

# Improving the Rigor, Reproducibility and Predictive Validity of Preclinical Research for Alzheimer's Disease

## -Alzheimer's Preclinical Efficacy Testing Database, AlzPED-

Shreaya Chakroborty, PhD  
Lorenzo Refolo, PhD  
Division of Neuroscience



NIA Webinar:

Increasing Research Rigor,  
Reproducibility and  
Translatability

October 26, 2020

# What is Preclinical Research?

In therapy development **preclinical research** is the stage of research that begins before clinical trials can begin, and during which important iterative testing, feasibility, efficacy in disease models, and drug safety data is collected.

## Preclinical Research

Target identification/validation  
Lead identification/optimization  
PK-PD/ADME

## *Therapeutic Agent Efficacy in a Disease Model*

Toxicity in Rodents, Canines, NHP



Translation to the clinic is often dependent on the predictive validity of preclinical studies

## Clinical Trials

Safety and  
Efficacy in Humans

# What is Predictive Validity?

- How well an animal model successfully discriminates between successful and unsuccessful treatments for the human disease condition.
- How well does the candidate drug testing performed in animal models translate into the clinic.
- Predictive Validity is also known as Translational Validity.

# Preclinical to Clinical Translation Gap

- More than 300 therapeutic agents have been reported to be efficacious in ameliorating pathology and/or cognitive deficits in transgenic AD animal models.
- This success has not translated to success in the clinic. In fact, none of these agents have been advanced to the FDA for approval to market as an effective disease modifying therapy for AD.
- High rate of attrition of AD drug candidates in Phase II (92%) and Phase III (98%) with more than half failing due to lack of efficacy.
- From 2002 to 2012, 244 drug candidates were tested in 413 clinical trials (Ph I - Ph III) only one (memantine) received FDA approval (approval rate of 0.4%; >99% attrition)
- There have been no new FDA approved drugs for treatment of AD since 2003.

*Cummings et al., Alzheimer's Research & Therapy 2014,  
Cummings et al., Alzheimer's & Dementia 2018*



TIME

This Alzheimer's Breakthrough  
Could Be a Game Changer



*Mouse study hints at possible Alzheimer's cure*



The Telegraph

Has Stanford University  
found a cure for  
Alzheimer's disease

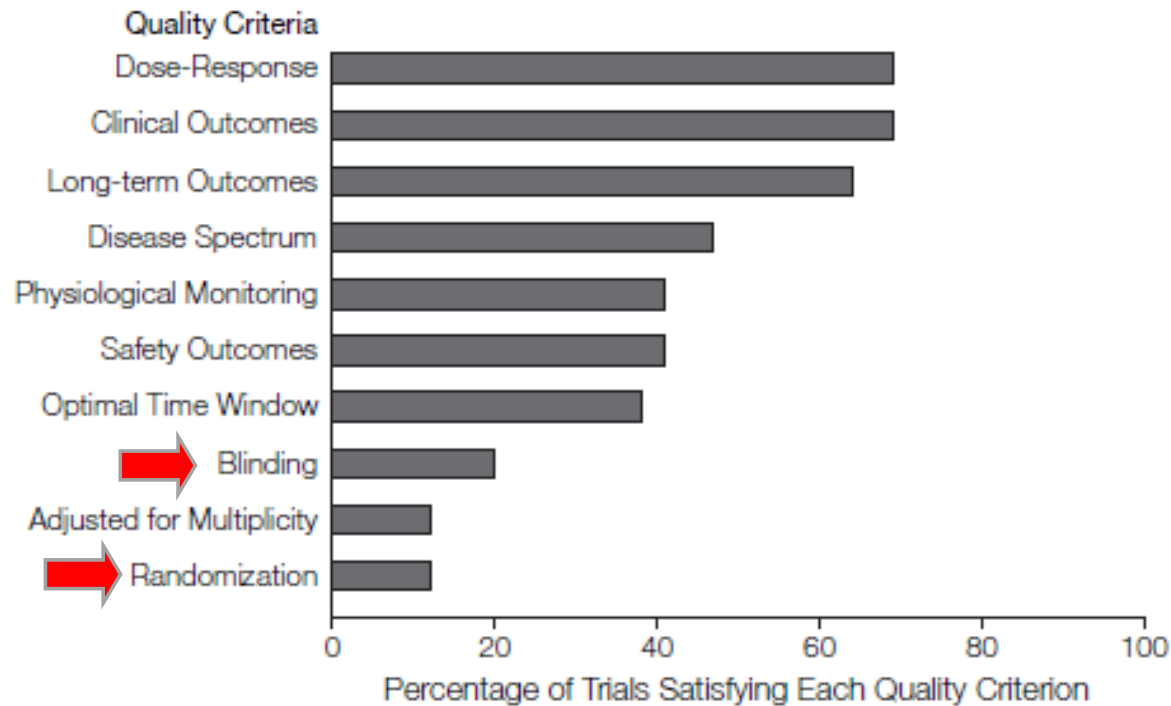
# Factors Contributing to Poor Translation of Preclinical Efficacy Testing

- The AD animal models do not accurately recapitulate human AD.
  - Lack of reliable preclinical biomarkers that translate to the clinic.
  - Failure to match outcome measures used in clinical studies.
- Lack of standardization and rigor in study design and analysis of data.
  - Publication bias due to under reporting of negative results in the literature.
  - Poor reproducibility of published data.

# Scientific Rigor in Study Design is Lacking in Preclinical Efficacy Studies

(Including those published in high impact journals)

**Figure 1.** Methodological Quality of Animal Trials (n=76)



- Data from 76 animal studies published between 1980-2000 in 7 leading scientific journals (Science, Nature, Cell, Nature Medicine, Nature Genetics, Nature Immunology and Nature Biotechnology).
- Median citation count of 889 (range of 639-2233 citations).

**NIH AD Research Summits:  
Path to Treatment and Prevention**



**May 14-15, 2012  
Feb 9-10, 2015  
March 1-2, 2018**

**Overarching Goal: Formulate a blueprint for an integrated, translational research agenda that will enable the development of effective therapies (disease modifying and palliative) across the disease continuum for the cognitive as well as neuropsychiatric symptoms of Alzheimer's disease.**

**NIH AD Summits :  
Recommendations Aimed at Increasing the Predictive Validity  
of Preclinical Studies in AD Animal Models**

- **Identify consensus experimental design elements and best practices and incorporate them into study design guidelines for preclinical studies in AD animal models.**
- **Develop a publicly available database that serves as a knowledge platform for data sharing, mining and analysis relating to the preclinical testing of candidate therapeutic agents in AD animal models.**
- **The database should help identify critical experimental design elements and methodology missing from studies, making them susceptible to misinterpretation and reducing their rigor, reproducibility and translational value.**
- **The database of preclinical efficacy studies that houses experimental designs and analyses of positive and negative data to overcome publication bias**



# Recommendations: Best Practices and Study Guidelines for Preclinical Animal Studies

- Power Analysis/Sample Size
- Statistical Analysis Plan
- Inclusion/Exclusion Criteria
- Randomization
- Blinding (treatment allocation and outcome measures)
- Balance for Gender
- Report Age of Animals
- Report details of Strain, Housing, Diet
- Employ *translatable biomarkers* as key measures
- Use PK/PD, ADME to Characterize Candidate Therapeutic Agents
- Report Toxicology Measures
- Report Potential Conflicts of Interest

Common Critical Elements of  
Clinical Trial Study Design



- Develop a Publicly Available Database of Preclinical Efficacy Studies (Similar to Clinical Trials.gov.)

# NIA Response to Recommendations

<https://alzped.nia.nih.gov>

## Recommendations Aimed at Increasing Predictive Power of Preclinical Testing in AD Animal Models:

1

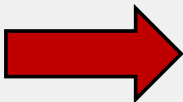
House experimental details relating to the preclinical testing of candidate therapeutic agents in AD animal models.

2

Identify critical elements of design and methodology missing from studies.

3

House experimental details of positive and negative data to overcome publication bias.



AlzPED

ALZHEIMER'S DISEASE PRECLINICAL EFFICACY DATABASE

Transparent. Reproducible. Translatable.

Contact Us

Login

ABOUT AlzPED

SEARCH AlzPED

RESOURCES

SUBMIT YOUR DATA

Alzheimer's Disease Preclinical Efficacy Database

AlzPED is a publicly available, searchable, data resource that aims to increase the transparency, reproducibility and translatability of preclinical efficacy studies of candidate therapeutics for Alzheimer's disease.

Search by Model, Therapeutic Agent, Therapeutic Target or PI Name

Q

ADVANCED SEARCH

NIA-AA Symposium: Enabling Precision Medicine for Alzheimer's Disease Through Open Science

Join NIA for the live session on July 31, 2020 at 8:30 AM CST

NIA-AA SYMPOSIUM

View Reporting for Experiment Design

TOXICOLOGY MEASURES 35%

PHARMACOKINETIC MEASURES 23%

AGE OF ANIMAL AT THE END OF TREATMENT 95%

DOSE 98%

BLINDED FOR OUTCOME MEASURES 32%

RANDOMIZED INTO GROUPS 25%

ROUTE OF DELIVERY 100%

STATISTICAL PLAN 96%

AGE OF ANIMAL AT THE BEGINNING OF TREATMENT 96%

FORMULATION 95%

NUMBER OF PRELIMINARY DEATHS 7%

PHARMACODYNAMIC MEASURES 30%

FREQUENCY OF ADMINISTRATION 99%

DURATION OF TREATMENT 99%

ADME MEASURES 4%

BIOMARKERS 15%

SEX AS A BIOLOGICAL VARIABLE 72%

CONFLICT OF INTEREST 49%

GENETIC BACKGROUND 61%

BLINDED FOR TREATMENT 8%

STUDY BALANCED FOR SEX AS A BIOLOGICAL VARIABLE 23%

NUMBER OF EXCLUDED ANIMALS 3%

POWER/SAMPLE SIZE CALCULATION 2%

EXCLUSION CRITERIA INCLUDED 6%

Explore AlzPED Categories

Therapeutic Targets

→

Therapeutic Agents

→

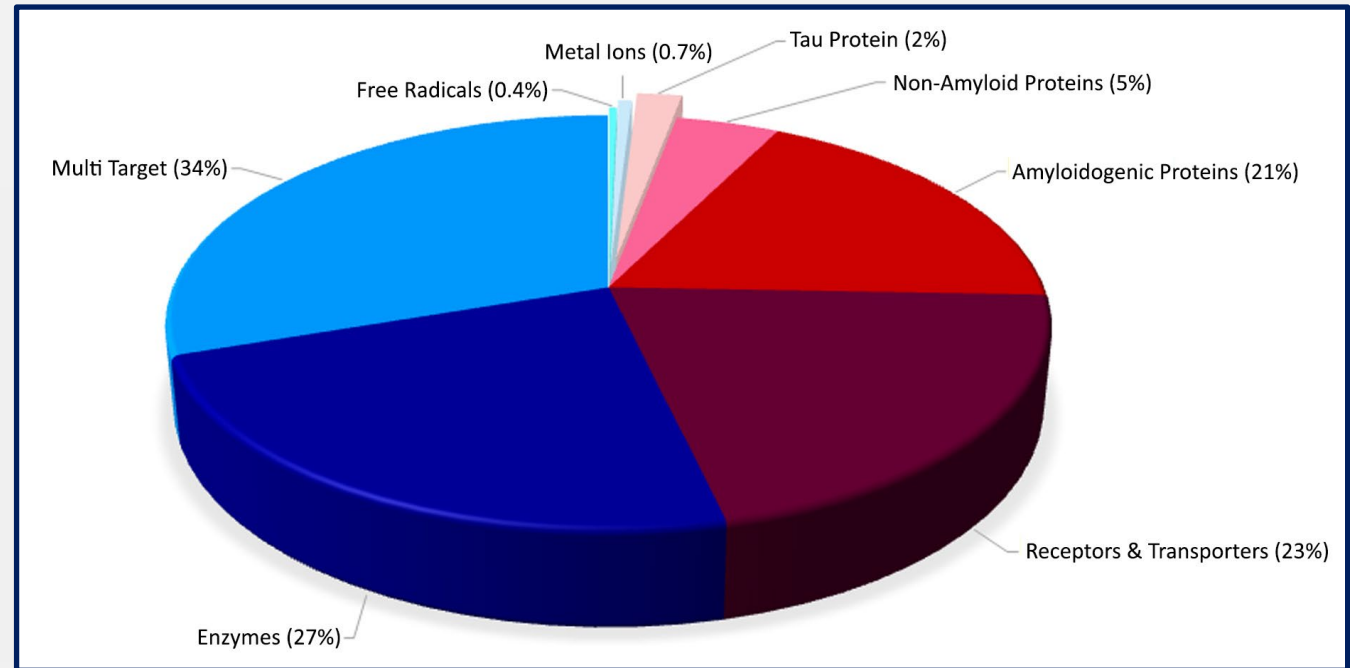
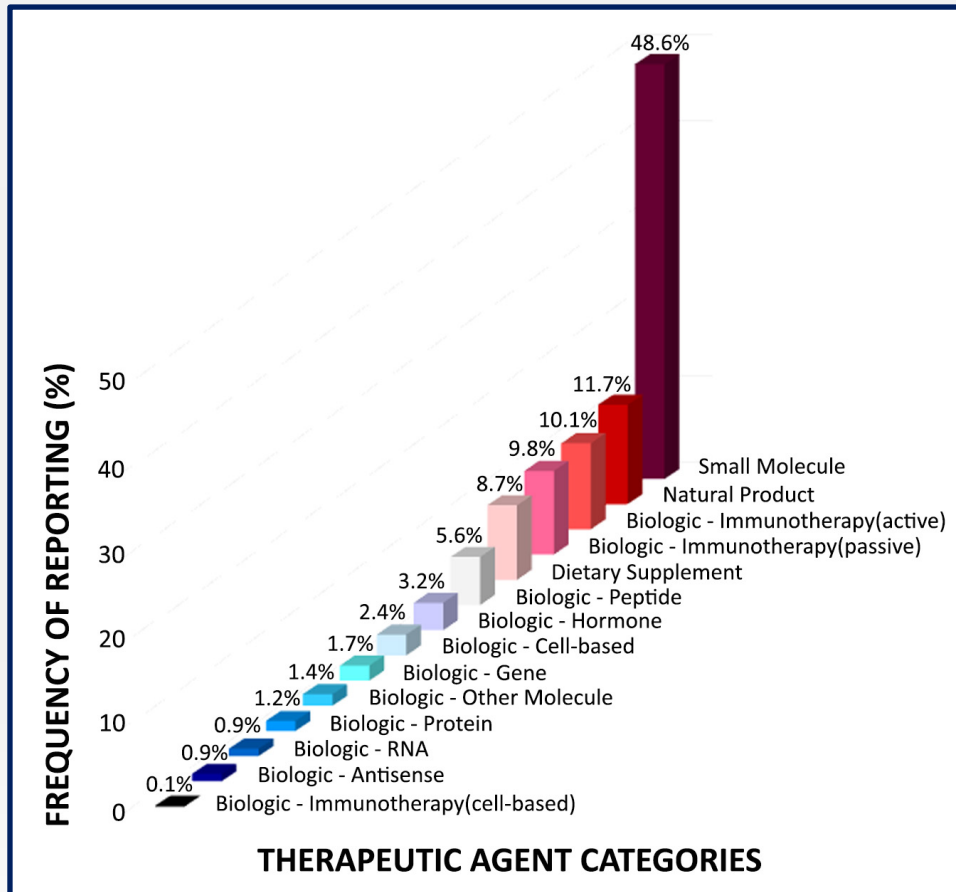
Animal Models

→

# Scope and Capabilities

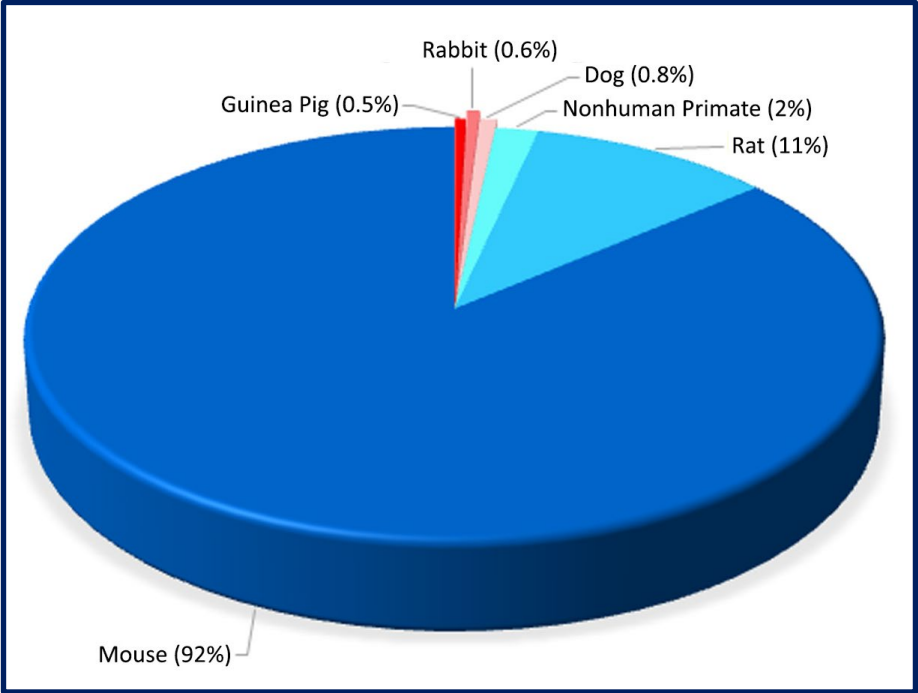
- Provide researchers and information scientists with a facile way to survey existing AD preclinical therapy development literature and raise awareness about the elements of rigorous study design and requirements for transparent reporting – hosts curated summaries from **1030** preclinical efficacy studies published between 1996 and 2019.
- Influence the development and implementation of reproducibility strategies including guidelines for standardized best practices for the rigorous preclinical testing of AD candidate therapeutics.
- Provide search capability across relevant translational criteria data sets and external databases:
  - Therapy Type (**14 Therapy Types**)
  - Therapeutic Agent (**890 Therapeutic Agents**)
  - Therapeutic Target (**173 Therapeutic Targets**)
  - Animal Model (**188 Animal Models**)
  - Principal Investigator
  - Funding Source
  - Related Publications ([PubMed](#))
  - Therapeutic Agents ([PubChem](#) and [Drug Bank](#))
  - Therapeutic Targets ([Open Targets](#) and [Pharos](#))
  - Animal Model ([Alzforum](#))
  - Related Clinical Trials ([ClinicalTrials.gov](#))
  - Related Patents ([Google Patents](#) and [USPTO](#))
- Provide funding agencies with a tool for enforcement of requirements for transparent reporting and rigorous study design.
- Provide a platform for creating [citable reports/preprints](#) of unpublished studies, including studies with **negative data**.
- Report on the rigor of each study by summarizing the elements of experimental design.

# AlzPED Catalogues **890** Therapeutic Agents and **173** Therapeutic Targets

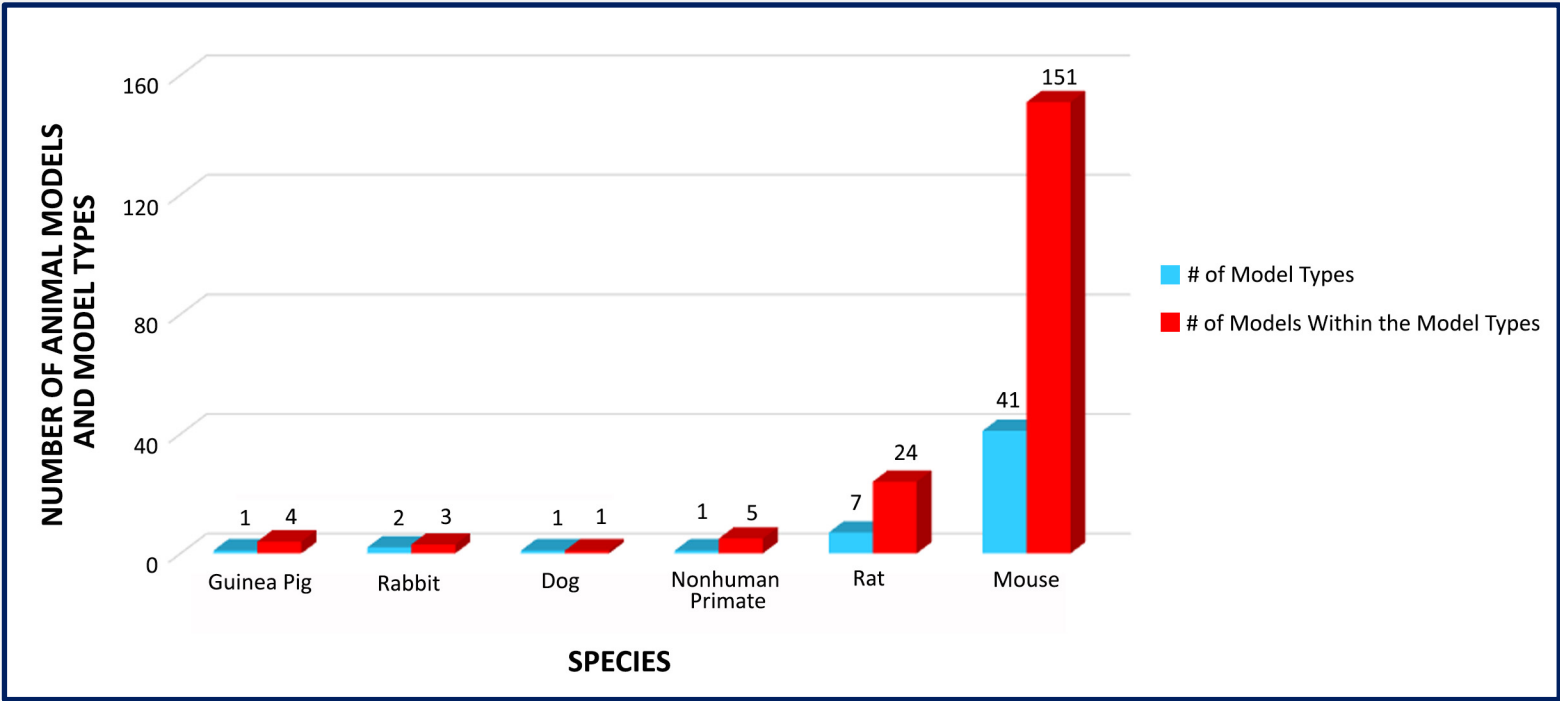


Graphs show the diverse types of therapeutic agents and therapeutic targets tested. Data presented as percentages from 1030 published preclinical studies curated to AlzPED.

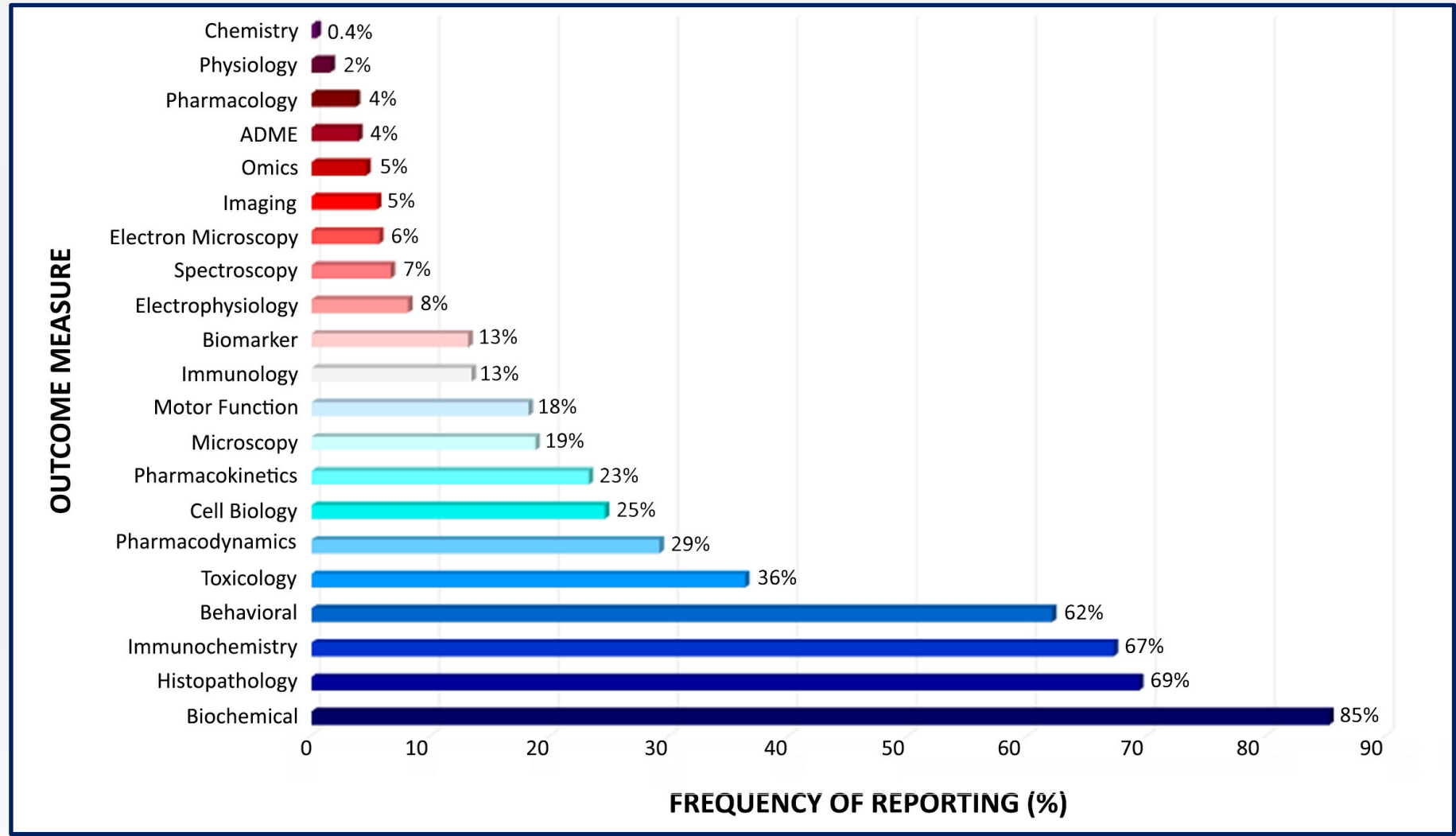
# AlzPED Catalogues **188** Animal Models



**6** animal species, **41** animal model types and **188** AD animal models are utilized in preclinical efficacy studies. Data presented as percentages calculated from 1030 published preclinical studies curated to AlzPED.



# AlzPED Catalogues 21 Major Outcome Measures



Each curated study provides an individual snapshot of the measures tested and outcomes achieved in response to the therapeutic agent tested. AlzPED defines 21 different outcome measures. Data presented as percentage reported, calculated from 1030 published preclinical studies curated to AlzPED.

# AlzPED Data Submission Platform

SUBMIT YOUR DATA (Select "published" or "unpublished" below prior to entering your study information.)

Published

Unpublished

1BIBLIOGRAPHIC

2THERAPEUTIC

3ANIMAL MODEL

4EXPERIMENTAL DESIGN

5OUTCOMES

Year of Publication

The year when the Study was published (if applicable).

2019

Title of Study \*

Title of Study

Show special characters.

Contact PI Last Name \*

Contact PI First Name \*

Contact PI Middle Initial

Contact PI Last Name

Contact PI First Name

Contact PI Middle Initial

Contact PI Affiliation

Contact PI Affiliation

Co-Authors

Co-Authors

Primary Reference (PubMed ID)

Published data is extracted from the scientific literature and curated in these 5 categories – bibliographic, therapeutic, animal model, experimental design and outcomes.

SUBMIT YOUR DATA (Select "published" or "unpublished" below prior to entering your study information.)

Published

Unpublished

1BIBLIOGRAPHIC

2THERAPEUTIC

3ANIMAL MODEL

4EXPERIMENTAL DESIGN

5OUTCOMES

Title of Study \*

Show special characters.

Contact PI Last Name \*

Contact PI First Name \*

Contact PI Middle Initial

Contact PI Affiliation

Co-Authors

Primary Reference (DOI)

Funding Source

Enter or Select Option(s)

Conflict of Interest

Unpublished data (positive and negative data) will be obtained directly from researchers. A citable D.O.I. will be generated for an accepted study. A downloadable PDF will be hosted on the AD Knowledge Portal.



# Sample of a Curated Record on AlzPED

**Begacestat (GSI-953): a novel, selective thiophene sulfonamide inhibitor of amyloid precursor protein gamma-secretase for the treatment of Alzheimer's disease.**

VIEWEDIT

- BIBLIOGRAPHIC
- THERAPEUTIC AGENT
- ANIMAL MODEL
- EXPERIMENTAL DESIGN
- OUTCOMES

## Bibliographic

**Year of Publication:** 2009

**Contact PI Name:** J Steven Jacobsen

**Contact PI Affiliation:**  
Wyeth Research, Departments of Discovery Neuroscience

**Co-Authors:**  
Robert L. Martone, Hua Zhou, Kevin Atchison, Thomas Comery, Jane Z. Xu, Xinyi Huang, Xiaohai Gong, Mei Jin, Anthony Kreft, Boyd Harrison, et al

**Primary Reference (PubMed ID):** 19671883

**Funding Source:**  
Wyeth Research

**Study Goal and Principal Findings:**  
Gamma secretase is widely regarded as a viable target to achieve therapeutically relevant reductions of A $\beta$  in AD, and multiple classes of GSIs have been reported including peptidomimetics and sulfonamides. The goal of this study was to report on the pharmacological properties of the novel thiophene sulfonamide gamma secretase inhibitor (GSI), GSI-953, also known as begacestat. In summary, the preclinical data for GSI-953 demonstrate a potent Abeta lowering activity, with nano molar potency, and in vitro selectivity against Notch processing. Cellular assays of Notch cleavage reveal that this compound is approximately 16-fold selective for the inhibition of APP cleavage. In addition, the drug exhibited robust in vivo efficacy for the lowering of brain, CSF, and plasma Abeta levels and the reversal of Abeta-dependent cognitive deficits in Tg2576 mice. Finally the drug was found lower of plasma Abeta (a potential biomarker) levels in humans. These data provide evidence supporting GSI-953 treatment as a potential disease modification in the development of AD.

## Therapeutic Agent

### Therapeutic Information:

**Therapy Type:** Small Molecule

**Therapeutic Agent:** GSI-953 (Begacestat)  
[PubMed](#) [PubChem](#) [ClinicalTrials](#) [Patents](#)

**Therapeutic Target:** Gamma secretase  
[Open Targets](#) [Pharos](#)

## Animal Model

### Model Information:

**Species:** Mouse  
**Model Type:** APP  
**Model Name:** Tg2576 [ALZFORUM](#)  
**Strain/Genetic Background:** Not Reported

**Species:** Rat  
**Model Type:** Non-transgenic  
**Strain/Genetic Background:** Sprague-Dawley

**Species:** Dog  
**Model Type:** Non-transgenic  
**Strain/Genetic Background:** Not Reported

## Experimental Design

### Is the following information reported in the study?:

- |   |   |
|---|---|
| <input checked="" type="checkbox"/> Power/Sample Size Calculation               | <input checked="" type="checkbox"/> Randomized into Groups                          |
| <input checked="" type="checkbox"/> Blinded for Treatment                       | <input checked="" type="checkbox"/> Blinded for Outcome Measures                    |
| <input checked="" type="checkbox"/> Pharmacokinetic Measures                    | <input checked="" type="checkbox"/> Pharmacodynamic Measures                        |
| <input checked="" type="checkbox"/> Toxicology Measures                         | <input checked="" type="checkbox"/> ADME Measures                                   |
| <input checked="" type="checkbox"/> Biomarkers                                  | <input checked="" type="checkbox"/> Dose  |
| <input checked="" type="checkbox"/> Formulation                                 | <input checked="" type="checkbox"/> Route of Delivery                               |
| <input checked="" type="checkbox"/> Duration of Treatment                       | <input checked="" type="checkbox"/> Frequency of Administration                     |
| <input checked="" type="checkbox"/> Age of Animal at the Beginning of Treatment | <input checked="" type="checkbox"/> Age of Animal at the End of Treatment           |
| <input checked="" type="checkbox"/> Sex as a Biological Variable                | <input checked="" type="checkbox"/> Study Balanced for Sex as a Biological Variable |
| <input checked="" type="checkbox"/> Number of Premature Deaths                  | <input checked="" type="checkbox"/> Number of Excluded Animals                      |
| <input checked="" type="checkbox"/> Statistical Plan                            | <input checked="" type="checkbox"/> Genetic Background                              |
| <input checked="" type="checkbox"/> Inclusion/Exclusion Criteria Included       | <input checked="" type="checkbox"/> Conflict of Interest                            |

## Outcomes

Outcome Measured	Outcome Parameters
Behavioral	<ul style="list-style-type: none"><li>Contextual Fear Conditioning</li></ul>
Biochemical	<ul style="list-style-type: none"><li>Notch Selectivity</li><li>Gamma Secretase Inhibition</li><li>Brain-beta amyloid peptide 40</li><li>Brain-beta amyloid peptide 42</li><li>Plasma-beta amyloid peptide 40</li><li>Plasma-beta amyloid peptide 42</li><li>CSF-beta amyloid peptide 40</li><li>CSF-beta amyloid peptide 42</li></ul>
Biomarker	<ul style="list-style-type: none"><li>Plasma-beta amyloid peptide 40</li><li>Plasma-beta amyloid peptide 42</li><li>CSF-beta amyloid peptide 40</li><li>CSF-beta amyloid peptide 42</li></ul>
Pharmacokinetics	<ul style="list-style-type: none"><li>Cmax</li><li>Area Under the Curve (AUC)</li><li>Brain/Plasma Ratio</li><li>PK/PD relationship</li></ul>
Pharmacodynamics	<ul style="list-style-type: none"><li>Target Engagement (reduction beta amyloid peptides-brain)</li></ul>
Toxicology	<ul style="list-style-type: none"><li>Tissue Histopathological Profile</li><li>Body Weight</li><li>Mortality</li><li>Behavior (general)</li></ul>



# AlzPED Monitors Rigor in Study Design for Each Curated Study

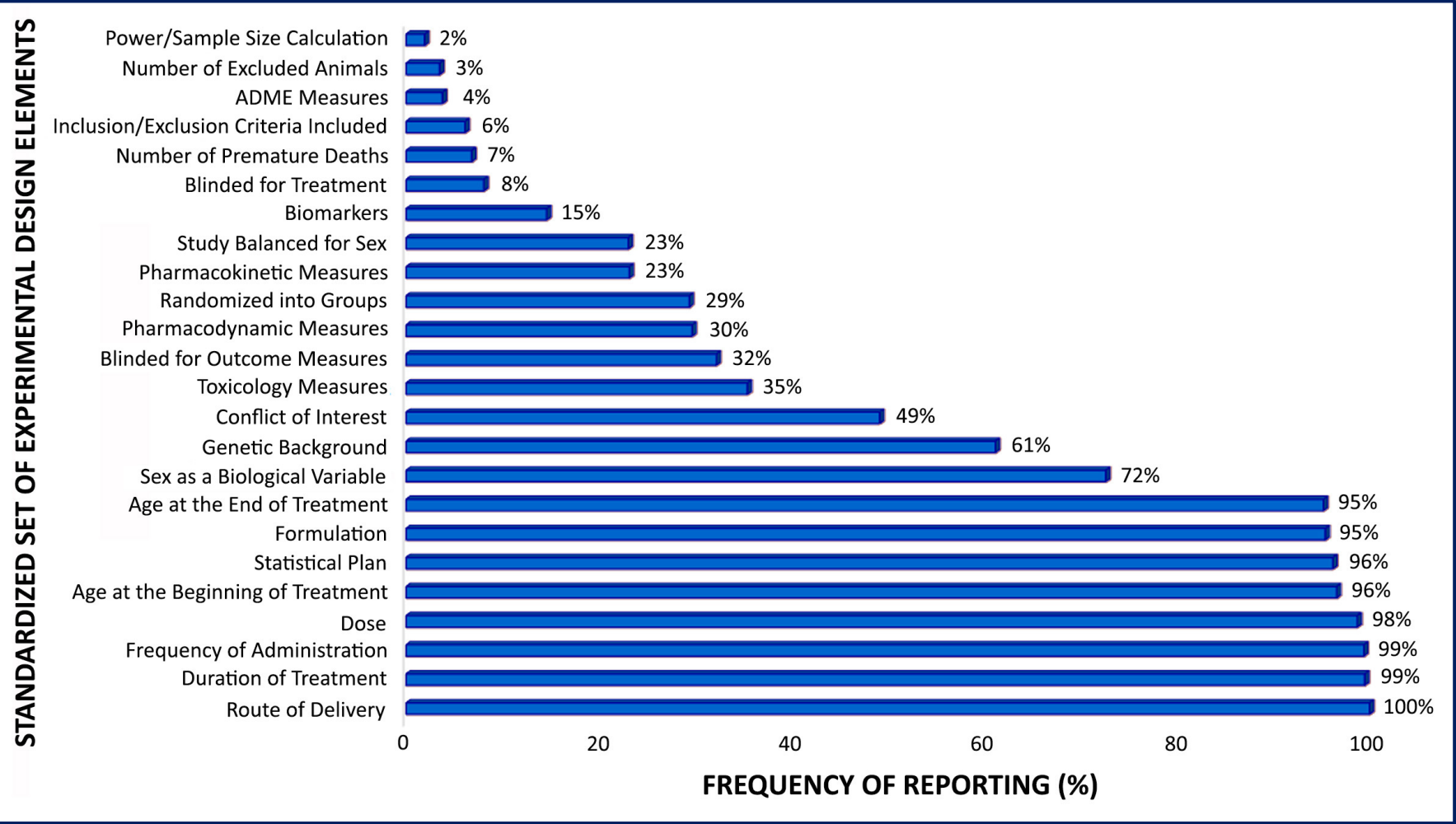
## Experimental Design *Rigor Report Card*

Is the following information reported in the study?:

✓ Power/Sample Size Calculation	✓ Randomized into Groups
✓ Blinded for Treatment	✓ Blinded for Outcome Measures
✗ Pharmacokinetic Measures	✗ Pharmacodynamic Measures
✗ Toxicology Measures	✗ ADME Measures
✗ Biomarkers	✓ Dose
✓ Formulation	✓ Route of Delivery
✓ Duration of Treatment	✓ Frequency of Administration
✓ Age of Animal at the Beginning of Treatment	✓ Age of Animal at the End of Treatment
✓ Sex as a Biological Variable	✓ Study Balanced for Sex as a Biological Variable
✗ Number of Premature Deaths	✓ Number of Excluded Animals
✓ Statistical Plan	✓ Genetic Background
✓ Inclusion/Exclusion Criteria Included	✓ Conflict of Interest

AlzPED is designed to monitor the scientific rigor of curated studies with a “Rigor Report Card” consisting of a standardized set of 24 experimental design elements recommended by expert advisory groups.

# Reporting of Standardized Set of Elements of Experimental Design

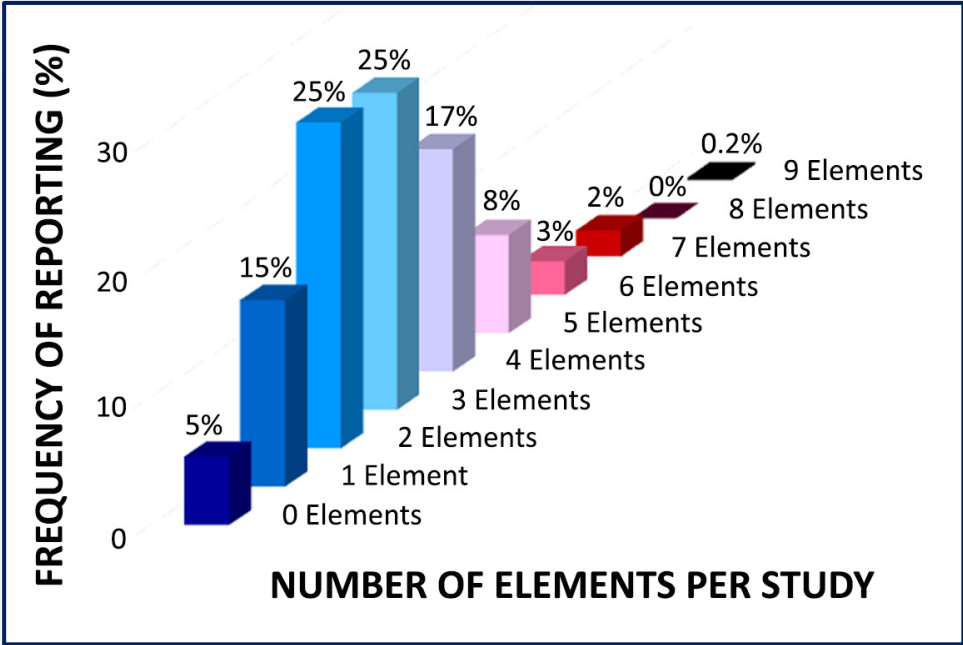
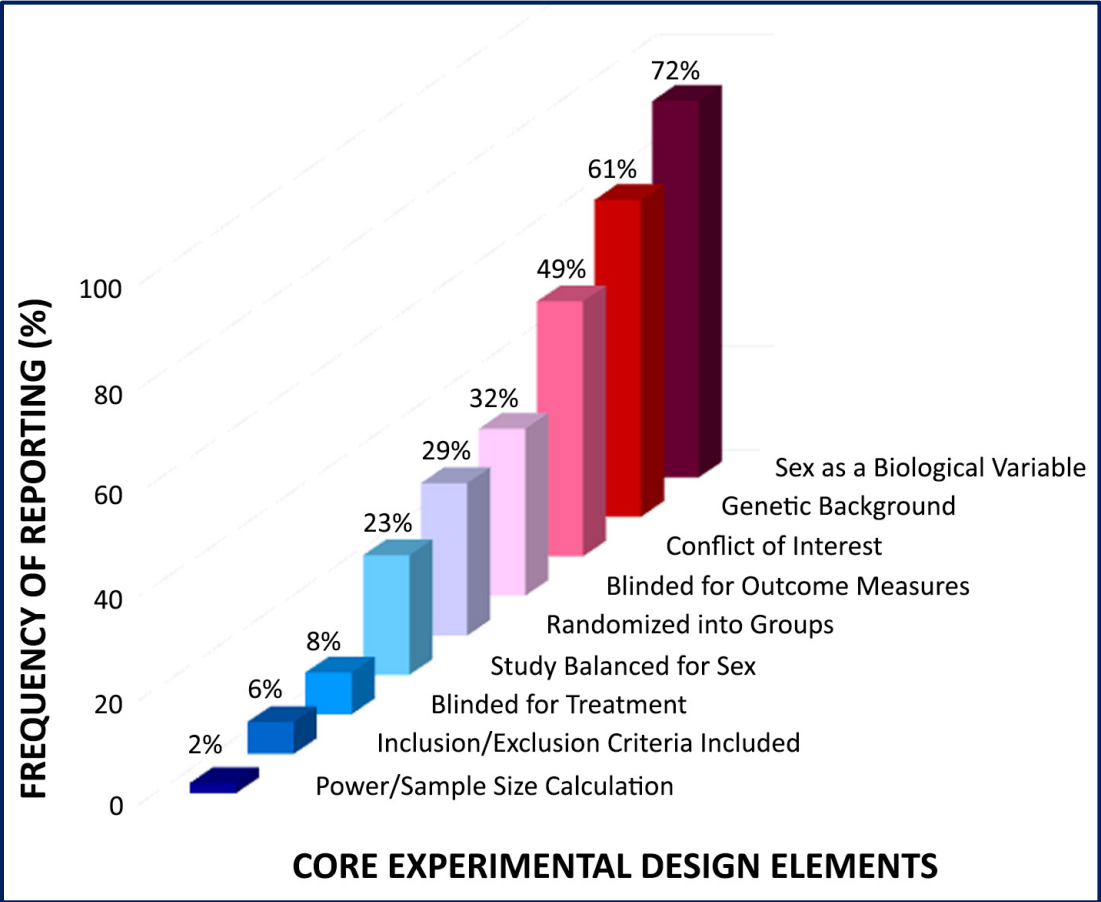


Graph shows the percentage of studies reporting the standardized set of 24 experimental design elements. Data presented as percentage reported, calculated from 1030 published preclinical studies curated to AlzPED.

Detailed Analytics Summary is available on the [AlzPED Analytics](#) page.

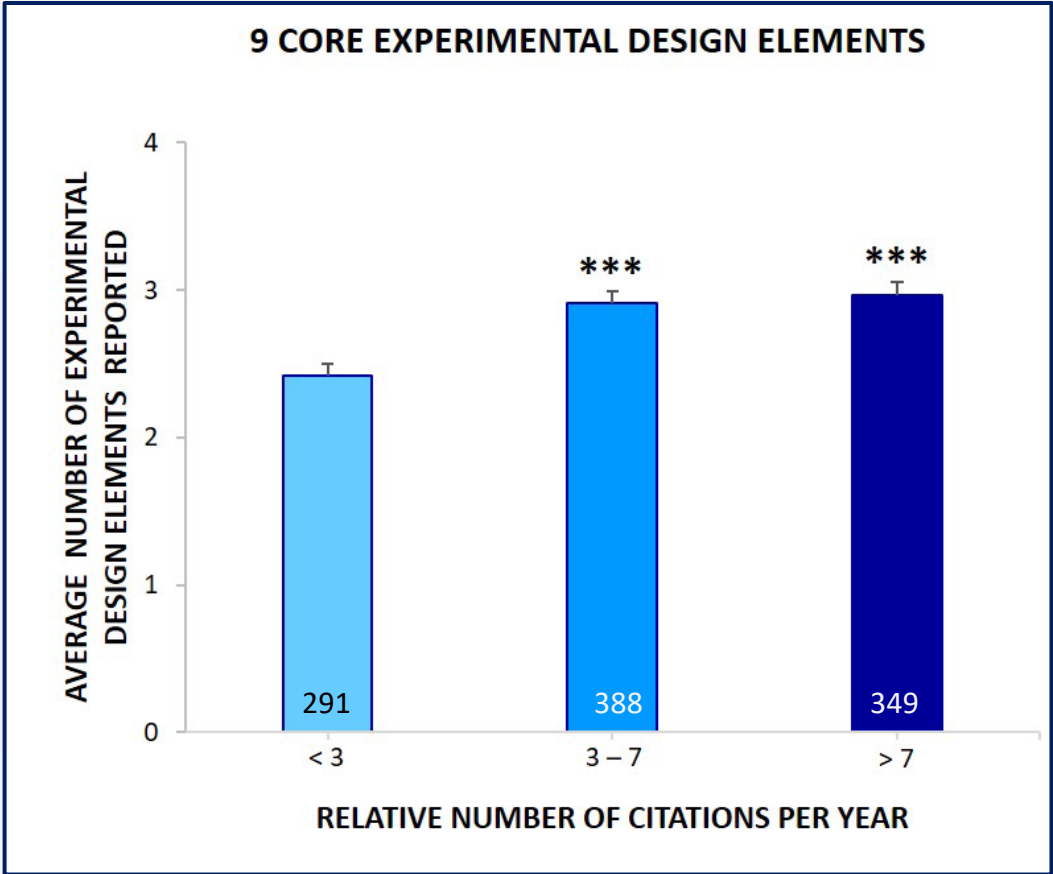
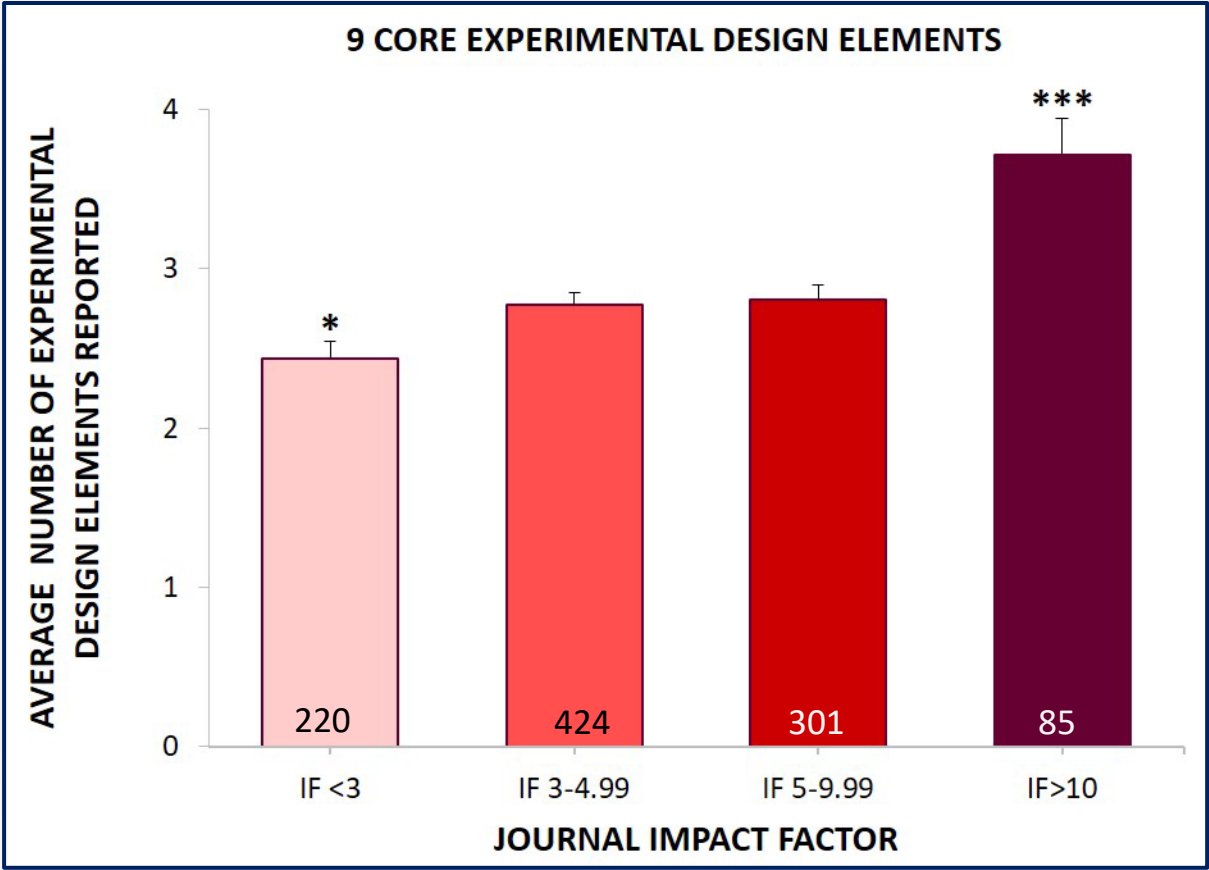
# Critical Elements of Experimental Design are Under-Reported

Few studies report more than 5 core design elements, most studies are reporting only 2-4 core design elements



AlzPED further defines 9 core experimental design elements that are critical for ensuring scientific rigor and reproducibility of a preclinical efficacy study, derived from [Shineman et al., 2011](#), [Landis et al., 2012](#), [Snyder et al., 2016](#) and [ARRIVE](#) guidelines. Graphs show percentage of studies that reported the 9 core experimental design elements, calculated from 1030 published preclinical studies curated to AlzPED.

# Critical Elements of Experimental Design are Under-Reported in High Impact Factor Journals and in Highly Cited Studies



Reporting trends for the 9 core experimental design elements based on journal impact factor and relative citations/year. Data are presented as Mean ± SEM and analyzed using two-tailed t-tests, \*p<0.05, \*\*p<0.01 and \*\*\*p<0.001.

# Why Should Clinicians Care About Preclinical Research?

## 2002: Preclinical efficacy studies in ALS mice

- All 3 studies showed efficacy in delaying progression of ALS-like disease
- None of the studies used recommended best practices for rigor, i.e., power calculation)

### letters to nature

#### Minocycline inhibits cytochrome *c* release and delays progression of amyotrophic lateral sclerosis in mice

Shan Zi  
Victor O  
Dean M  
Serge P

*Neurobiology of Disease* 10, 268–278 (2002)  
doi:10.1006/nbdi.2002.0487

#### Minocycline Slows Disease Progression in a Mouse Model of Amyotrophic Lateral Sclerosis

Jasna I  
Centre for  
University

NEUROPHARMACOLOGY AND NEUROTOXICOLOGY

NEUROREPORT

#### Minocycline delays disease onset and mortality in a transgenic model of ALS

Ludo Van Den Bosch,<sup>CA</sup> Petra Tilkin, Griet Lemmens and Wim Robberecht

## 2007: Ph III study

- Deterioration was faster in the minocycline group than in the placebo group
- Minocycline has a harmful effect on patients with ALS

#### Efficacy of minocycline in patients with amyotrophic lateral sclerosis: a phase III randomised trial

Paul H Gordon, Dan H Moore, Robert G Miller, Julaine M Florence, Joseph L Verheijde, Carolyn Doorish, Joan F Hilton, G Mark Spitalny, Robert B MacArthur, Hiroshi Mitsumoto, Hans E Neville, Kevin Boylan, Tahseen Mozaifar, Jerry M Belsh, John Ravits, Richard S Bedlack, Michael C Graves, Leo F McCluskey, Richard J Barohn, Rup Tandan, for the Western ALS Study Group\*

##### Summary

**Background** Minocycline has anti-apoptotic and anti-inflammatory effects in vitro, and extends survival in mouse models of some neurological conditions. Several trials are planned or are in progress to assess whether minocycline slows human neurodegeneration. We aimed to test the efficacy of minocycline as a treatment for amyotrophic lateral sclerosis (ALS).

**Methods** We did a multicentre, randomised placebo-controlled phase III trial. After a 4-month lead-in phase, 412 patients were randomly assigned to receive placebo or minocycline in escalating doses of up to 400 mg/day for 9 months. The primary outcome measure was the difference in rate of change in the revised ALS functional rating scale (ALSFERS-R). Secondary outcome measures were forced vital capacity (FVC), manual muscle testing (MMT), quality of life, survival, and safety. Analysis was by intention to treat. This trial is registered with ClinicalTrials.gov, number NCT00047723.

**Findings** ALSFERS-R score deterioration was faster in the minocycline group than in the placebo group (−1.30 vs −1.04 units/month, 95% CI for difference −0.44 to −0.08;  $p=0.005$ ). Patients on minocycline also had non-significant tendencies towards faster decline in FVC (−3.48 vs −3.01, −1.03 to 0.11;  $p=0.11$ ) and MMT score (−0.30 vs −0.26, −0.08 to 0.01;  $p=0.11$ ), and greater mortality during the 9-month treatment phase (hazard ratio=1.32, 95% CI 0.83 to 2.10;  $p=0.23$ ) than did patients on placebo. Quality-of-life scores did not differ between the treatment groups. Non-serious gastrointestinal and neurological adverse events were more common in the minocycline group than in the placebo group, but these events were not significantly related to the decline in ALSFERS-R score.

**Interpretation** Our finding that minocycline has a harmful effect on patients with ALS has implications for trials of minocycline in patients with other neurological disorders, and for how potential neuroprotective agents are screened for use in patients with ALS.



# Conclusions

- **Analysis of more than 1000 curated studies demonstrates serious deficiencies in reporting critical elements of study design and methodology which diminish the scientific rigor, reproducibility and predictive value of preclinical therapeutic studies done in AD animal models.**
- **Adoption of a standardized set of best practices is very likely to improve the predictive validity of preclinical studies done in AD animal models. This measure is likely to promote the effective translation of preclinical candidate drug testing to the clinic.**
- **Journals should require investigators to follow these best practices and study design guidelines to ensure that the studies they publish are sufficiently rigorous, transparent and reproducible.**
- **Funding agencies should require grantees to use accepted best practices and study design guidelines to ensure that the research they fund is rigorous, transparent and reproducible.**

# Acknowledgements

## NIA

Shreaya Chakroborty  
Katerina Mancevska  
Zane Martin  
Suzana Petanceska  
Lorenzo Refolo  
Ali Sharma  
Erika Tarver  
Jean Yuan

## NIH Library

Bridget Burns  
James King  
Cindy Sheffield

## Sage Bionetworks

Kenneth Daily  
Mette Peters

## Partner Organizations



## Contact Information

 [alzpeds.nia.nih.gov](https://alzpeds.nia.nih.gov)

 [@Alzheimers\\_NIH](https://twitter.com/Alzheimers_NIH)

 [alzpeds@nih.gov](mailto:alzpeds@nih.gov)

 [AlzPED](https://www.linkedin.com/company/AlzPED)

**Register for a free account here:**

<https://alzpeds.nia.nih.gov/user/login>