

# The “AB” of Random Effects Models

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# Outline

- A. Linear Models for longitudinal models
- B. Why can't we stick with "Fixed Effects" models?
- C. Salvation via Random Effects models
- D. Three useful answers

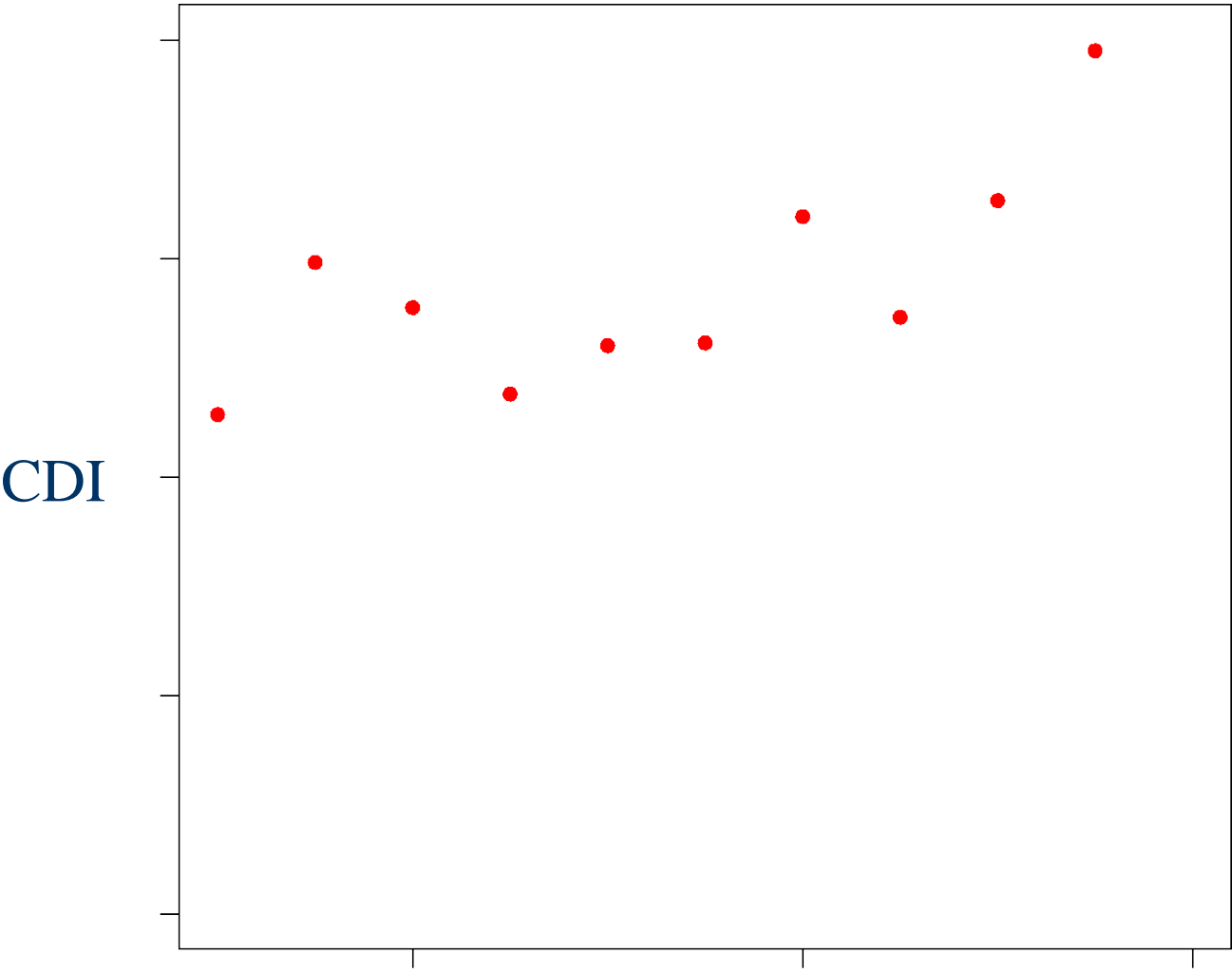
## A. Linear Regression:

Consider a collection of “Avery’s” *Cognitive Disability Index (CDI)* over time (red dots).

Time could be age, date, time since treatment, or other relevant scale.

For observational studies time often means age.

Plot of Avery's Data



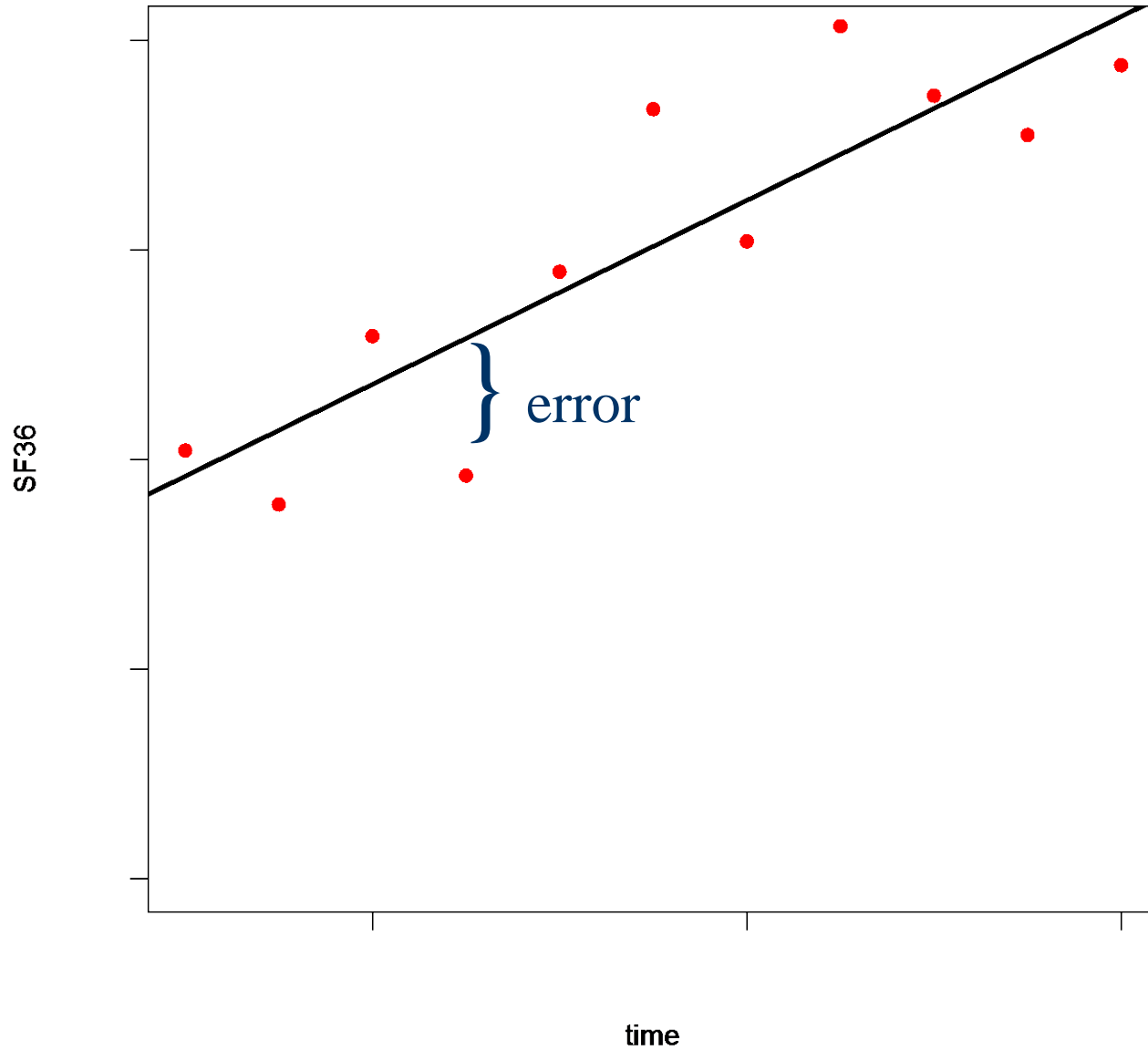
# Linear Regression:

Consider a collection of “Avery’s” *CDI* over time (red dots).

The simplest model is a linear one, where at each time Avery’s *CDI* is:

$$CDI = constant + \beta_{time} \times time + error$$

Plot of Avery's Data with Regression Line



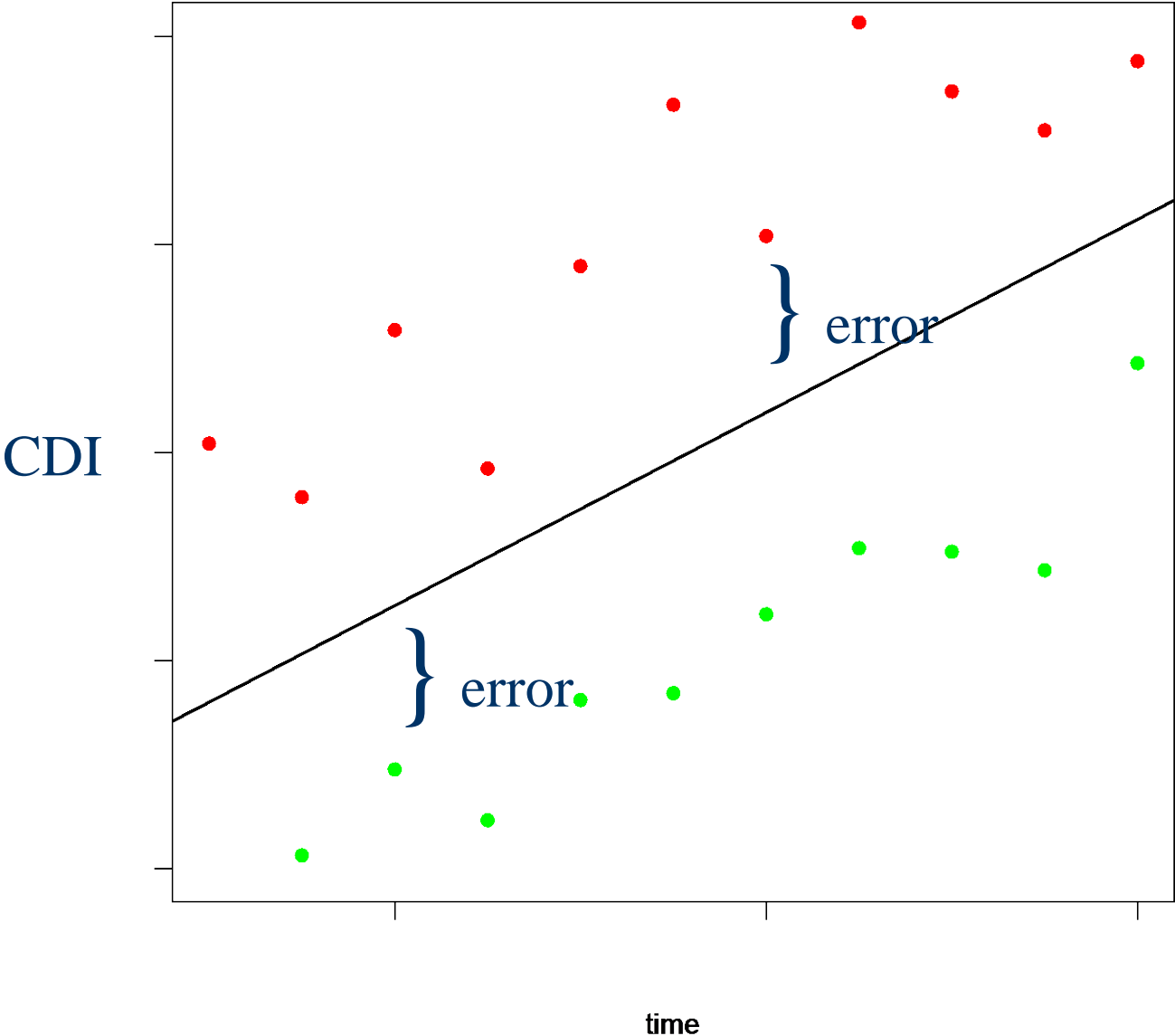
There are different errors (not shown) for the other 10 points.

## Linear Regression:

But what if you now have Brenda's *CDI* measures (green dots)?

Even if they parallel Avery's changes over time, they still may be higher or lower than his on average:

Plot of Avery and Brenda's Data with Regression Line





## Linear Regression with a simple Fixed Effect:

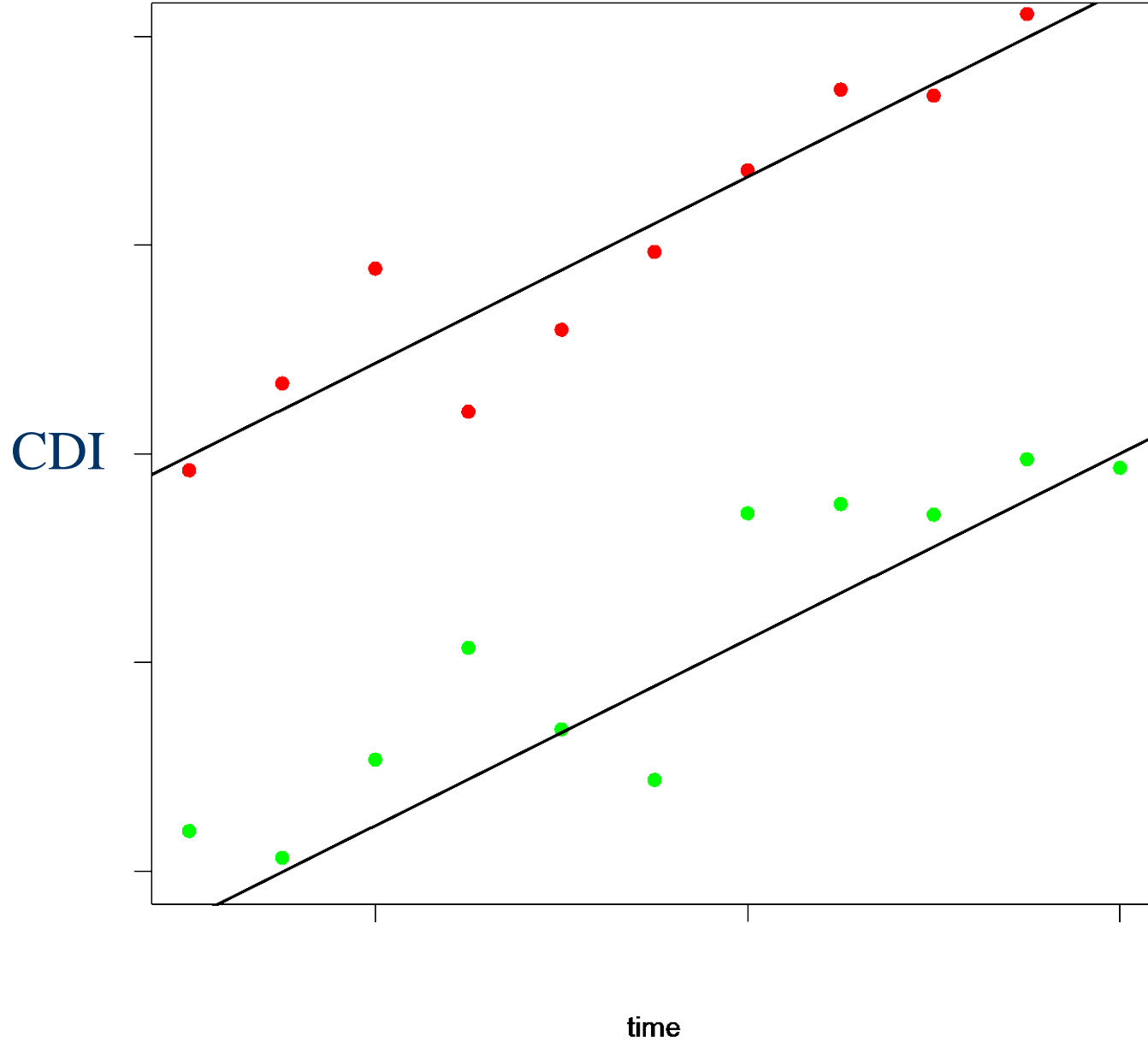
Even if they parallel Avery's changes over time, they still may be higher or lower than his on average:

$$CDI = constant + \beta_{B \text{ vs. } A} \times Ind(Brenda) + \beta_{time} \times time + error,$$

Where  $Ind(Brenda) = 1$  for Brenda's data

0 for Avery's data

**Plot of Avery and Brenda's Data with Fixed Effect Model**



## **B. Why can't we stick with "Fixed Effects" models?**

We need to include a lot more than two subjects.

We could have a fixed effects model with, say 500 parameters for 500 patients.

Alas:

- 1) This induces severe statistical problems.
- 2) It also doesn't answer the questions we ask.

## 1) Severe statistical problems:

- Tabulating and interpreting 500 estimates?
- The usual good properties of regression estimates require a *small* number of parameters.

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- Tabulating and interpreting 500 estimates?
- The usual good properties of regression estimates require a *small* number of parameters.
- We can assess these properties by performing computer simulations of artificial datasets.

Oh Joy.

2) [A fixed effects model] also doesn't answer the questions we ask.

Do we want to be able to describe Avery, etc., or do we want to characterize humans in general?

## C. Random Effects models:

We now have two error terms:

$$\begin{aligned} CDI = & \textit{constant} + \beta_{\textit{time}} \times \textit{time} \\ & + \textit{within-subject error} \\ & + \textit{between-subject error} \end{aligned}$$

“within-subject error” is the same as plain “error” above



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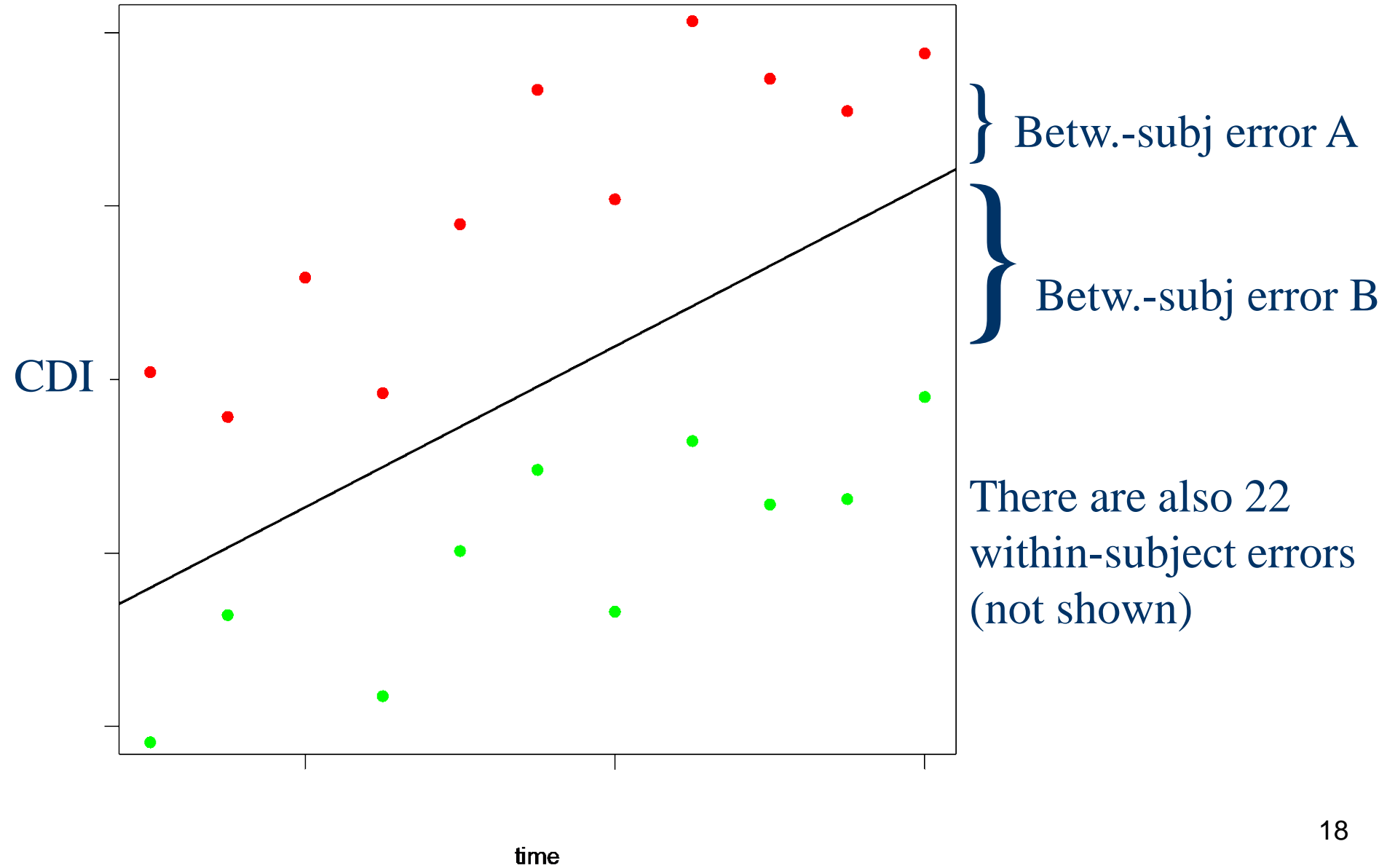
“Between-subject error” is new;

It allows for subjects to express individual variation as well as the usual ups and downs over time.

It is constant for each subject;

Here, it has one value for Avery and another for Brenda.

# Plot of Avery and Brenda's Data with a Random Effects Model



## D. Three useful answers

1. The example above showed only the case where the subject's regressions lines shifted up or down - the Random Intercept model.

Is there also a Random Slope model, analogous to fitting interaction terms for the fixed-effects model; where both the slope and intercept vary between subjects?

## D. Three useful answers

1. The example above showed only the case where the subject's regressions lines shifted up or down - the Random Intercept model.

Is there also a Random Slope model, analogous to fitting interaction terms for the fixed-effects model; where both the slope and intercept vary between subjects?

YES.

2. What do you call a model with Random Effects for subjects and Fixed Effects for age, sex, markers etc.?

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A Mixed Effects model.

This is very common.

3. When can you use “derived variables”; when can you estimate the slope and intercept (or other summaries) for each subject and then do simple analyses of these?

E.g., can't we just do a t-test of the difference between the slopes of marker + vs. marker - subjects?

3. When can you use “derived variables”; that is, suppose you estimate the slope and intercept for each subject and then do simple analyses of these.

E.g., can't we just do a t-test of a difference between the slopes of marker + vs. marker - subjects?

This is appropriate when the study is balanced; that is, when every subject has measurements at a common set of ages with no missing values.

Much more often true in the lab than the clinic.