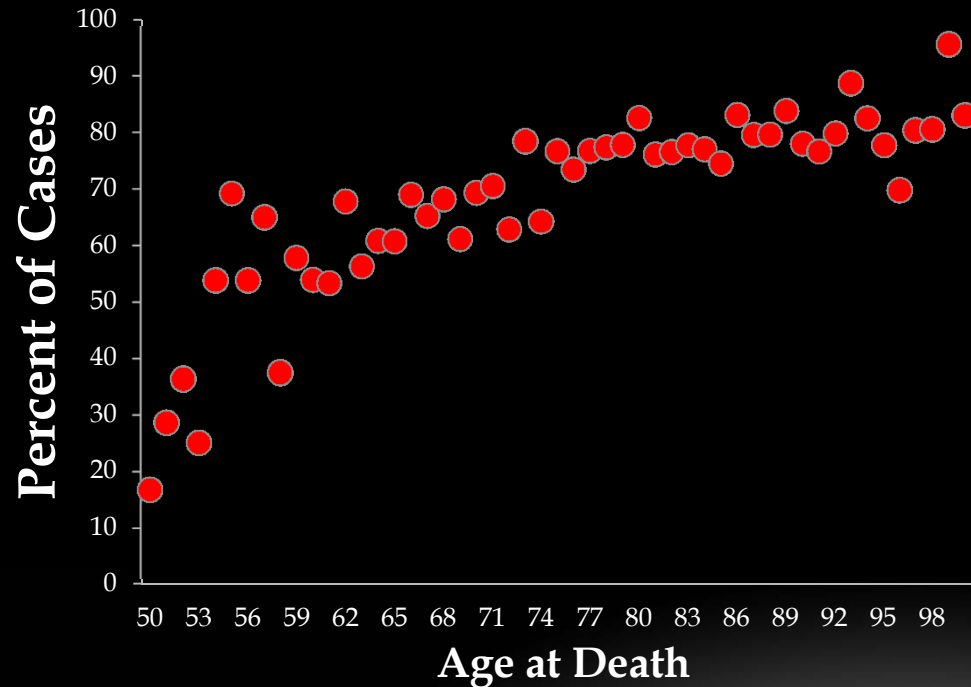
The Alzheimer's Disease Neuroimaging Initiative: A review of papers published since its inception

Michael W. Weiner^{a,b,c,d,e,g}, Dallas P. Veitch^a, Paul S. Aisen^f, Laurel A. Beckett^e, Nigel J. Cairns^{h,i}, Robert C. Green^j, Danielle Harvey^e, Clifford R. Jack^k, William Jagust^l, Enchi Liu^m, John C. Morris^f, Ronald C. Petersenⁿ, Andrew J. Saykin^{o,p}, Mark E. Schmidt^q, Leslie Shaw^r, Judith A. Siuciak^s, Holly Soares^t, Arthur W. Toga^u, John Q. Trojanowski^{v,w,x,y,z},
Alzheimer's Disease Neuroimaging Initiative

^aDepartment of Veterans Affairs Medical Center, Center for Innovation of Neurodegenerative Diseases, San Francisco, CA, USA

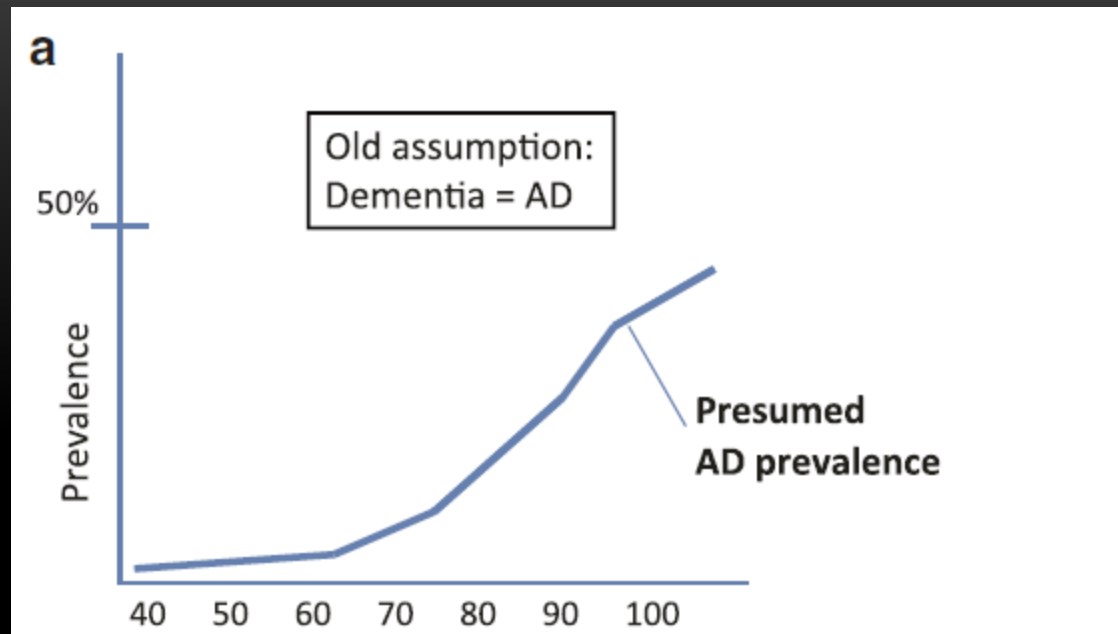
Cerebrovascular Disease

% Cases with Vascular Pathology
(NACC data, N=4,423 cases)

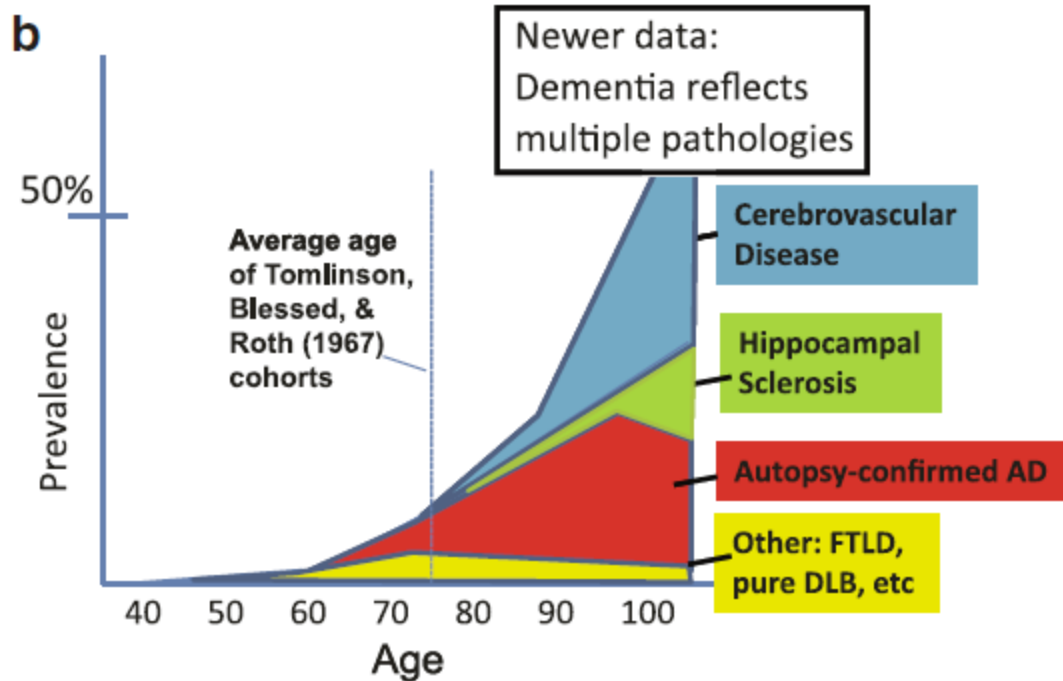
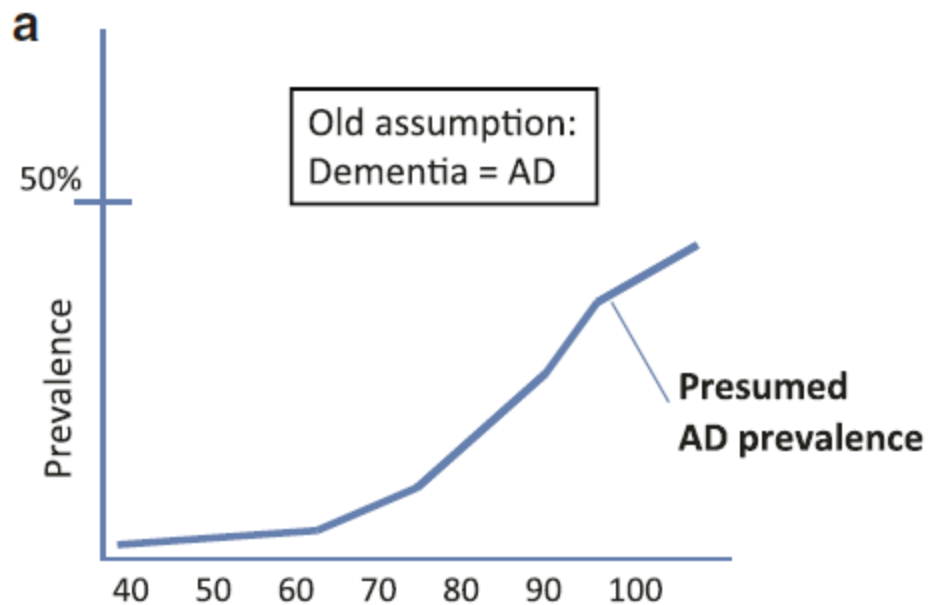


In old age,
cerebrovascular
pathology
becomes MORE prevalent
& practically ubiquitous

(although AD pathology
becomes LESS prevalent)



**Additional pathologies
in advanced old age
require an overhaul of
prior assumptions**



**In advanced old age,
non-AD diseases
underlie much of
clinical dementia**

**“Classic” clin-path
studies addressed
much younger
cohorts.**

Acta Neuropathologica, 2011

AD is not “brain aging”; there are abundant evidences for a specific plaque+tangle disease with strong genetic contribution

Density of neocortical tangles correlates strongly with cognitive impairment

No “dissociation” between AD pathology and cognitive impairment

Many diseases in aged human brains

Conclusions

1. Neuropathology (NP) is complicated
 2. Consideration of NP necessary to optimize management of
-patients, clinical trials, biomarkers, animal models, etc
 3. NP has become more, not less, relevant and important
-

Obvious fact:

Obvious fact:

We're not done yet



UK-ADC Neuropathology Core

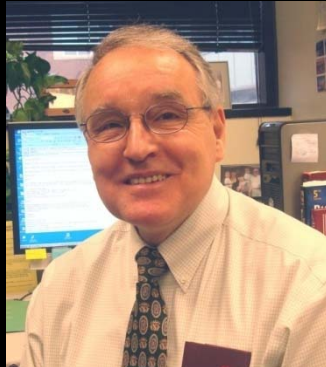
Erin Abner, MPH



Greg Jicha, MD PhD



Dick Kryscio, PhD



Fred Schmitt, PhD



Linda Van Eldik, PhD

Thanks

Dr. William Markesbery

NIH/NIA

NIH/NINDS

NIH/NINDS

NIH/NIA

NIH/NIA ADC NP Core

Pilot Grant

K08 Grant

R01 Grant

R21 Grant

P30 Grant

Alzheimer's Association

NIR Grant

Editorial comment:

Editorial comment:

Autopsy diagnosis
is the gold standard for
neurodegenerative
disease diagnosis and severity