

NIH Biomarkers Consortium for Vascular Contributions to Cognitive Impairment and Dementia

Developing Best Practices and Biomarker Harmonization

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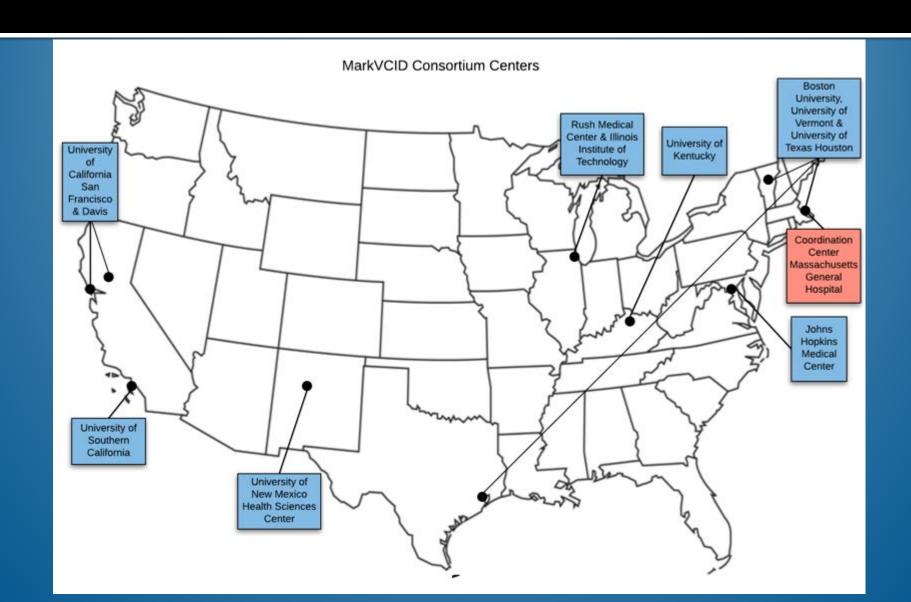
Outline

- 1. Opportunities and challenges in fluid biomarkers.
- Current approaches by MarkVCID to address the challenges.
- 3. The path forward.
- 4. Discussion.

What is MarkVCID?

- NINDS/NIA funded consortium to discover and validate biomarkers for small vessel disease type VCID.
- UH2/UH3 mechanism with 2 year UH2 discovery phase and 3 year UH3 validation phase.
- Currently developing transition plans with UH₃ due to start August 2018.
- Program is managed by Dr. Rod Corriveau and Dr. Linda McGavern.

MarkVCID sites



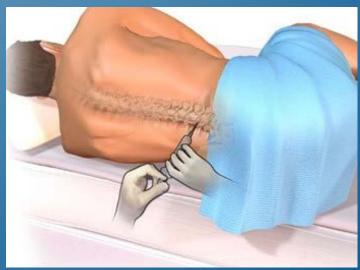
MarkVCID - A unique opportunity for us to evaluate biomarkers in a rigorous, reproducible manner

- There is <u>NO</u> wholly validated biomarker for cerebral small vessel disease.
- There are many single-site, single-cohort studies that report a novel biomarker. These have yet to be validated and reported as proven.
- This consortium aims to produce a battery of biomarkers that are validated across sites, across cohorts, and across platforms, that are useful for diagnosis, clinical trials, and tracking of disease.
- Sites are focusing on neuroimaging and fluid biomarkers.

The utility of fluid biomarkers

- Fluid biomarkers are easily obtained at a low cost and without the need of a site having specific equipment.
- A single fluid sample gives sufficient volume for the assessment of multiple analytes.
- Fluids can be shipped between institutions, or from rural health care facilities to centers for analysis and interpretation.





The challenges of fluid biomarkers



 As opposed to direct imaging of vessels / brain tissue in MRI, fluid biomarkers will be surrogates of pathologic processes.

 Sample preparation, storage methods, tube type, time of day, fasting state, unrelated illnesses, and medications, can all affect assay results.

Overcoming the challenges

- Implement best practices that all sites will be required to follow for the collection and storage of samples.
- Highlights of this document include requirements for:
 - Fasting, morning sample collection.
 - Standard needle size and type.
 - Standard tube types for collection and storage.
 - Standard aliquot size.
 - Standard temperature requirements for storage.

What samples are being collected?

- All MarkVCID sites are collecting longitudinal plasma samples from their cohorts.
- Four of the seven sites are collecting longitudinal CSF samples.
- Analysis equipment available for fluid samples are:
 - Meso-Scale Discoveries.
 - Luminex.
 - Quanterix (SiMoA)
 - Standard colorimetric ELISA.

Expectations of Individual Sites.

- Sites collecting fluid biospecimens will comply with best practices, beginning as early as possible but by the start of the UH3 phase.
- Sites will maintain samples at the required temperatures, deidentified using the MarkVCID coding system.
- Sites will aliquot and store a minimum volume of 5ml plasma and CSF that will be designated specifically to MarkVCID.
- Requests for samples will be reviewed and approved by the fluid biomarker subcommittee, for final approval by the steering committee.
- The sample shipping SOP will be followed when samples are to be shipped out.

Harmonization Processes

- Finalization of harmonization protocols is expected in the next few months.
- We have agreed that the best process for harmonization is the distribution of a standard sample (for both CSF and plasma) to sites with sufficient aliquots to complete the UH₃ process.
- These standard samples will be included when batches of samples are being analyzed at each site.
- We will be generating pooled, diseased samples. Diseased is necessary for some biomarkers as some biomarkers are not expressed at all in non-demented controls.

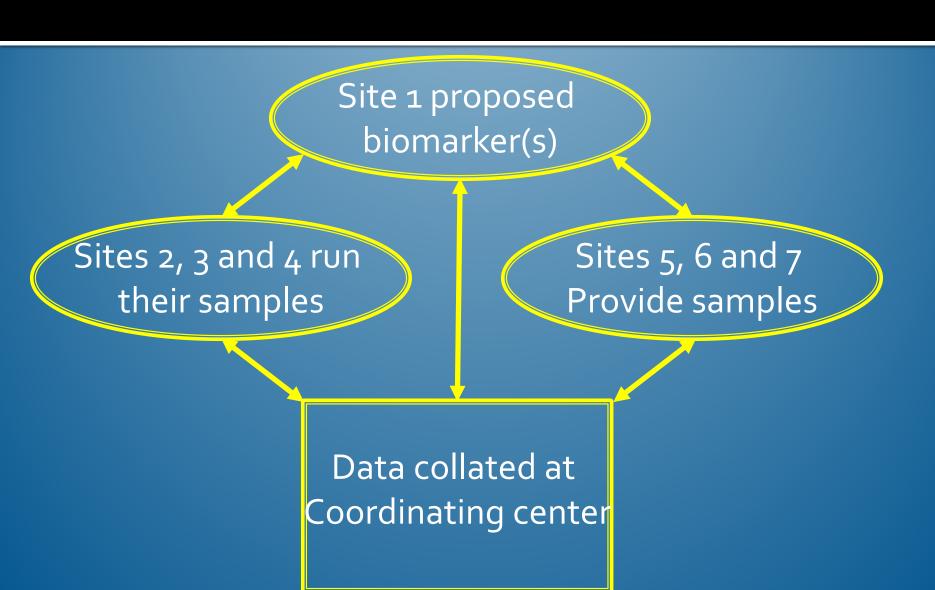
Improving Sharing

- A specific sharing subcommittee worked extensively on language of MTAs and consent forms.
- IRBs were updated to include common language.
- Now, these sharing forms are in place so that prospective collection of samples in UH3 will allow full sharing of samples between all of the consortium sites.
- Decision was made to maintain samples as a "virtual biorepository" but with centralized sample inventories.

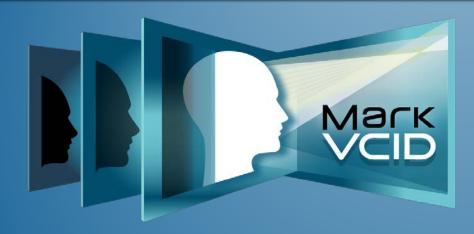
Next Steps

- The biomarkers will be proposed by each site to be cross-site tested.
- Biomarkers will be tested at different sites, on different platforms, and on different cohorts, to ensure reproducibility and consistency.
- Biomarkers will likely be categorized as diagnostic, or modifiable to indicate target engagement.
- Clinical trials will propose these fluid biomarkers as outcome measures (secondary).

Workflow



Thanks to all



Fluid Biomarker Subcommittee Members:

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Zoe Arvanitakis, Rush

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